



HBSC TRENDS REPORT 1998-2022

hbsc
ÉIREANN / IRELAND

70,553 CHILDREN AGED 10-17
TOOK PART IN SURVEYS



TOBACCO

4.7% ↓

CURRENT SMOKERS
22.6% in 1998



ALCOHOL

17.8% ↓

HAD EVER BEEN DRUNK
33% IN 1998



CANNABIS

6.5% ↓

USED IN THE LAST YEAR
12.3% IN 1998



SLEEP DIFFICULTIES

46.3% ↑

DIFFICULTIES GETTING TO
SLEEP AT LEAST WEEKLY
30.9% IN 1998



FEELING LOW

46.3% ↑

FEELING LOW AT LEAST WEEKLY
23% IN 1998



SCHOOL PRESSURE

47.8% ↑

FEEL PRESSURED BY
SCHOOLWORK
32.9% IN 1998



DIETING

12.7% ↑

DIETING OR TRYING TO
LOSE WEIGHT
11.9% IN 2002



SOFT DRINKS

6.6% ↓

HAVE SOFT DRINKS DAILY
37.4% IN 2002



HUNGER

18.3% ↑

GONE TO SCHOOL OR
BED HUNGRY
16.6% IN 2002



OLLSCOIL NA
GAILLIMHE
UNIVERSITY
OF GALWAY



An Roinn Sláinte
Department of Health