

APPENDIX 1

NUTRITIONAL BEHAVIOURS AND OUTCOMES

A SPECIAL ANALYSIS OF THE HBSC SURVEY
AS PART OF THE IMPLEMENTATION OF THE
NATIONAL STRATEGY FOR RESEARCH AND
DATA ON CHILDREN'S LIVES, 2011-2016

This report was compiled by
Mary Callaghan and **Saoirse Nic Gabhainn**,
HBSC Ireland, Health Promotion Research Centre,
National University of Ireland, Galway

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INTRODUCTION

The Health Behaviour in School-aged Children (HBSC) Survey is a cross-national research study conducted in collaboration with the WHO Regional Office for Europe and runs on a 4-year cycle. In 2010, Ireland participated for the fourth time in the HBSC Survey. The overall aims of the study are to gain new insight into, and increase our understanding of, young people's health and well-being, health behaviours and their social context. HBSC collects data on key indicators of health, health attitudes and health behaviours, as well as the context of health for young people. The study is a school-based survey, with information collected from students through self-completion questionnaires in classrooms. HBSC Ireland is funded by the Department of Health. Further information on the international HBSC study can be found at www.hbsc.org.

The most recent HBSC Ireland (2010) dataset comprises 16,060 school children from 3rd Class in primary school to 5th Year in post-primary school. In total, 256 schools across Ireland participated in the survey. The methods employed comply with the international HBSC protocol and are detailed in the national report from the 2010 survey (see www.nuigalway.ie/hbsc/documents/nat_rep_hbsc_2010.pdf).

FOCUS OF THIS REPORT

This short report provides a brief analysis of the 2010 HBSC Survey data on nutritional behaviours among school children aged 10-17 years in Ireland. The questions analysed for school children are presented by age, gender and social class for the following indicators:

- Breakfast consumption - weekdays (see *Tables 1-8*).
- Breakfast consumption - weekends (see *Tables 9-16*).
- Fruit consumption (see *Tables 17-24*).
- Vegetable consumption (see *Tables 25-32*).
- Sweets (candy or chocolate) consumption (see *Tables 33-40*).
- Coke or other soft drinks that contain sugar consumption (see *Tables 41-48*).
- Diet coke or diet soft drink consumption (see *Tables 49-56*).
- Crisps consumption (see *Tables 57-64*).
- Chips/fried potatoes consumption (see *Tables 65-72*).
- Fish consumption (see *Tables 73-80*).
- Eat breakfast with mother or father (see *Tables 81-88*).
- Have evening meal together with mother or father (see *Tables 89-96*).
- Eat snack while watching TV (including videos and DVDs) (see *Tables 97-104*).
- Eat a snack while you work or play on a computer or games console (see *Tables 105-112*).
- Watch TV while having a meal (see *Tables 113-120*).
- Get coke or other drinks that contain sugar from parents if ask (see *Tables 121-128*).
- Get sweets or chocolates from parents if ask (see *Tables 129-136*).
- Get biscuits or pastries from parents if ask (see *Tables 137-144*).
- Get crisps from parents if ask (see *Tables 145-152*).
- In my family, there are rules at meal times that we are expected to follow (see *Tables 153-160*).
- In my family, it is OK for a child to have something else to eat if he/she doesn't like the food being served (see *Tables 161-168*).
- In my family, manners are important at the dinner table (see *Tables 169-176*).
- In my family, we don't have to eat all meals at the kitchen or the dining room table (see *Tables 177-184*).
- Going to school or to bed hungry because there is not enough food at home (see *Tables 185-192*).
- Being on a diet or doing something else to lose weight (see *Tables 193-200*).

FINDINGS

Breakfast consumption - weekdays

Table 1: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekdays? By gender (%)

	Boys	Girls
I never have breakfast during weekdays	10.6	14.9
1 day	2.6	3.2
2 days	3.1	4.2
3 days	4.2	6.2
4 days	3.7	5.5
5 days	72.5	63.1
Missing (no data supplied)	3.3	2.9
<i>n</i> (sample size)	6,487	6,069

Table 2: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekdays? By age group (%)

	10-11	12-14	15-17
I never have breakfast during weekdays	5.9	11.8	16.3
1 day	3.6	2.7	3.0
2 days	2.7	3.2	4.4
3 days	3.0	5.2	5.8
4 days	3.7	4.5	5.1
5 days	77.1	69.9	63.7
Missing (no data supplied)	4.0	2.7	1.7
<i>n</i> (sample size)	1,613	6,088	4,499

Table 3: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekdays? By social class (%)

	SC1-2	SC3-4	SC5-6
I never have breakfast during weekdays	9.9	13.5	15.5
1 day	2.4	2.8	3.5
2 days	2.8	3.7	4.5
3 days	5.1	4.8	6.1
4 days	4.8	4.4	5.0
5 days	72.8	68.3	63.5
Missing (no data supplied)	2.1	2.6	2.0
<i>n</i> (sample size)	4,537	4,363	1,520

Table 4: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekdays? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
I never have breakfast during weekdays	5.3	6.4	9.6	13.9	13.4	19.4
1 day	3.8	3.4	2.4	3.1	2.6	3.5
2 days	3.1	2.2	2.6	3.9	3.7	5.3
3 days	2.9	3.2	4.2	6.3	4.6	7.2
4 days	3.6	3.8	3.5	5.5	4.1	6.2
5 days	76.8	77.4	74.5	65.0	69.8	56.8
Missing (no data supplied)	4.5	3.6	3.1	2.2	1.8	1.6
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 5: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekdays? By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
I never have breakfast during weekdays	8.6	11.4	10.6	16.5	13.0	18.0
1 day	1.8	2.9	2.6	3.0	3.7	3.3
2 days	2.3	3.3	3.0	4.4	4.1	4.9
3 days	3.8	6.4	4.1	5.5	4.5	7.7
4 days	3.9	5.8	3.7	5.1	3.6	6.5
5 days	77.5	68.1	73.0	63.6	68.4	58.3
Missing (no data supplied)	2.1	2.1	3.1	2.0	2.8	1.3
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 6: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekdays? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
I never have breakfast during weekdays	5.1	5.0	7.5	9.0	12.3	15.1	12.4	18.6	18.4
1 day	3.0	3.9	2.5	2.4	2.3	4.3	2.1	3.2	3.1
2 days	2.1	2.2	3.5	2.7	3.5	2.8	3.1	4.5	6.7
3 days	2.1	3.0	6.0	4.9	5.1	5.7	6.1	4.9	6.5
4 days	3.0	4.5	3.5	4.7	3.7	5.7	5.8	5.0	4.7
5 days	81.4	77.9	75.6	74.5	70.5	64.1	68.9	61.8	59.6
Missing (no data supplied)	3.4	3.5	1.5	1.7	2.5	2.5	1.5	2.0	1.1
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 7: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekdays? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
I never have breakfast during weekdays	4.9	5.3	8.2	7.6	9.2	13.2	10.7	14.1	14.5
1 day	3.4	3.2	3.1	1.5	2.0	4.9	1.7	3.5	2.5
2 days	2.3	2.1	4.1	2.4	2.7	2.2	2.3	3.6	6.4
3 days	1.1	2.8	8.2	3.8	4.2	4.1	4.5	4.1	3.9
4 days	3.0	3.9	3.1	3.4	3.4	3.8	4.9	3.8	3.2
5 days	81.7	78.1	71.4	79.3	75.3	67.9	74.6	68.6	68.2
Missing (no data supplied)	3.4	4.6	2.0	2.1	3.1	3.8	1.3	2.3	1.4
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 8: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekdays? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
I never have breakfast during weekdays	5.2	4.8	6.8	10.5	15.5	17.0	14.2	23.5	22.5
1 day	2.6	4.5	1.9	3.3	2.7	3.6	2.6	2.9	3.7
2 days	1.9	2.2	2.9	2.9	4.4	3.4	3.9	5.4	7.0
3 days	3.0	3.2	3.9	6.0	6.0	7.3	7.7	5.9	9.2
4 days	3.0	5.1	3.9	6.1	4.1	7.5	6.8	6.5	6.3
5 days	81.1	77.7	79.6	69.8	65.7	60.1	63.1	54.3	50.6
Missing (no data supplied)	3.3	2.5	1.0	1.3	1.7	1.1	1.6	1.6	0.7
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Breakfast consumption - weekends

Table 9: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekends? By gender (%)

	Boys	Girls
I never have breakfast during the weekend	6.4	7.5
I usually have breakfast on only one day of the weekend	12.2	14.9
I usually have breakfast on both weekend days	76.5	74.2
Missing (no data supplied)	4.9	3.4
<i>n</i> (sample size)	6,487	6,069

Table 10: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekends? By age group (%)

	10-11	12-14	15-17
I never have breakfast during the weekend	4.4	5.9	9.1
I usually have breakfast on only one day of the weekend	9.2	12.6	16.2
I usually have breakfast on both weekend days	81.1	77.4	71.6
Missing (no data supplied)	5.3	4.0	3.1
<i>n</i> (sample size)	1,613	6,088	4,499

Table 11: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekends? By social class (%)

	SC1-2	SC3-4	SC5-6
I never have breakfast during the weekend	5.5	6.8	8.2
I usually have breakfast on only one day of the weekend	12.9	13.3	15.3
I usually have breakfast on both weekend days	79.1	76.3	73.2
Missing (no data supplied)	2.5	3.6	3.3
<i>n</i> (sample size)	4,537	4,363	1,520

Table 12: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekends? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
I never have breakfast during the weekend	4.5	4.2	5.9	6.0	7.6	10.9
I usually have breakfast on only one day of the weekend	10.7	7.7	11.2	14.2	14.0	18.6
I usually have breakfast on both weekend days	79.3	82.9	77.8	77.0	74.6	68.2
Missing (no data supplied)	5.5	5.2	5.0	2.9	3.8	2.4
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 13: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekends? By gender and social class(%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
I never have breakfast during the weekend	5.0	6.1	6.4	7.2	7.2	9.3
I usually have breakfast on only one day of the weekend	11.1	14.7	12.1	14.6	15.4	15.3
I usually have breakfast on both weekend days	80.8	77.3	77.6	75.0	73.7	72.6
Missing (no data supplied)	3.1	1.9	4.0	3.2	3.7	2.8
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 14: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekends? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
I never have breakfast during the weekend	3.2	4.4	3.5	5.0	5.3	6.9	6.7	9.9	11.6
I usually have breakfast on only one day of the weekend	9.0	8.4	8.5	12.0	12.3	14.2	14.8	16.8	18.8
I usually have breakfast on both weekend days	84.8	83.2	81.6	80.6	78.6	75.4	76.3	70.1	67.9
Missing (no data supplied)	3.0	4.0	6.5	2.4	3.8	3.5	2.2	3.2	1.8
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 15: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekends? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
I never have breakfast during the weekend	2.7	5.7	4.1	4.6	5.3	6.8	6.0	8.0	8.5
I usually have breakfast on only one day of the weekend	10.3	9.5	9.2	10.3	10.6	14.5	11.9	15.0	18.7
I usually have breakfast on both weekend days	84.0	80.2	81.6	81.7	80.0	74.2	79.3	73.5	70.3
Missing (no data supplied)	3.0	4.6	5.1	3.3	4.1	4.4	2.8	3.5	2.5
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 16: How often do you usually have breakfast (more than a glass of milk or fruit juice) on weekends? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
I never have breakfast during the weekend	3.7	3.2	2.9	5.3	5.3	7.0	7.4	12.2	14.8
I usually have breakfast on only one day of the weekend	7.8	7.3	7.8	13.8	14.2	14.0	17.6	18.9	18.8
I usually have breakfast on both weekend days	85.6	86.0	81.6	79.4	77.2	76.5	73.3	66.1	65.3
Missing (no data supplied)	3.0	3.5	7.8	1.5	3.3	2.5	1.7	2.8	1.1
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Fruit consumption

Table 17: On how many days a week do you usually eat fruits? By gender (%)

	Boys	Girls
Never	5.5	3.6
Less than once a week	6.5	6.8
Once a week	10.5	9.2
2 – 4 days a week	29.5	25.4
5 – 6 days a week	12.4	13.8
Once a day, every day	14.4	16.7
Every day, more than once	17.2	21.5
Missing (no data supplied)	3.9	3.1
<i>n</i> (sample size)	6,487	6,069

Table 18: On how many days a week do you usually eat fruits? By age group (%)

	10-11	12-14	15-17
Never	3.7	4.3	5.2
Less than once a week	3.9	6.3	8.2
Once a week	7.6	9.7	11.4
2 – 4 days a week	22.1	28.4	28.5
5 – 6 days a week	14.1	13.2	12.6
Once a day, every day	21.4	15.7	13.1
Every day, more than once	22.8	19.1	18.7
Missing (no data supplied)	4.5	3.4	2.3
<i>n</i> (sample size)	1,613	6,088	4,499

Table 19: On how many days a week do you usually eat fruits? By social class (%)

	SC1-2	SC3-4	SC5-6
Never	3.3	4.7	4.8
Less than once a week	5.4	6.7	8.7
Once a week	9.0	10.2	11.3
2 – 4 days a week	26.2	28.9	28.7
5 – 6 days a week	13.7	13.4	12.4
Once a day, every day	16.6	15.4	15.3
Every day, more than once	23.1	18.1	15.7
Missing (no data supplied)	2.7	2.6	3.1
<i>n</i> (sample size)	4,537	4,363	1,520

Table 20: On how many days a week do you usually eat fruits? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	5.0	2.3	5.4	3.1	5.8	4.6
Less than once a week	3.8	4.1	6.2	6.4	7.9	8.6
Once a week	7.0	8.2	10.3	9.1	12.5	10.2
2 – 4 days a week	24.6	19.7	30.3	26.5	30.1	26.6
5 – 6 days a week	14.8	13.4	12.0	14.5	12.2	13.1
Once a day, every day	19.7	22.9	14.4	17.1	12.7	13.6
Every day, more than once	19.6	26.0	17.4	20.8	16.6	21.0
Missing (no data supplied)	5.5	3.4	4.0	2.5	2.2	2.3
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 21: On how many days a week do you usually eat fruits? By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	4.1	2.6	5.3	4.1	5.7	4.0
Less than once a week	5.3	5.5	6.7	6.6	8.2	9.1
Once a week	10.3	7.6	10.7	9.6	11.4	11.1
2 – 4 days a week	28.8	23.7	31.0	26.8	30.7	26.7
5 – 6 days a week	12.7	14.8	13.5	13.3	11.4	13.5
Once a day, every day	15.5	17.8	14.3	16.7	14.1	16.4
Every day, more than once	20.5	25.5	15.6	20.6	14.3	17.2
Missing (no data supplied)	2.7	2.6	2.8	2.3	4.2	2.0
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 22: On how many days a week do you usually eat fruits? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	3.8	2.5	3.5	2.7	4.5	5.0	3.9	6.0	5.4
Less than once a week	3.0	4.0	6.5	4.7	6.6	8.3	7.0	7.9	9.9
Once a week	5.8	6.9	11.9	8.4	10.2	10.8	10.8	11.8	11.7
2 – 4 days a week	21.4	22.9	22.9	26.9	29.8	30.7	27.2	29.5	28.7
5 – 6 days a week	13.7	15.4	11.4	14.3	13.5	13.4	13.2	12.4	11.4
Once a day, every day	21.6	22.3	21.4	17.3	15.7	14.4	14.1	12.1	14.4
Every day, more than once	25.5	23.3	18.4	23.3	17.2	13.8	22.1	17.7	16.6
Missing (no data supplied)	5.3	2.7	4.0	2.3	2.6	3.7	1.7	2.5	1.8
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 23: On how many days a week do you usually eat fruits? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	5.7	3.2	4.1	3.4	4.8	6.6	4.5	6.7	5.3
Less than once a week	1.9	5.3	6.1	4.6	6.6	7.4	7.1	7.1	9.9
Once a week	4.9	7.1	8.2	10.2	10.7	10.1	12.2	12.4	13.8
2 – 4 days a week	25.1	22.6	30.6	29.5	32.3	32.1	29.3	31.4	29.3
5 – 6 days a week	14.4	16.6	11.2	12.8	12.9	12.1	12.3	12.9	10.6
Once a day, every day	20.2	20.5	19.4	14.9	15.1	14.5	14.6	11.6	11.0
Every day, more than once	22.1	21.2	13.3	21.6	14.9	12.6	18.8	15.3	17.3
Missing (no data supplied)	5.7	3.5	7.1	3.0	2.7	4.7	1.2	2.5	2.8
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 24: On how many days a week do you usually eat fruits? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	1.9	1.9	2.9	2.1	4.0	3.4	3.4	5.1	5.5
Less than once a week	4.1	2.9	6.8	4.8	6.5	9.2	6.8	8.8	10.0
Once a week	6.7	6.7	15.5	6.5	9.8	11.5	9.4	11.0	9.6
2 – 4 days a week	17.8	23.2	15.5	24.4	27.2	29.3	25.0	27.4	28.0
5 – 6 days a week	13.0	14.3	11.7	15.9	14.2	14.8	14.0	11.9	12.2
Once a day, every day	23.0	23.9	23.3	19.8	16.4	14.0	13.7	12.8	18.1
Every day, more than once	28.9	25.2	23.3	25.0	19.7	15.1	25.4	20.4	15.9
Missing (no data supplied)	4.8	1.9	1.0	1.6	2.4	2.8	2.3	2.6	0.7
<i>n</i> (sample size)	270	314	103	1053	1053	358	879	682	271

Vegetable consumption

Table 25: On how many days a week do you usually eat vegetables? By gender (%)

	Boys	Girls
Never	5.9	5.3
Less than once a week	4.1	3.4
Once a week	6.2	5.1
2 – 4 days a week	22.7	20.0
5 – 6 days a week	19.2	18.3
Once a day, every day	20.0	23.5
Every day, more than once	17.9	20.6
Missing (no data supplied)	4.2	3.7
<i>n</i> (sample size)	6,487	6,069

Table 26: On how many days a week do you usually eat vegetables? By age group (%)

	10-11	12-14	15-17
Never	5.1	5.9	5.5
Less than once a week	3.0	4.2	3.3
Once a week	6.0	5.8	5.2
2 – 4 days a week	20.1	21.2	22.2
5 – 6 days a week	17.7	18.7	19.3
Once a day, every day	23.0	20.4	23.3
Every day, more than once	19.8	19.9	18.2
Missing (no data supplied)	5.1	3.9	2.9
<i>n</i> (sample size)	1,613	6,088	4,499

Table 27: On how many days a week do you usually eat vegetables? By social class (%)

	SC1-2	SC3-4	SC5-6
Never	3.9	6.1	6.8
Less than once a week	2.7	3.5	5.0
Once a week	4.2	6.2	6.6
2 – 4 days a week	20.1	21.8	22.9
5 – 6 days a week	18.9	19.1	19.4
Once a day, every day	24.8	21.6	18.6
Every day, more than once	22.7	18.2	17.1
Missing (no data supplied)	2.6	3.5	3.6
<i>n</i> (sample size)	4,537	4,363	1,520

Table 28: On how many days a week do you usually eat vegetables? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	5.9	4.4	6.6	5.1	4.9	6.1
Less than once a week	3.0	3.1	4.9	3.5	3.3	3.4
Once a week	6.6	5.4	6.7	4.9	5.3	5.2
2 – 4 days a week	23.0	17.4	21.8	20.6	23.7	20.6
5 – 6 days a week	18.4	16.8	18.2	19.2	20.8	17.7
Once a day, every day	19.4	26.4	18.4	22.5	22.6	24.2
Every day, more than once	17.8	21.9	18.8	21.2	16.8	19.7
Missing (no data supplied)	5.8	4.5	4.6	3.0	2.6	3.2
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 29: On how many days a week do you usually eat vegetables? By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	3.9	3.9	6.4	5.7	6.4	7.1
Less than once a week	3.0	2.5	3.4	3.7	6.1	4.0
Once a week	4.8	3.5	6.7	5.6	7.2	6.1
2 – 4 days a week	21.9	18.3	23.4	20.0	23.4	22.2
5 – 6 days a week	19.5	18.5	20.0	18.2	19.3	19.4
Once a day, every day	23.1	26.6	19.7	23.8	17.1	20.1
Every day, more than once	21.4	24.0	16.7	19.8	16.2	18.1
Missing (no data supplied)	2.4	2.7	3.7	3.2	4.2	2.9
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 30: On how many days a week do you usually eat vegetables? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	5.4	4.5	6.5	3.8	6.3	7.2	3.6	6.4	6.7
Less than once a week	2.1	3.4	2.5	2.6	4.1	6.1	3.1	2.9	4.3
Once a week	3.2	7.0	9.0	4.3	6.3	6.9	4.3	5.9	5.4
2 – 4 days a week	19.7	20.4	22.9	20.0	21.6	23.9	20.3	22.9	21.3
5 – 6 days a week	19.1	17.6	15.4	18.7	19.7	19.3	19.2	18.3	21.3
Once a day, every day	23.5	24.8	20.4	23.8	19.4	17.5	26.8	23.2	19.3
Every day, more than once	22.3	18.8	19.9	24.8	18.9	14.6	20.3	17.3	19.3
Missing (no data supplied)	4.7	3.5	3.5	2.0	3.7	4.4	2.3	3.2	2.3
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 31: On how many days a week do you usually eat vegetables? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	4.9	5.7	8.2	4.0	7.0	7.1	3.5	5.8	5.3
Less than once a week	2.3	3.2	1.0	3.1	4.2	8.2	3.1	2.5	4.9
Once a week	3.8	8.1	9.2	5.1	7.6	7.1	4.7	5.3	6.7
2 – 4 days a week	25.5	22.3	20.4	21.1	22.6	25.2	21.6	25.2	22.3
5 – 6 days a week	20.2	18.0	19.4	19.1	19.5	16.2	20.1	20.2	23.3
Once a day, every day	19.4	20.1	19.4	21.1	17.9	16.2	26.9	22.1	17.0
Every day, more than once	19.8	18.4	16.3	24.0	17.2	14.5	18.5	16.0	18.4
Missing (no data supplied)	4.2	4.2	6.1	2.5	4.1	5.5	1.7	2.8	2.1
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 32: On how many days a week do you usually eat vegetables? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	5.9	3.5	4.9	3.6	5.6	7.3	3.8	7.0	8.1
Less than once a week	1.9	3.5	3.9	2.1	4.0	3.9	3.1	3.4	3.7
Once a week	2.6	6.1	8.7	3.4	4.7	6.7	4.0	6.6	4.1
2 – 4 days a week	14.1	18.8	25.2	18.8	20.6	22.6	18.9	20.2	20.3
5 – 6 days a week	18.1	17.2	11.7	18.4	19.8	22.3	18.3	16.1	19.2
Once a day, every day	27.4	29.0	21.4	26.6	21.2	19.0	26.8	24.3	21.8
Every day, more than once	24.8	19.1	23.3	25.5	20.9	14.8	22.2	18.6	20.3
Missing (no data supplied)	5.2	2.9	1.0	1.6	3.1	3.4	3.0	3.7	2.6
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Sweets (candy or chocolate) consumption

**Table 33: On how many days a week do you usually eat sweets (candy or chocolate)?
By gender (%)**

	Boys	Girls
Never	1.4	0.9
Less than once a week	4.7	4.0
Once a week	9.9	9.2
2 – 4 days a week	28.6	26.4
5 – 6 days a week	16.4	16.1
Once a day, every day	15.8	18.3
Every day, more than once	15.9	18.5
Missing (no data supplied)	7.3	6.6
<i>n</i> (sample size)	6,487	6,069

**Table 34: On how many days a week do you usually eat sweets (candy or chocolate)?
By age group (%)**

	10-11	12-14	15-17
Never	1.6	1.0	1.1
Less than once a week	6.4	4.3	3.6
Once a week	16.6	9.7	6.7
2 – 4 days a week	27.8	28.5	26.2
5 – 6 days a week	11.3	16.7	17.9
Once a day, every day	16.5	16.6	18.1
Every day, more than once	11.5	16.1	20.8
Missing (no data supplied)	8.2	7.2	5.6
<i>n</i> (sample size)	1,613	6,088	4,499

**Table 35: On how many days a week do you usually eat sweets (candy or chocolate)?
By social class (%)**

	SC1-2	SC3-4	SC5-6
Never	0.9	1.1	1.1
Less than once a week	4.3	4.2	3.9
Once a week	9.5	9.4	9.7
2 – 4 days a week	29.4	27.7	25.9
5 – 6 days a week	18.2	15.7	15.3
Once a day, every day	16.7	18.5	17.8
Every day, more than once	15.6	16.9	20.1
Missing (no data supplied)	5.4	6.6	6.3
<i>n</i> (sample size)	4,537	4,363	1,520

**Table 36: On how many days a week do you usually eat sweets (candy or chocolate)?
By gender and age group (%)**

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	1.5	1.6	1.2	0.7	1.4	0.9
Less than once a week	6.9	6.0	4.6	4.0	3.8	3.4
Once a week	17.1	16.2	10.2	9.2	7.1	6.1
2 – 4 days a week	29.4	26.3	30.0	26.9	26.4	25.8
5 – 6 days a week	11.0	11.4	16.9	16.5	18.0	17.8
Once a day, every day	14.8	18.2	14.7	18.7	18.1	18.1
Every day, more than once	10.5	12.5	14.7	17.7	19.7	22.1
Missing (no data supplied)	8.8	7.7	7.8	6.3	5.5	5.7
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

**Table 37: On how many days a week do you usually eat sweets (candy or chocolate)?
By gender and social class (%)**

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	0.9	1.0	1.3	0.8	0.9	1.2
Less than once a week	4.7	3.8	4.7	3.7	3.8	4.1
Once a week	9.9	9.0	10.3	8.4	8.2	11.4
2 – 4 days a week	30.1	28.7	29.2	26.0	26.4	25.1
5 – 6 days a week	18.5	18.1	15.6	15.8	15.9	14.8
Once a day, every day	16.2	17.3	16.9	20.3	16.7	18.8
Every day, more than once	14.0	17.2	15.5	18.6	21.3	18.8
Missing (no data supplied)	5.7	5.1	6.5	6.4	6.7	5.8
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

**Table 38: On how many days a week do you usually eat sweets (candy or chocolate)?
By age group and social class (%)**

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	1.5	0.8	2.5	0.7	0.9	0.6	0.8	1.3	1.3
Less than once a week	4.9	7.9	6.0	4.6	3.9	2.9	3.5	3.4	4.2
Once a week	19.9	15.9	14.4	9.5	9.2	9.9	6.1	6.8	7.6
2 – 4 days a week	27.0	29.8	32.3	31.6	28.1	25.1	27.4	25.8	24.5
5 – 6 days a week	14.1	10.1	6.5	17.9	16.7	16.0	20.1	16.8	17.5
Once a day, every day	16.1	16.2	17.9	15.9	18.4	19.3	18.0	19.6	16.2
Every day, more than once	8.6	12.1	15.4	14.3	16.0	18.5	19.3	20.5	23.6
Missing (no data supplied)	7.9	7.2	5.0	5.4	6.8	7.6	4.6	5.8	5.1
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

**Table 39: On how many days a week do you usually eat sweets (candy or chocolate)?
By age group and social class for boys (%)**

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	1.1	1.1	2.0	0.4	1.1	0.5	1.2	1.4	1.1
Less than once a week	4.9	8.8	7.1	5.0	4.4	2.5	3.9	3.8	4.2
Once a week	22.1	16.3	11.2	10.0	10.7	8.2	6.1	7.6	7.1
2 – 4 days a week	25.5	36.4	33.7	32.1	29.8	27.7	28.9	25.9	22.3
5 – 6 days a week	14.8	6.7	6.1	18.4	16.8	16.4	20.1	17.5	18.0
Once a day, every day	14.1	12.7	19.4	15.2	16.3	16.7	18.3	19.0	16.6
Every day, more than once	7.2	11.0	15.3	13.2	13.6	19.7	17.2	19.8	25.8
Missing (no data supplied)	10.3	7.1	5.1	5.8	7.3	8.2	4.3	5.0	4.9
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

**Table 40: On how many days a week do you usually eat sweets (candy or chocolate)?
By age group and social class for girls (%)**

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	1.9	0.6	2.9	1.0	0.7	0.6	0.5	1.2	1.5
Less than once a week	4.8	7.0	4.9	4.2	3.3	3.4	3.1	2.9	4.1
Once a week	17.8	15.6	17.5	8.9	7.8	11.7	6.0	5.9	8.1
2 – 4 days a week	28.5	23.9	31.1	31.1	26.4	22.3	25.9	25.7	26.9
5 – 6 days a week	13.3	13.1	6.8	17.5	16.6	15.6	20.3	16.1	17.0
Once a day, every day	18.1	19.4	16.5	16.7	20.6	22.1	17.9	20.4	15.9
Every day, more than once	10.0	13.1	15.5	15.6	18.5	17.3	21.5	21.4	21.4
Missing (no data supplied)	5.6	7.3	4.9	5.0	6.1	7.0	4.9	6.5	5.2
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Coke or other soft drinks that contain sugar consumption

**Table 41: On how many days a week do you usually drink coke or other soft drinks that
contain sugar? By gender (%)**

	Boys	Girls
Never	6.0	9.6
Less than once a week	14.3	23.0
Once a week	16.5	16.6
2 – 4 days a week	26.0	20.7
5 – 6 days a week	11.4	8.5
Once a day, every day	8.9	6.9
Every day, more than once	13.1	10.9
Missing (no data supplied)	3.9	3.9
<i>n</i> (sample size)	6,487	6,069

**Table 42: On how many days a week do you usually drink coke or other soft drinks that
contain sugar? By age group (%)**

	10-11	12-14	15-17
Never	9.1	6.7	8.4
Less than once a week	22.2	18.1	17.8
Once a week	21.9	17.4	13.1
2 – 4 days a week	19.8	23.3	25.4
5 – 6 days a week	6.5	10.6	10.3
Once a day, every day	5.6	7.5	9.2
Every day, more than once	8.1	12.5	13.0
Missing (no data supplied)	6.7	3.9	2.7
<i>n</i> (sample size)	1,613	6,088	4,499

Table 43: On how many days a week do you usually drink coke or other soft drinks that contain sugar? By social class (%)

	SC1-2	SC3-4	SC5-6
Never	9.0	7.2	5.9
Less than once a week	22.3	18.2	15.2
Once a week	18.6	16.3	14.2
2 – 4 days a week	23.7	24.0	24.8
5 – 6 days a week	8.6	10.6	10.8
Once a day, every day	6.7	8.2	9.9
Every day, more than once	8.3	12.0	15.9
Missing (no data supplied)	2.9	3.6	3.3
<i>n</i> (sample size)	4,537	4,363	1,520

Table 44: On how many days a week do you usually drink coke or other soft drinks that contain sugar? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	8.4	9.8	5.2	8.3	6.1	11.0
Less than once a week	18.4	25.9	14.0	22.5	12.9	23.2
Once a week	23.8	20.1	17.5	17.3	12.6	13.7
2 – 4 days a week	21.7	17.9	25.8	20.7	28.4	22.0
5 – 6 days a week	7.8	5.2	11.5	9.8	12.4	8.0
Once a day, every day	5.0	6.3	8.4	6.6	11.1	7.2
Every day, more than once	7.9	8.2	13.6	11.4	14.3	11.7
Missing (no data supplied)	6.9	6.5	4.0	3.5	2.2	3.1
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 45: On how many days a week do you usually drink coke or other soft drinks that contain sugar? By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	5.8	12.2	5.9	8.5	4.5	7.3
Less than once a week	17.3	27.3	13.7	23.2	11.8	18.7
Once a week	18.7	18.4	16.9	15.6	13.6	14.9
2 – 4 days a week	27.3	20.1	26.2	21.6	27.1	22.5
5 – 6 days a week	10.5	6.6	12.2	8.9	11.7	9.8
Once a day, every day	8.4	5.0	9.2	7.1	10.0	9.8
Every day, more than once	9.4	7.2	12.7	11.3	17.9	14.0
Missing (no data supplied)	2.6	3.1	3.2	3.8	3.4	3.0
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 46: On how many days a week do you usually drink coke or other soft drinks that contain sugar? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	11.3	8.5	5.0	8.0	6.3	5.0	9.4	7.9	7.2
Less than once a week	24.2	24.3	19.9	23.2	16.8	14.4	20.8	18.0	13.9
Once a week	25.5	20.4	21.9	19.0	17.6	15.7	15.8	12.1	9.7
2 – 4 days a week	18.2	19.4	23.4	23.9	24.7	22.5	25.6	25.0	28.5
5 – 6 days a week	5.8	7.9	5.0	8.8	10.7	13.3	8.9	11.6	9.6
Once a day, every day	3.6	5.7	8.0	6.2	7.5	10.6	8.3	9.9	9.4
Every day, more than once	6.2	7.5	10.4	8.2	12.8	15.2	9.0	12.7	19.3
Missing (no data supplied)	5.3	6.2	6.5	2.8	3.5	3.3	2.1	2.7	2.3
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 47: On how many days a week do you usually drink coke or other soft drinks that contain sugar? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	8.0	9.2	4.1	5.2	4.9	4.7	5.7	6.3	4.2
Less than once a week	21.7	18.4	18.4	17.6	12.7	10.7	15.4	13.7	9.9
Once a week	25.1	25.1	25.5	20.0	17.7	15.6	15.4	12.4	7.4
2 – 4 days a week	23.6	20.5	22.4	26.8	27.3	24.7	29.5	27.3	31.8
5 – 6 days a week	6.8	9.2	5.1	10.7	11.9	12.9	11.3	13.6	12.4
Once a day, every day	3.8	4.9	5.1	7.9	8.8	11.2	10.8	11.1	10.2
Every day, more than once	6.1	7.4	11.2	9.3	13.2	17.3	10.3	13.5	21.6
Missing (no data supplied)	4.9	5.3	8.2	2.6	3.5	3.0	1.7	2.1	2.5
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 48: On how many days a week do you usually drink coke or other soft drinks that contain sugar? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	14.4	8.0	5.8	10.5	7.7	5.3	13.3	9.7	10.3
Less than once a week	26.7	29.6	21.4	28.9	21.5	18.2	26.3	22.9	18.1
Once a week	25.9	16.2	18.4	17.9	17.7	15.9	16.2	11.9	12.2
2 – 4 days a week	13.0	18.5	24.3	20.9	21.8	20.4	21.5	22.4	25.1
5 – 6 days a week	4.8	6.7	4.9	6.9	9.5	13.7	6.6	9.2	6.6
Once a day, every day	3.3	6.4	10.7	4.7	6.2	10.1	5.8	8.5	8.5
Every day, more than once	6.3	7.6	9.7	7.1	12.3	13.1	7.7	12.0	17.0
Missing (no data supplied)	5.6	7.0	4.9	3.0	3.3	3.4	2.6	3.4	2.2
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Diet coke or diet soft drinks consumption

**Table 49: On how many days a week do you usually drink diet coke or diet soft drinks?
By gender (%)**

	Boys	Girls
Never	34.8	30.5
Less than once a week	21.3	24.6
Once a week	12.8	13.6
2 – 4 days a week	12.7	12.5
5 – 6 days a week	4.8	5.6
Once a day, every day	3.5	3.8
Every day, more than once	4.1	4.9
Missing (no data supplied)	6.0	4.4
<i>n</i> (sample size)	6,487	6,069

**Table 50: On how many days a week do you usually drink diet coke or diet soft drinks?
By age group (%)**

	10-11	12-14	15-17
Never	27.2	31.1	36.9
Less than once a week	25.4	23.1	22.0
Once a week	16.1	14.0	11.0
2 – 4 days a week	13.1	12.9	12.0
5 – 6 days a week	4.5	5.4	5.2
Once a day, every day	3.0	3.5	4.1
Every day, more than once	3.9	4.8	4.4
Missing (no data supplied)	6.8	5.2	4.4
<i>n</i> (sample size)	1,613	6,088	4,499

**Table 51: On how many days a week do you usually drink diet coke or diet soft drinks?
By social class (%)**

	SC1-2	SC3-4	SC5-6
Never	34.7	31.6	32.7
Less than once a week	26.3	22.3	20.7
Once a week	12.8	14.1	12.3
2 – 4 days a week	12.1	13.1	12.5
5 – 6 days a week	4.1	5.8	5.8
Once a day, every day	3.3	3.7	3.8
Every day, more than once	3.0	4.5	6.1
Missing (no data supplied)	3.8	4.9	6.1
<i>n</i> (sample size)	4,537	4,363	1,520

**Table 52: On how many days a week do you usually drink diet coke or diet soft drinks?
By gender and age group (%)**

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	26.2	28.1	32.3	29.7	41.1	32.2
Less than once a week	23.0	27.8	22.0	24.3	19.9	24.3
Once a week	17.3	15.0	13.5	14.6	10.2	11.9
2 – 4 days a week	14.2	12.2	13.2	12.5	11.5	12.6
5 – 6 days a week	4.1	4.5	4.9	6.0	5.0	5.5
Once a day, every day	2.9	3.2	3.5	3.6	3.8	4.4
Every day, more than once	4.0	3.8	4.5	5.2	3.7	5.1
Missing (no data supplied)	8.3	5.4	6.0	4.1	4.8	4.0
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

**Table 53: On how many days a week do you usually drink diet coke or diet soft drinks?
By gender and social class (%)**

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	36.1	33.1	33.8	29.2	34.3	31.1
Less than once a week	24.7	28.0	20.7	24.0	18.9	22.5
Once a week	12.7	13.0	13.9	14.4	12.0	12.6
2 – 4 days a week	12.0	12.1	13.8	12.4	13.0	11.9
5 – 6 days a week	4.0	4.1	5.3	6.3	5.0	6.6
Once a day, every day	3.5	3.2	3.3	4.1	3.4	4.2
Every day, more than once	2.8	3.1	3.7	5.4	6.2	6.1
Missing (no data supplied)	4.2	3.4	5.5	4.1	7.1	5.0
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

**Table 54: On how many days a week do you usually drink diet coke or diet soft drinks?
By age group and social class (%)**

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	28.9	27.0	25.9	33.6	29.7	31.2	37.4	36.7	36.5
Less than once a week	31.1	23.8	21.9	27.2	22.2	19.5	24.1	21.4	22.2
Once a week	15.4	17.4	16.9	13.7	15.4	12.4	11.2	11.0	10.3
2 – 4 days a week	10.7	14.1	15.4	12.3	13.3	13.1	12.1	12.3	10.8
5 – 6 days a week	3.0	5.2	4.0	3.8	6.0	6.8	4.7	5.9	5.2
Once a day, every day	2.6	3.5	2.5	3.3	3.4	4.3	3.8	4.1	3.4
Every day, more than once	3.2	3.5	5.0	2.7	5.0	6.8	3.1	4.3	5.8
Missing (no data supplied)	5.1	5.5	8.5	3.5	5.0	5.9	3.6	4.3	5.8
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

**Table 55: On how many days a week do you usually drink diet coke or diet soft drinks?
By age group and social class for boys (%)**

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	26.6	28.3	20.4	34.3	30.7	33.2	40.5	40.9	39.9
Less than once a week	29.3	19.1	22.4	25.9	21.4	17.5	22.3	20.3	19.4
Once a week	17.5	19.8	17.3	12.8	15.3	12.9	11.0	9.7	8.8
2 – 4 days a week	12.5	15.5	17.3	12.1	14.5	12.6	12.0	11.8	12.4
5 – 6 days a week	2.7	4.6	3.1	3.6	5.8	6.0	4.9	4.9	4.6
Once a day, every day	2.3	3.2	4.1	4.1	2.9	3.6	3.3	3.8	3.2
Every day, more than once	3.8	3.5	4.1	2.9	3.5	7.7	2.3	4.0	4.9
Missing (no data supplied)	5.3	6.0	11.2	4.3	5.8	6.6	3.6	4.7	6.7
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

**Table 56: On how many days a week do you usually drink diet coke or diet soft drinks?
By age group and social class for girls (%)**

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	31.1	25.8	31.1	32.9	28.6	29.1	34.1	32.0	32.8
Less than once a week	33.0	28.0	21.4	28.5	23.0	21.5	25.8	22.7	25.1
Once a week	13.3	15.3	16.5	14.4	15.6	12.0	11.4	12.3	11.8
2 – 4 days a week	8.9	12.7	13.6	12.5	12.1	13.7	12.3	12.9	9.2
5 – 6 days a week	3.3	5.7	4.9	4.1	6.3	7.5	4.4	7.0	5.9
Once a day, every day	3.0	3.8	1.0	2.5	3.9	5.0	4.3	4.5	3.7
Every day, more than once	2.6	3.5	5.8	2.5	6.6	5.9	4.0	4.7	6.6
Missing (no data supplied)	4.8	5.1	5.8	2.7	4.0	5.3	3.6	3.8	4.8
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Crisps consumption

Table 57: On how many days a week do you usually eat crisps? By gender (%)

	Boys	Girls
Never	8.5	7.4
Less than once a week	20.3	24.3
Once a week	21.3	19.8
2 – 4 days a week	25.6	24.3
5 – 6 days a week	9.2	9.2
Once a day, every day	5.9	6.7
Every day, more than once	4.9	4.8
Missing (no data supplied)	4.1	3.5
<i>n</i> (sample size)	6,487	6,069

Table 58: On how many days a week do you usually eat crisps? By age group (%)

	10-11	12-14	15-17
Never	6.7	6.8	9.6
Less than once a week	25.7	21.6	22.0
Once a week	25.4	21.6	17.8
2 – 4 days a week	21.7	25.4	25.7
5 – 6 days a week	6.3	9.4	10.2
Once a day, every day	5.0	6.4	6.8
Every day, more than once	3.5	4.8	5.3
Missing (no data supplied)	5.8	3.9	2.6
<i>n</i> (sample size)	1,613	6,088	4,499

Table 59: On how many days a week do you usually eat crisps? By social class (%)

	SC1-2	SC3-4	SC5-6
Never	8.6	8.3	6.3
Less than once a week	26.1	21.4	19.5
Once a week	21.8	19.9	20.1
2 – 4 days a week	23.5	26.5	26.6
5 – 6 days a week	8.7	9.4	10.2
Once a day, every day	5.7	6.5	7.3
Every day, more than once	3.1	4.4	6.9
Missing (no data supplied)	2.6	3.6	3.2
<i>n</i> (sample size)	4,537	4,363	1,520

Table 60: On how many days a week do you usually eat crisps? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	6.9	6.5	7.3	6.4	10.5	8.6
Less than once a week	22.6	28.6	20.1	23.4	19.9	24.3
Once a week	27.7	23.2	22.1	21.2	18.7	16.8
2 – 4 days a week	22.1	21.4	25.6	25.1	26.5	24.7
5 – 6 days a week	6.4	6.0	9.5	9.3	9.9	10.6
Once a day, every day	4.9	5.0	6.0	6.8	6.3	7.3
Every day, more than once	3.0	4.1	4.9	4.7	5.6	4.9
Missing (no data supplied)	6.4	5.2	4.4	3.1	2.5	2.6
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 61: On how many days a week do you usually eat crisps? By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	8.8	8.4	8.9	7.5	6.7	5.8
Less than once a week	24.6	27.7	18.9	24.0	18.3	20.6
Once a week	22.6	20.8	20.8	18.9	19.6	20.5
2 – 4 days a week	23.6	23.4	27.4	25.7	27.9	25.4
5 – 6 days a week	9.3	8.1	9.6	9.1	9.9	10.4
Once a day, every day	5.2	6.2	6.3	6.8	5.9	8.7
Every day, more than once	3.5	2.6	4.0	4.9	7.6	6.2
Missing (no data supplied)	2.3	2.8	4.0	3.1	4.1	2.2
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 62: On how many days a week do you usually eat crisps? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	7.7	6.4	5.0	7.6	7.4	4.4	10.0	9.8	7.8
Less than once a week	29.3	25.0	26.4	26.0	20.5	18.0	25.4	21.8	19.1
Once a week	27.4	24.8	23.9	22.7	21.0	21.5	19.4	16.0	17.0
2 – 4 days a week	19.1	23.3	23.4	23.8	26.8	28.5	24.2	27.6	25.8
5 – 6 days a week	6.4	4.9	6.5	8.6	9.9	10.1	9.6	10.3	12.3
Once a day, every day	3.6	6.5	5.5	5.7	6.4	7.9	6.2	6.6	7.4
Every day, more than once	2.6	3.7	4.5	2.9	4.1	6.6	3.4	5.3	8.1
Missing (no data supplied)	3.9	5.5	5.0	2.7	3.9	3.0	1.9	2.4	2.5
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 63: On how many days a week do you usually eat crisps? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	7.2	6.7	6.1	7.7	7.9	4.7	10.5	10.7	8.1
Less than once a week	25.9	22.3	23.5	25.0	18.2	17.8	23.7	19.4	17.0
Once a week	31.2	28.3	22.4	22.4	22.0	21.4	20.8	16.7	16.6
2 – 4 days a week	20.2	23.3	22.4	23.6	26.8	30.1	24.3	29.6	27.2
5 – 6 days a week	5.3	5.3	9.2	9.8	10.4	8.5	10.1	9.7	12.4
Once a day, every day	4.2	6.0	4.1	5.3	6.5	6.8	5.2	6.1	5.7
Every day, more than once	2.3	1.4	6.1	3.4	3.8	6.6	4.0	5.3	9.5
Missing (no data supplied)	3.8	6.7	6.1	2.8	4.3	4.1	1.2	2.5	3.5
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 64: On how many days a week do you usually eat crisps? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	8.1	6.1	3.9	7.5	6.8	4.2	9.4	8.8	7.4
Less than once a week	32.6	27.4	29.1	27.1	23.1	18.2	27.1	24.5	21.4
Once a week	23.7	21.7	25.2	22.8	19.9	21.8	17.9	15.4	17.3
2 – 4 days a week	18.1	23.2	24.3	23.9	26.8	26.8	24.1	25.4	24.4
5 – 6 days a week	7.4	4.5	3.9	7.5	9.3	11.7	9.0	11.0	12.2
Once a day, every day	3.0	7.0	6.8	6.2	6.4	8.9	7.2	7.3	9.2
Every day, more than once	3.0	5.7	2.9	2.4	4.4	6.7	2.7	5.4	6.6
Missing (no data supplied)	4.1	4.5	3.9	2.7	3.3	1.7	2.6	2.2	1.5
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Chips or fried potatoes consumption

Table 65: On how many days a week do you usually eat chips or fried potatoes? By gender (%)

	Boys	Girls
Never	4.7	5.0
Less than once a week	20.1	26.7
Once a week	30.2	31.0
2 – 4 days a week	25.9	22.8
5 – 6 days a week	7.4	5.1
Once a day, every day	3.1	2.4
Every day, more than once	3.3	2.2
Missing (no data supplied)	5.2	4.8
<i>n</i> (sample size)	6,487	6,069

Table 66: On how many days a week do you usually eat chips or fried potatoes? By age group (%)

	10-11	12-14	15-17
Never	4.5	4.5	5.5
Less than once a week	23.3	23.7	22.6
Once a week	31.4	31.9	29.3
2 – 4 days a week	21.1	23.0	27.5
5 – 6 days a week	6.2	6.3	6.4
Once a day, every day	3.0	2.9	2.6
Every day, more than once	3.2	2.8	2.5
Missing (no data supplied)	7.3	5.0	3.6
<i>n</i> (sample size)	1,613	6,088	4,499

Table 67: On how many days a week do you usually eat chips or fried potatoes? By social class (%)

	SC1-2	SC3-4	SC5-6
Never	5.0	4.9	4.5
Less than once a week	28.1	21.7	19.0
Once a week	31.5	31.7	30.5
2 – 4 days a week	22.5	25.6	26.0
5 – 6 days a week	5.4	6.5	7.8
Once a day, every day	2.0	2.7	3.6
Every day, more than once	1.6	2.6	3.6
Missing (no data supplied)	3.8	4.4	5.1
<i>n</i> (sample size)	4,537	4,363	1,520

Table 68: On how many days a week do you usually eat chips or fried potatoes? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	4.9	4.2	4.7	4.2	4.7	6.3
Less than once a week	19.7	26.9	20.4	27.4	19.5	26.0
Once a week	31.1	31.6	31.9	32.0	28.8	29.8
2 – 4 days a week	22.2	20.1	23.7	22.2	30.1	24.7
5 – 6 days a week	7.5	4.9	7.3	5.2	7.4	5.2
Once a day, every day	3.3	2.7	3.2	2.5	3.0	2.2
Every day, more than once	3.4	2.8	3.4	2.1	3.0	2.0
Missing (no data supplied)	7.9	6.8	5.3	4.4	3.5	3.8
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 69: On how many days a week do you usually eat chips or fried potatoes? By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	4.5	5.5	5.1	4.5	3.3	5.7
Less than once a week	23.9	32.5	18.6	25.0	17.5	20.6
Once a week	31.4	31.5	32.2	31.3	28.8	32.1
2 – 4 days a week	24.8	20.1	26.5	24.6	27.8	24.2
5 – 6 days a week	7.2	3.7	7.5	5.4	9.2	6.5
Once a day, every day	2.5	1.6	3.1	2.3	3.8	3.3
Every day, more than once	2.3	0.9	2.6	2.6	3.8	3.3
Missing (no data supplied)	3.4	4.2	4.4	4.3	5.8	4.2
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 70: On how many days a week do you usually eat chips or fried potatoes? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	5.1	4.4	3.5	3.9	4.9	4.1	6.2	5.1	5.2
Less than once a week	28.7	22.3	18.4	28.9	22.7	18.2	27.3	19.9	18.8
Once a week	30.6	34.8	34.3	32.9	33.3	30.8	30.5	28.8	30.0
2 – 4 days a week	21.2	21.1	22.9	21.1	23.3	25.4	24.1	30.4	27.3
5 – 6 days a week	4.5	5.5	8.0	5.3	6.4	8.1	6.0	6.8	7.8
Once a day, every day	2.1	2.0	4.5	2.3	2.8	3.7	1.7	2.9	3.2
Every day, more than once	2.6	3.0	3.0	1.5	2.7	3.5	1.5	2.3	3.8
Missing (no data supplied)	5.3	6.9	5.5	4.1	4.0	6.1	2.8	3.8	4.0
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 71: On how many days a week do you usually eat chips or fried potatoes? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	4.9	5.7	1.0	3.9	5.4	3.6	5.0	4.5	3.9
Less than once a week	26.6	17.0	18.4	24.8	19.5	15.1	21.6	17.7	19.1
Once a week	32.3	37.5	29.6	33.0	33.7	29.6	29.9	29.4	29.0
2 – 4 days a week	20.2	22.6	26.5	22.3	23.9	27.7	28.9	31.6	26.9
5 – 6 days a week	5.7	5.3	10.2	7.0	7.4	10.1	7.8	7.6	8.1
Once a day, every day	1.9	1.8	5.1	2.7	3.3	3.6	2.6	3.4	3.9
Every day, more than once	2.7	3.2	4.1	2.5	2.7	3.0	2.0	2.1	4.9
Missing (no data supplied)	5.7	7.1	5.1	3.9	4.1	7.4	2.2	3.8	4.2
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 72: On how many days a week do you usually eat chips or fried potatoes? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	5.2	3.2	5.8	3.9	4.3	4.7	7.3	5.6	6.6
Less than once a week	30.7	27.1	18.4	33.0	26.3	21.5	33.0	22.3	18.5
Once a week	28.9	32.5	38.8	32.9	33.0	32.1	31.1	28.3	31.0
2 – 4 days a week	22.2	19.7	19.4	19.8	22.7	23.2	19.3	29.0	27.7
5 – 6 days a week	3.3	5.7	5.8	3.5	5.2	6.1	4.1	5.9	7.4
Once a day, every day	2.2	2.2	3.9	2.0	2.3	3.9	0.9	2.5	2.6
Every day, more than once	2.6	2.9	1.9	0.5	2.7	3.9	0.9	2.5	2.6
Missing (no data supplied)	4.8	6.7	5.8	4.4	3.6	4.5	3.4	4.0	3.7
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Fish consumption

Table 73: On how many days a week do you usually eat fish? By gender (%)

	Boys	Girls
Never	22.0	29.3
Less than once a week	23.3	22.8
Once a week	28.3	26.6
2 – 4 days a week	15.9	13.2
5 – 6 days a week	3.4	2.6
Once a day, every day	1.4	1.0
Every day, more than once	1.7	1.1
Missing (no data supplied)	3.9	3.4
<i>n</i> (sample size)	6,487	6,069

Table 74: On how many days a week do you usually eat fish? By age group (%)

	10-11	12-14	15-17
Never	23.6	26.1	25.6
Less than once a week	24.1	22.3	24.0
Once a week	26.1	27.3	28.3
2 – 4 days a week	13.7	14.8	14.8
5 – 6 days a week	4.3	3.1	2.5
Once a day, every day	1.5	1.4	0.8
Every day, more than once	1.5	1.4	1.3
Missing (no data supplied)	5.3	3.6	2.6
<i>n</i> (sample size)	1,613	6,088	4,499

Table 75: On how many days a week do you usually eat fish? By social class (%)

	SC1-2	SC3-4	SC5-6
Never	22.1	27.0	28.6
Less than once a week	23.8	23.1	21.8
Once a week	30.2	27.6	27.0
2 – 4 days a week	16.4	14.0	13.4
5 – 6 days a week	3.0	2.7	3.4
Once a day, every day	1.1	1.0	1.6
Every day, more than once	1.0	1.5	1.5
Missing (no data supplied)	2.5	3.1	2.7
<i>n</i> (sample size)	4,537	4,363	1,520

Table 76: On how many days a week do you usually eat fish? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	20.5	26.7	22.9	29.7	21.6	30.1
Less than once a week	25.6	22.6	22.1	22.5	24.1	23.7
Once a week	25.7	26.4	28.5	26.0	29.1	27.6
2 – 4 days a week	13.8	13.6	15.7	13.7	16.8	12.5
5 – 6 days a week	5.1	3.4	3.6	2.5	2.8	2.2
Once a day, every day	2.1	0.9	1.6	1.3	1.1	0.6
Every day, more than once	1.5	1.5	1.7	1.2	1.8	0.8
Missing (no data supplied)	5.6	4.9	3.9	3.1	2.7	2.5
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 77: On how many days a week do you usually eat fish? By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	18.7	25.6	22.9	31.5	24.5	32.7
Less than once a week	24.1	23.5	23.5	22.7	21.7	22.1
Once a week	30.7	29.7	28.9	26.4	30.0	23.9
2 – 4 days a week	17.9	14.8	15.9	12.1	13.9	12.8
5 – 6 days a week	3.7	2.3	2.7	2.7	3.8	2.9
Once a day, every day	1.5	0.6	1.1	0.8	1.3	2.0
Every day, more than once	1.2	0.8	1.7	1.2	1.8	1.2
Missing (no data supplied)	2.1	2.7	3.3	2.6	2.9	2.4
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 78: On how many days a week do you usually eat fish? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	19.3	24.3	29.9	22.5	27.5	29.0	22.3	27.8	26.7
Less than once a week	26.1	25.0	18.9	23.0	21.5	22.7	24.5	24.3	22.6
Once a week	30.4	26.1	28.4	29.6	28.3	25.4	31.0	27.3	28.5
2 – 4 days a week	14.3	13.1	15.4	17.2	14.4	11.6	16.1	13.8	15.2
5 – 6 days a week	4.1	4.5	2.0	2.9	2.9	3.5	2.6	1.7	3.2
Once a day, every day	0.8	1.3	2.0	1.3	1.0	2.5	0.8	0.7	0.5
Every day, more than once	0.9	1.7	1.5	1.1	1.4	1.8	0.9	1.5	1.3
Missing (no data supplied)	4.1	4.0	2.0	2.4	2.9	3.6	1.8	2.9	2.0
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 79: On how many days a week do you usually eat fish? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	15.2	21.9	26.5	19.6	22.9	24.9	18.4	23.3	23.3
Less than once a week	27.8	26.9	20.4	22.1	21.4	23.3	25.6	25.1	19.8
Once a week	28.9	24.4	34.7	30.8	30.5	27.7	31.1	27.9	32.2
2 – 4 days a week	15.6	14.1	11.2	18.5	16.3	11.8	18.1	15.9	17.0
5 – 6 days a week	5.3	4.9	3.1	3.8	3.0	3.8	3.2	1.7	3.9
Once a day, every day	1.5	1.8	1.0	1.8	1.1	2.2	1.2	0.9	0.4
Every day, more than once	1.5	1.8	–	1.2	1.7	2.2	1.0	1.9	2.1
Missing (no data supplied)	4.2	4.2	3.1	2.3	3.2	4.1	1.3	3.2	1.4
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 80: On how many days a week do you usually eat fish? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	23.3	26.4	33.0	25.5	32.6	33.2	26.4	33.0	30.3
Less than once a week	24.4	23.2	17.5	24.0	21.7	22.1	23.0	23.3	25.5
Once a week	31.9	27.7	22.3	28.3	26.1	23.2	30.9	26.5	24.7
2 – 4 days a week	13.0	12.1	19.4	16.0	12.3	11.5	14.1	11.4	13.3
5 – 6 days a week	3.0	4.1	1.0	2.0	2.8	3.1	2.0	1.8	2.6
Once a day, every day	–	1.0	2.9	0.8	1.0	2.8	0.5	0.4	0.7
Every day, more than once	0.4	1.6	2.9	0.9	1.1	1.4	0.8	1.0	0.4
Missing (no data supplied)	4.1	3.8	1.0	2.6	2.4	2.8	2.3	2.5	2.6
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Breakfast together with mother or father

Table 81: How often do you have breakfast together with your mother or father? By gender (%)

	Boys	Girls
Never	25.3	25.7
Less than once a week	10.7	12.0
1 – 2 days a week	22.1	23.6
3 – 4 days a week	10.4	10.2
5 – 6 days a week	9.3	9.7
Every day	20.5	17.4
Missing (no data supplied)	1.6	1.4
<i>n</i> (sample size)	6,487	6,069

**Table 82: How often do you have breakfast together with your mother or father?
By age group (%)**

	10-11	12-14	15-17
Never	16.1	22.8	32.6
Less than once a week	6.8	10.4	14.1
1 – 2 days a week	21.1	23.4	22.9
3 – 4 days a week	10.8	11.4	9.1
5 – 6 days a week	10.8	9.6	9.0
Every day	32.0	21.0	11.4
Missing (no data supplied)	2.4	1.3	0.9
<i>n</i> (sample size)	1,613	6,088	4,499

**Table 83: How often do you have breakfast together with your mother or father?
By social class (%)**

	SC1-2	SC3-4	SC5-6
Never	23.1	25.5	26.5
Less than once a week	11.8	10.8	12.8
1 – 2 days a week	22.1	24.0	23.9
3 – 4 days a week	11.5	10.1	10.7
5 – 6 days a week	11.2	9.6	8.4
Every day	19.4	18.8	17.1
Missing (no data supplied)	0.9	1.1	0.7
<i>n</i> (sample size)	4,537	4,363	1,520

**Table 84: How often do you have breakfast together with your mother or father?
By gender and age group (%)**

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	15.7	16.5	22.9	22.6	31.7	33.7
Less than once a week	6.6	7.0	9.5	11.4	13.7	14.6
1 – 2 days a week	21.5	20.8	22.8	24.1	21.7	24.3
3 – 4 days a week	11.8	10.0	10.9	12.1	9.6	8.5
5 – 6 days a week	9.7	11.9	9.4	9.8	9.3	8.7
Every day	31.7	32.2	23.2	18.8	13.2	9.4
Missing (no data supplied)	3.0	1.7	1.3	1.1	0.9	0.8
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

**Table 85: How often do you have breakfast together with your mother or father?
By gender and social class (%)**

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	22.8	23.4	24.3	26.6	27.2	25.9
Less than once a week	12.0	11.5	10.3	11.4	10.1	15.3
1 – 2 days a week	21.0	23.3	23.9	24.4	22.4	25.4
3 – 4 days a week	11.1	11.9	10.6	9.6	12.2	9.1
5 – 6 days a week	10.5	11.9	9.3	10.0	9.9	6.9
Every day	21.8	17.1	20.3	17.2	17.6	16.7
Missing (no data supplied)	0.8	1.0	1.3	0.8	0.5	0.7
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

**Table 86: How often do you have breakfast together with your mother or father?
By age group and social class (%)**

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	15.8	15.2	15.4	20.4	22.5	24.7	28.2	34.4	32.3
Less than once a week	6.0	8.9	4.0	10.1	9.9	12.4	15.2	12.9	16.2
1 – 2 days a week	19.1	21.3	24.4	22.4	26.1	22.9	22.9	22.5	24.7
3 – 4 days a week	12.6	11.2	11.9	13.0	10.4	11.7	9.8	9.3	9.6
5 – 6 days a week	11.4	11.7	11.4	11.6	9.3	8.0	10.6	8.8	8.1
Every day	33.2	29.8	32.3	21.7	20.6	19.2	12.6	11.4	8.7
Missing (no data supplied)	1.9	1.8	0.5	0.8	1.2	1.0	0.6	0.7	0.4
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

**Table 87: How often do you have breakfast together with your mother or father?
By age group and social class for boys (%)**

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	14.4	14.1	12.2	20.0	21.3	26.6	28.3	32.2	32.9
Less than once a week	5.3	9.2	4.1	10.7	9.0	9.0	15.2	12.5	13.8
1 – 2 days a week	19.4	21.9	27.6	21.8	25.4	21.6	20.6	22.8	20.8
3 – 4 days a week	14.8	12.0	13.3	11.6	10.7	12.9	9.5	9.8	11.7
5 – 6 days a week	11.4	9.5	11.2	10.0	9.5	9.6	10.6	8.8	10.2
Every day	32.3	30.4	31.6	25.2	23.0	19.5	15.3	12.9	10.2
Missing (no data supplied)	2.3	2.8	-	0.7	1.2	0.8	0.6	0.9	0.4
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

**Table 88: How often do you have breakfast together with your mother or father?
By age group and social class for girls (%)**

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	17.0	16.2	18.4	20.8	23.6	22.9	28.0	36.8	31.7
Less than once a week	6.7	8.6	3.9	9.5	11.0	15.9	15.2	13.2	18.8
1 – 2 days a week	18.9	20.7	21.4	23.0	27.1	24.3	25.4	22.1	28.8
3 – 4 days a week	10.4	10.5	10.7	14.4	10.2	10.6	10.2	8.7	7.4
5 – 6 days a week	11.5	13.7	11.7	13.2	9.1	6.4	10.6	8.9	5.9
Every day	34.1	29.3	33.0	18.2	18.0	19.0	9.9	9.8	7.0
Missing (no data supplied)	1.5	1.0	1.0	0.9	1.0	0.8	0.7	0.4	0.4
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Evening meal with mother or father

**Table 89: How often do you have an evening meal together with your mother or father?
By gender (%)**

	Boys	Girls
Never	7.6	6.3
Less than once a week	5.7	6.0
1 – 2 days a week	10.5	10.9
3 – 4 days a week	12.5	12.3
5 – 6 days a week	16.0	16.1
Every day	45.5	46.6
Missing (no data supplied)	2.1	1.8
<i>n</i> (sample size)	6,487	6,069

**Table 90: How often do you have an evening meal together with your mother or father?
By age group (%)**

	10-11	12-14	15-17
Never	5.6	6.2	8.4
Less than once a week	4.8	5.6	6.4
1 – 2 days a week	9.8	10.5	11.4
3 – 4 days a week	10.3	11.2	14.7
5 – 6 days a week	12.8	15.8	17.9
Every day	53.4	49.2	40.2
Missing (no data supplied)	3.3	1.5	0.9
<i>n</i> (sample size)	1,613	6,088	4,499

**Table 91: How often do you have an evening meal together with your mother or father?
By social class (%)**

	SC1-2	SC3-4	SC5-6
Never	5.0	6.7	8.0
Less than once a week	4.9	5.9	6.3
1 – 2 days a week	11.1	10.1	11.8
3 – 4 days a week	13.0	12.3	13.2
5 – 6 days a week	17.6	16.6	15.0
Every day	47.1	47.0	44.8
Missing (no data supplied)	1.2	1.4	0.9
<i>n</i> (sample size)	4,537	4,363	1,520

**Table 92: How often do you have an evening meal together with your mother or father?
By gender and age group (%)**

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	6.8	4.4	6.7	5.6	9.0	7.9
Less than once a week	5.0	4.7	5.2	6.0	6.3	6.4
1 – 2 days a week	9.3	10.2	10.7	10.2	10.7	12.3
3 – 4 days a week	11.4	9.2	11.3	11.1	14.8	14.6
5 – 6 days a week	11.9	13.6	15.6	16.1	18.3	17.5
Every day	51.2	55.7	48.9	49.8	40.1	40.4
Missing (no data supplied)	4.4	2.2	1.5	1.2	1.0	0.8
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

**Table 93: How often do you have an evening meal together with your mother or father?
By gender and social class (%)**

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	5.7	4.3	7.3	6.0	7.4	8.6
Less than once a week	4.9	4.9	5.4	6.5	6.1	6.5
1 – 2 days a week	10.5	11.8	10.1	10.2	13.0	10.7
3 – 4 days a week	13.3	12.7	12.5	12.2	12.9	13.6
5 – 6 days a week	17.5	17.8	17.1	16.2	15.3	14.8
Every day	46.7	47.5	46.1	48.0	44.5	45.0
Missing (no data supplied)	1.4	1.0	1.5	1.1	0.9	0.8
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

**Table 94: How often do you have an evening meal together with your mother or father?
By age group and social class (%)**

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	4.7	4.7	6.0	4.2	6.0	7.7	6.1	8.7	8.7
Less than once a week	3.4	5.0	3.5	4.9	5.6	6.1	5.4	6.8	7.0
1 – 2 days a week	9.4	10.1	14.9	10.9	9.7	11.6	12.0	10.8	11.0
3 – 4 days a week	9.8	11.2	8.5	11.0	11.6	13.3	16.0	13.3	15.0
5 – 6 days a week	12.6	13.2	15.4	17.4	16.5	13.1	19.2	18.4	17.3
Every day	57.4	53.9	50.2	50.8	49.1	47.1	40.4	41.3	40.4
Missing (no data supplied)	2.8	1.8	1.5	0.9	1.5	1.1	0.8	0.8	0.5
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

**Table 95: How often do you have an evening meal together with your mother or father?
By age group and social class for boys (%)**

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	5.3	6.0	5.1	4.2	6.4	6.8	7.7	8.9	8.1
Less than once a week	3.8	4.2	5.1	4.6	4.9	5.5	5.6	6.3	6.4
1 – 2 days a week	8.0	10.2	20.4	11.5	9.8	11.8	10.1	10.2	12.4
3 – 4 days a week	11.0	13.1	8.2	11.5	11.7	14.2	16.1	13.1	13.4
5 – 6 days a week	12.5	12.0	12.2	17.4	16.3	13.4	18.5	20.6	19.1
Every day	55.5	51.6	46.9	50.0	49.4	46.8	40.8	39.8	8.1
Missing (no data supplied)	3.8	2.8	2.0	0.9	1.5	1.4	1.2	1.0	–
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

**Table 96: How often do you have an evening meal together with your mother or father?
By age group and social class for girls (%)**

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	4.1	3.5	6.8	4.1	5.4	8.7	4.6	8.4	9.2
Less than once a week	3.0	5.7	1.9	5.1	6.4	6.7	5.2	7.2	7.7
1 – 2 days a week	10.7	9.9	9.7	10.4	9.5	11.5	14.0	11.4	9.6
3 – 4 days a week	8.5	9.6	8.7	10.5	11.6	12.3	15.8	13.6	16.6
5 – 6 days a week	12.6	14.3	18.4	17.4	16.9	12.8	20.0	16.0	15.5
Every day	59.3	56.1	53.4	51.6	48.9	47.5	40.0	43.0	40.2
Missing (no data supplied)	1.9	1.0	1.0	0.9	1.3	0.6	0.3	0.4	1.1
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Eat a snack while watching TV

**Table 97: How often do you eat a snack while you watch TV (including videos and DVDs)?
By gender (%)**

	Boys	Girls
Never	7.1	4.7
Less than once a week	14.0	16.0
1 – 2 days a week	22.2	24.3
3 – 4 days a week	20.3	20.4
5 – 6 days a week	11.4	11.1
Every day	22.8	21.3
Missing (no data supplied)	2.2	2.2
<i>n</i> (sample size)	6,487	6,069

**Table 98: How often do you eat a snack while you watch TV (including videos and DVDs)?
By age group (%)**

	10-11	12-14	15-17
Never	7.5	5.7	5.6
Less than once a week	18.8	15.5	13.1
1 – 2 days a week	25.7	24.4	21.0
3 – 4 days a week	17.3	20.5	21.4
5 – 6 days a week	11.1	10.6	12.7
Every day	16.2	21.6	25.0
Missing (no data supplied)	3.3	1.7	1.1
<i>n</i> (sample size)	1,613	6,088	4,499

**Table 99: How often do you eat a snack while you watch TV (including videos and DVDs)?
By social class (%)**

	SC1-2	SC3-4	SC5-6
Never	6.0	5.0	6.0
Less than once a week	16.5	14.4	13.2
1 – 2 days a week	24.2	23.9	22.4
3 – 4 days a week	20.5	21.2	20.3
5 – 6 days a week	11.8	11.3	12.0
Every day	19.6	22.7	24.9
Missing (no data supplied)	1.4	1.5	1.3
<i>n</i> (sample size)	4,537	4,363	1,520

**Table 100: How often do you eat a snack while you watch TV (including videos and DVDs)?
By gender and age group (%)**

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	7.7	7.4	7.0	4.3	6.8	4.2
Less than once a week	17.3	20.3	14.4	16.8	12.6	13.8
1 – 2 days a week	26.0	25.6	23.3	25.7	19.9	22.1
3 – 4 days a week	17.9	16.6	20.8	20.3	20.8	22.1
5 – 6 days a week	11.0	11.2	10.5	10.7	13.3	12.0
Every day	17.1	15.4	22.3	20.8	25.4	24.6
Missing (no data supplied)	3.0	3.7	1.7	1.4	1.1	1.2
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

**Table 101: How often do you eat a snack while you watch TV (including videos and DVDs)?
By gender and social class (%)**

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	7.4	4.6	5.7	4.2	6.7	5.3
Less than once a week	14.8	18.1	13.7	15.3	13.2	13.4
1 – 2 days a week	24.1	24.3	22.2	25.6	20.4	24.2
3 – 4 days a week	20.7	20.3	21.3	21.1	20.7	19.8
5 – 6 days a week	11.1	12.5	11.8	10.8	12.2	11.8
Every day	20.4	18.7	23.8	21.6	25.9	23.9
Missing (no data supplied)	1.4	1.4	1.5	1.4	0.9	1.6
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

**Table 102: How often do you eat a snack while you watch TV (including videos and DVDs)?
By age group and social class (%)**

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	8.4	6.0	7.5	5.9	4.6	5.5	5.5	5.0	5.6
Less than once a week	19.7	21.3	15.9	18.3	14.3	12.7	13.6	12.1	13.4
1 – 2 days a week	27.4	27.0	23.9	25.7	25.2	22.8	21.9	20.3	20.4
3 – 4 days a week	15.0	18.3	19.9	20.1	21.2	21.8	22.6	22.1	18.4
5 – 6 days a week	11.8	10.2	15.9	10.5	11.2	10.6	13.7	12.2	12.5
Every day	15.2	14.6	15.4	18.4	22.1	25.0	21.8	27.3	29.2
Missing (no data supplied)	2.4	2.7	1.5	1.1	1.4	1.5	1.0	1.0	0.5
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

**Table 103: How often do you eat a snack while you watch TV (including videos and DVDs)?
By age group and social class for boys (%)**

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	7.6	6.4	7.1	7.2	5.6	7.1	7.4	5.6	5.7
Less than once a week	16.7	20.8	13.3	15.4	14.5	11.8	13.6	10.3	14.5
1 – 2 days a week	29.3	27.9	21.4	26.3	22.7	21.9	20.1	18.8	18.4
3 – 4 days a week	17.9	19.8	20.4	20.9	20.8	22.2	21.6	22.5	18.7
5 – 6 days a week	11.0	8.8	18.4	9.8	11.6	9.9	13.3	13.6	13.4
Every day	15.2	14.1	18.4	19.0	23.1	26.6	23.0	28.5	28.3
Missing (no data supplied)	2.3	2.1	1.0	1.3	1.7	0.5	1.1	0.8	1.1
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 104: How often do you eat a snack while you watch TV (including videos and DVDs)? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	9.3	5.7	7.8	4.6	3.6	3.9	3.5	4.3	5.5
Less than once a week	22.6	21.7	18.4	21.1	14.2	13.7	13.7	13.9	12.2
1 – 2 days a week	25.6	26.1	26.2	25.3	27.9	23.7	23.4	22.1	22.5
3 – 4 days a week	12.2	16.9	19.4	19.2	21.6	21.5	23.7	21.6	18.1
5 – 6 days a week	12.6	11.5	13.6	11.3	10.7	11.5	14.2	10.7	11.4
Every day	15.2	15.0	12.6	17.7	21.1	23.5	20.7	26.1	30.3
Missing (no data supplied)	2.6	3.2	1.9	0.9	0.9	2.2	0.8	1.3	–
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Eat a snack while you work or play on a computer or games console

Table 105: How often do you eat a snack while you work or play on a computer or games console? By gender (%)

	Boys	Girls
Never	28.1	33.9
Less than once a week	20.1	22.0
1 – 2 days a week	18.5	17.9
3 – 4 days a week	13.2	10.1
5 – 6 days a week	5.9	5.0
Every day	11.8	8.7
Missing (no data supplied)	2.4	2.3
<i>n</i> (sample size)	6,487	6,069

Table 106: How often do you eat a snack while you work or play on a computer or games console? By age group (%)

	10-11	12-14	15-17
Never	37.6	30.9	28.9
Less than once a week	23.1	21.2	20.1
1 – 2 days a week	16.4	18.9	18.3
3 – 4 days a week	7.3	12.0	13.2
5 – 6 days a week	4.4	5.1	6.5
Every day	8.4	10.0	11.5
Missing (no data supplied)	2.9	1.9	1.4
<i>n</i> (sample size)	1,613	6,088	4,499

Table 107: How often do you eat a snack while you work or play on a computer or games console? By social class (%)

	SC1-2	SC3-4	SC5-6
Never	32.2	30.2	29.7
Less than once a week	22.8	21.8	19.3
1 – 2 days a week	19.8	18.5	16.6
3 – 4 days a week	10.4	12.5	14.1
5 – 6 days a week	5.6	5.1	6.0
Every day	7.7	10.5	12.6
Missing (no data supplied)	1.4	1.4	1.8
<i>n</i> (sample size)	4,537	4,363	1,520

Table 108: How often do you eat a snack while you work or play on a computer or games console? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	33.4	41.9	28.1	34.0	26.7	31.5
Less than once a week	22.3	23.7	20.4	22.0	18.7	21.5
1 – 2 days a week	17.4	15.4	19.3	18.5	18.1	18.6
3 – 4 days a week	9.0	5.7	13.0	11.0	15.3	10.9
5 – 6 days a week	4.6	4.2	5.3	4.9	7.4	5.6
Every day	10.2	6.5	11.9	8.1	12.2	10.7
Missing (no data supplied)	3.0	2.7	1.9	1.6	1.6	1.2
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 109: How often do you eat a snack while you work or play on a computer or games console? By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	30.0	34.4	27.7	33.0	25.3	34.3
Less than once a week	21.7	24.1	21.0	22.6	19.3	19.2
1 – 2 days a week	20.4	19.1	18.3	18.6	17.1	16.1
3 – 4 days a week	12.2	8.8	13.4	11.6	15.9	12.2
5 – 6 days a week	5.6	5.7	5.7	4.6	7.1	4.8
Every day	8.9	6.5	12.2	8.6	13.8	11.4
Missing (no data supplied)	1.3	1.5	1.7	1.0	1.4	2.1
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 110: How often do you eat a snack while you work or play on a computer or games console? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	37.1	39.2	35.8	33.2	30.5	26.8	30.0	26.0	31.2
Less than once a week	26.1	24.3	20.9	22.4	21.5	21.8	22.0	21.0	14.8
1 – 2 days a week	17.1	16.2	15.4	21.1	18.3	17.7	19.2	19.6	16.2
3 – 4 days a week	6.4	6.7	9.5	10.4	12.9	15.6	12.0	14.2	14.1
5 – 6 days a week	5.1	3.9	6.5	4.9	5.4	4.3	6.6	5.5	7.9
Every day	6.0	7.5	10.9	7.0	9.9	12.3	8.9	12.9	13.9
Missing (no data supplied)	2.3	2.2	1.0	1.0	1.6	1.5	1.2	0.8	1.8
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 111: How often do you eat a snack while you work or play on a computer or games console? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	31.6	36.7	26.5	31.3	28.1	21.9	28.2	23.5	28.3
Less than once a week	28.5	23.0	21.4	19.8	21.3	23.6	21.4	19.5	13.4
1 – 2 days a week	19.0	17.7	12.2	22.5	18.3	18.4	18.4	18.6	17.7
3 – 4 days a week	9.1	7.8	12.2	11.9	12.6	16.4	13.7	16.7	16.6
5 – 6 days a week	4.2	3.5	11.2	4.6	5.7	4.7	7.0	6.7	8.8
Every day	6.1	8.1	15.3	8.9	12.2	13.7	9.6	13.8	13.8
Missing (no data supplied)	1.5	3.2	1.0	0.9	1.8	1.4	1.7	1.0	1.4
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 112: How often do you eat a snack while you work or play on a computer or games console? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	42.6	41.4	44.7	35.1	33.1	31.8	32.0	28.7	34.3
Less than once a week	23.7	25.5	20.4	25.2	21.7	20.1	22.5	22.3	16.2
1 – 2 days a week	15.2	15.0	18.4	19.7	18.3	17.0	19.9	20.8	14.8
3 – 4 days a week	3.7	5.7	6.8	8.8	13.1	14.8	10.4	11.4	11.4
5 – 6 days a week	5.9	4.1	1.9	5.0	5.0	3.9	6.1	4.3	7.0
Every day	5.9	7.0	6.8	5.1	7.4	10.9	8.3	11.9	14.0
Missing (no data supplied)	3.0	1.3	1.0	1.0	1.3	1.4	0.8	0.6	2.2
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Watch TV while having a meal

Table 113: How often do you watch TV while having a meal? By gender (%)

	Boys	Girls
Never	19.9	23.6
Less than once a week	16.4	18.4
1 – 2 days a week	17.3	16.0
3 – 4 days a week	14.3	13.5
5 – 6 days a week	9.5	8.6
Every day	19.6	16.7
Missing (no data supplied)	3.0	3.1
<i>n</i> (sample size)	6,487	6,069

Table 114: How often do you watch TV while having a meal? By age group (%)

	10-11	12-14	15-17
Never	24.2	22.9	19.7
Less than once a week	18.9	17.7	16.6
1 – 2 days a week	16.2	17.3	16.5
3 – 4 days a week	12.6	13.6	15.1
5 – 6 days a week	7.8	8.5	10.6
Every day	16.2	17.7	20.2
Missing (no data supplied)	4.1	2.2	1.4
<i>n</i> (sample size)	1,613	6,088	4,499

Table 115: How often do you watch TV while having a meal? By social class (%)

	SC1-2	SC3-4	SC5-6
Never	25.0	21.2	17.1
Less than once a week	19.6	17.3	15.8
1 – 2 days a week	16.7	17.9	16.6
3 – 4 days a week	14.5	13.9	14.3
5 – 6 days a week	8.5	8.7	11.0
Every day	13.8	18.6	22.8
Missing (no data supplied)	1.8	2.3	2.4
<i>n</i> (sample size)	4,537	4,363	1,520

Table 116: How often do you watch TV while having a meal? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	20.5	27.9	20.7	25.5	19.2	20.3
Less than once a week	18.2	19.7	16.9	18.7	15.4	18.1
1 – 2 days a week	16.3	16.0	17.8	16.7	17.3	15.5
3 – 4 days a week	14.4	10.9	14.1	13.2	15.0	15.3
5 – 6 days a week	9.3	6.4	8.6	8.3	10.9	10.2
Every day	17.1	15.2	19.6	15.7	20.9	19.4
Missing (no data supplied)	4.3	3.9	2.3	1.9	1.4	1.4
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 117: How often do you watch TV while having a meal? By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Never	23.0	26.9	19.3	23.4	15.4	18.7
Less than once a week	19.7	19.6	16.7	18.1	11.7	20.0
1 – 2 days a week	17.2	16.0	18.2	17.6	17.6	15.6
3 – 4 days a week	14.9	14.3	14.2	13.5	15.5	13.2
5 – 6 days a week	8.8	8.3	9.1	8.2	12.5	9.5
Every day	15.0	12.6	20.0	17.1	24.7	20.9
Missing (no data supplied)	1.3	2.3	2.4	2.1	2.5	2.1
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 118: How often do you watch TV while having a meal? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	27.6	24.1	16.4	27.5	21.6	17.7	21.7	19.5	16.4
Less than once a week	21.6	19.1	15.9	20.6	17.7	15.2	18.3	16.0	16.6
1 – 2 days a week	17.3	17.3	20.4	16.7	18.7	17.4	16.6	17.3	14.3
3 – 4 days a week	9.6	12.6	21.9	13.5	14.3	14.1	17.1	14.3	12.6
5 – 6 days a week	6.6	7.4	10.9	7.8	8.4	9.7	10.1	9.7	13.2
Every day	13.3	16.2	12.9	12.6	17.4	23.9	15.2	21.8	25.8
Missing (no data supplied)	4.1	3.4	1.5	1.2	2.0	2.1	0.9	1.2	1.1
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 119: How often do you watch TV while having a meal? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	22.8	20.5	15.3	24.0	19.5	15.1	22.0	18.5	15.5
Less than once a week	22.4	19.4	7.1	21.2	17.4	11.2	17.7	14.5	13.4
1 – 2 days a week	16.7	19.8	21.4	17.3	18.5	18.6	17.5	17.6	15.2
3 – 4 days a week	13.3	11.7	25.5	14.2	14.4	14.5	16.2	15.1	14.1
5 – 6 days a week	9.9	8.1	13.3	7.6	9.0	10.7	9.8	9.7	15.2
Every day	12.2	15.9	16.3	14.6	19.0	26.8	16.1	23.4	25.4
Missing (no data supplied)	2.7	4.6	1.0	1.1	2.1	3.0	0.8	1.2	1.1
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 120: How often do you watch TV while having a meal? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Never	32.2	27.4	17.5	31.1	23.9	20.4	21.4	20.5	17.3
Less than once a week	20.7	18.8	24.3	20.0	18.1	19.3	19.0	17.9	19.9
1 – 2 days a week	17.8	15.0	19.4	16.0	18.9	16.2	15.6	17.2	13.3
3 – 4 days a week	5.9	13.4	18.4	12.9	13.9	13.7	18.2	13.2	11.1
5 – 6 days a week	3.3	6.7	8.7	8.1	7.7	8.7	10.4	9.7	11.1
Every day	14.4	16.6	9.7	10.6	15.8	20.9	14.4	20.2	26.2
Missing (no data supplied)	5.6	2.2	1.9	1.3	1.7	0.8	1.0	1.3	1.1
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Get coke or other soft drinks from parents if ask**Table 121: Do you get coke or other soft drinks from your parents if you ask them? By gender (%)**

	Boys	Girls
No, I never get that	9.8	10.5
I get that sometimes	60.8	58.5
I get that every time I ask for it	7.7	7.3
I can take it when I want it	19.7	22.0
Missing (no data supplied)	1.9	1.7
<i>n</i> (sample size)	6,487	6,069

Table 122: Do you get coke or other soft drinks from your parents if you ask them? By age group (%)

	10-11	12-14	15-17
No, I never get that	10.8	9.4	11.0
I get that sometimes	73.8	65.3	48.0
I get that every time I ask for it	5.3	7.1	8.8
I can take it when I want it	7.5	16.8	31.1
Missing (no data supplied)	2.5	1.4	1.0
<i>n</i> (sample size)	1,613	6,088	4,499

Table 123: Do you get coke or other soft drinks from your parents if you ask them? By social class (%)

	SC1-2	SC3-4	SC5-6
No, I never get that	13.6	9.1	6.8
I get that sometimes	61.6	60.1	58.8
I get that every time I ask for it	6.3	7.7	9.1
I can take it when I want it	17.7	21.9	23.9
Missing (no data supplied)	0.9	1.2	1.3
<i>n</i> (sample size)	4,537	4,363	1,520

**Table 124: Do you get coke or other soft drinks from your parents if you ask them?
By gender and age group (%)**

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
No, I never get that	10.9	10.7	8.9	9.9	10.6	11.5
I get that sometimes	74.8	73.0	66.5	64.2	49.9	45.9
I get that every time I ask for it	5.3	5.3	7.3	6.9	9.0	8.7
I can take it when I want it	6.4	8.6	15.8	17.9	29.4	33.1
Missing (no data supplied)	2.6	2.5	1.5	1.2	1.2	0.8
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

**Table 125: Do you get coke or other soft drinks from your parents if you ask them?
By gender and social class (%)**

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
No, I never get that	12.3	14.7	8.9	9.4	6.8	6.9
I get that sometimes	63.4	59.9	60.5	59.5	62.4	55.0
I get that every time I ask for it	7.0	5.6	7.9	7.4	7.8	10.6
I can take it when I want it	16.5	18.8	21.2	22.9	21.4	26.6
Missing (no data supplied)	0.8	1.0	1.5	0.9	1.6	0.9
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

**Table 126: Do you get coke or other soft drinks from your parents if you ask them?
By age group and social class (%)**

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, I never get that	16.1	9.5	8.0	13.2	8.1	5.7	13.3	10.4	8.1
I get that sometimes	73.4	76.7	74.6	68.5	65.2	62.7	50.2	46.3	48.0
I get that every time I ask for it	3.4	4.7	5.5	5.5	6.9	10.4	8.2	9.9	8.8
I can take it when I want it	5.8	6.7	10.4	12.2	18.7	20.0	27.5	32.7	33.9
Missing (no data supplied)	1.3	2.3	1.5	0.6	1.1	1.2	0.8	0.6	1.1
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

**Table 127: Do you get coke or other soft drinks from your parents if you ask them?
By age group and social class for boys (%)**

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, I never get that	16.3	8.8	7.1	11.6	7.7	5.5	11.8	10.1	8.5
I get that sometimes	74.1	78.8	79.6	70.2	66.3	66.3	52.8	46.1	52.7
I get that every time I ask for it	4.2	4.2	2.0	6.1	7.2	9.0	8.9	10.3	7.8
I can take it when I want it	4.6	5.3	9.2	11.6	17.3	17.3	25.4	32.7	30.4
Missing (no data supplied)	0.8	2.8	2.0	0.6	1.5	1.9	1.0	0.8	0.7
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

**Table 128: Do you get coke or other soft drinks from your parents if you ask them?
By age group and social class for girls (%)**

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, I never get that	15.9	10.2	8.7	14.7	8.4	5.9	14.8	10.7	7.7
I get that sometimes	72.6	74.8	69.9	67.0	63.9	59.2	47.6	46.5	43.2
I get that every time I ask for it	2.6	5.1	8.7	4.9	6.6	11.7	7.5	9.4	10.0
I can take it when I want it	7.0	8.0	11.7	12.7	20.3	22.9	29.6	33.0	37.6
Missing (no data supplied)	1.9	1.9	1.0	0.7	0.8	0.3	0.6	0.4	1.5
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Get sweets or chocolates from parents if ask

**Table 129: Do you get sweets or chocolates from your parents if you ask them?
By gender (%)**

	Boys	Girls
No, I never get that	4.3	3.1
I get that sometimes	61.3	56.9
I get that every time I ask for it	10.2	11.4
I can take it when I want it	21.5	25.9
Missing (no data supplied)	2.6	2.7
<i>n</i> (sample size)	6,487	6,069

**Table 130: Do you get sweets or chocolates from your parents if you ask them?
By age group (%)**

	10-11	12-14	15-17
No, I never get that	4.0	3.3	4.2
I get that sometimes	77.7	65.4	46.2
I get that every time I ask for it	7.1	10.9	12.4
I can take it when I want it	8.1	18.8	35.9
Missing (no data supplied)	3.2	1.7	1.3
<i>n</i> (sample size)	1,613	6,088	4,499

**Table 131: Do you get sweets or chocolates from your parents if you ask them?
By social class (%)**

	SC1-2	SC3-4	SC5-6
No, I never get that	4.3	3.1	3.2
I get that sometimes	62.9	59.2	57.0
I get that every time I ask for it	9.7	11.4	11.4
I can take it when I want it	21.8	24.3	26.2
Missing (no data supplied)	1.3	1.9	2.1
<i>n</i> (sample size)	4,537	4,363	1,520

**Table 132: Do you get sweets or chocolates from your parents if you ask them?
By gender and age group (%)**

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
No, I never get that	3.9	4.1	3.8	2.8	5.1	3.1
I get that sometimes	80.4	75.1	67.6	63.3	48.4	43.8
I get that every time I ask for it	5.5	8.5	10.5	11.3	11.7	13.2
I can take it when I want it	7.3	9.0	16.4	21.3	33.3	38.9
Missing (no data supplied)	2.9	3.4	1.7	1.4	1.6	1.0
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

**Table 133: Do you get sweets or chocolates from your parents if you ask them?
By gender and social class (%)**

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
No, I never get that	4.9	3.8	3.6	2.7	3.7	2.8
I get that sometimes	65.5	60.3	61.0	57.2	61.7	52.4
I get that every time I ask for it	9.3	10.0	10.8	12.1	9.2	13.6
I can take it when I want it	19.3	24.3	22.6	26.4	23.3	29.2
Missing (no data supplied)	1.0	1.6	2.1	1.7	2.1	2.0
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

**Table 134: Do you get sweets or chocolates from your parents if you ask them?
By age group and social class (%)**

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, I never get that	4.1	4.0	3.5	3.9	2.3	3.0	4.6	3.9	3.6
I get that sometimes	81.2	78.4	77.6	70.8	65.3	60.9	49.1	43.8	46.4
I get that every time I ask for it	5.4	8.0	7.5	9.3	10.7	12.7	11.5	13.9	11.2
I can take it when I want it	6.8	7.2	10.4	15.2	20.2	22.1	34.0	37.5	37.2
Missing (no data supplied)	2.4	2.3	1.0	.7	1.6	1.2	.8	1.0	1.6
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

**Table 135: Do you get sweets or chocolates from your parents if you ask them?
By age group and social class for boys (%)**

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, I never get that	3.4	4.2	3.1	4.5	2.6	3.6	5.6	4.7	4.2
I get that sometimes	85.9	80.6	81.6	72.8	67.7	65.8	51.6	45.3	51.2
I get that every time I ask for it	4.2	6.0	4.1	9.0	10.5	10.4	11.3	12.8	9.5
I can take it when I want it	5.3	7.1	10.2	13.0	17.3	18.6	30.4	36.1	33.2
Missing (no data supplied)	1.1	2.1	1.0	0.7	1.9	1.6	1.1	1.2	1.8
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

**Table 136: Do you get sweets or chocolates from your parents if you ask them?
By age group and social class for girls (%)**

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, I never get that	4.8	3.8	3.9	3.3	2.1	2.5	3.6	2.9	3.0
I get that sometimes	76.7	76.4	73.8	68.9	62.6	56.1	46.5	41.8	41.3
I get that every time I ask for it	6.7	9.9	10.7	9.6	10.9	15.1	11.8	15.2	12.9
I can take it when I want it	8.1	7.3	10.7	17.4	23.3	25.7	37.5	39.3	41.3
Missing (no data supplied)	3.7	2.5	1.0	0.8	1.1	0.6	0.5	0.7	1.5
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Get biscuits or pastries from parents if ask

**Table 137: Do you get biscuits or pastries from your parents if you ask them?
By gender (%)**

	Boys	Girls
No, I never get that	8.2	6.2
I get that sometimes	49.5	48.2
I get that every time I ask for it	12.6	11.9
I can take it when I want it	25.8	29.3
Missing (no data supplied)	3.9	4.4
<i>n</i> (sample size)	6,487	6,069

**Table 138: Do you get biscuits or pastries from your parents if you ask them?
By age group (%)**

	10-11	12-14	15-17
No, I never get that	8.6	7.8	6.2
I get that sometimes	62.9	54.1	39.1
I get that every time I ask for it	10.6	12.8	12.8
I can take it when I want it	12.2	22.7	40.0
Missing (no data supplied)	5.8	2.6	1.9
<i>n</i> (sample size)	1,613	6,088	4,499

**Table 139: Do you get biscuits or pastries from your parents if you ask them?
By social class (%)**

	SC1-2	SC3-4	SC5-6
No, I never get that	7.2	6.8	7.0
I get that sometimes	52.8	49.2	46.0
I get that every time I ask for it	11.3	12.7	12.8
I can take it when I want it	26.1	28.1	30.8
Missing (no data supplied)	2.6	3.2	3.4
<i>n</i> (sample size)	4,537	4,363	1,520

**Table 140: Do you get biscuits or pastries from your parents if you ask them?
By gender and age group (%)**

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
No, I never get that	10.2	7.0	8.5	6.9	7.3	5.0
I get that sometimes	62.6	63.3	55.2	53.0	39.4	38.6
I get that every time I ask for it	9.9	11.2	13.1	12.6	13.4	12.2
I can take it when I want it	11.9	12.4	20.3	25.3	38.2	42.2
Missing (no data supplied)	5.4	6.1	2.8	2.2	1.8	2.1
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

**Table 141: Do you get biscuits or pastries from your parents if you ask them?
By gender and social class (%)**

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
No, I never get that	8.2	6.3	7.6	6.0	7.9	6.2
I get that sometimes	53.4	52.3	49.7	48.6	48.6	43.4
I get that every time I ask for it	12.0	10.6	13.1	12.4	12.6	12.8
I can take it when I want it	24.3	27.8	26.4	30.1	28.6	33.2
Missing (no data supplied)	2.2	3.1	3.3	2.9	2.4	4.4
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

**Table 142: Do you get biscuits or pastries from your parents if you ask them?
By age group and social class (%)**

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, I never get that	8.1	8.4	9.0	7.9	7.1	7.7	6.2	5.9	5.8
I get that sometimes	66.0	65.3	65.2	59.8	52.8	49.4	42.0	38.8	35.9
I get that every time I ask for it	8.4	11.6	12.4	11.6	12.9	14.4	12.1	13.3	11.4
I can take it when I want it	12.6	10.6	11.4	19.1	24.9	26.2	38.3	40.5	44.2
Missing (no data supplied)	4.9	4.2	2.0	1.6	2.4	2.2	1.4	1.4	2.7
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

**Table 143: Do you get biscuits or pastries from your parents if you ask them?
By age group and social class for boys (%)**

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, I never get that	8.0	10.2	11.2	9.6	7.4	7.1	6.7	7.0	8.1
I get that sometimes	65.8	65.0	68.4	60.3	54.5	51.2	42.8	38.0	39.2
I get that every time I ask for it	11.4	8.8	8.2	11.6	13.5	14.8	12.8	14.0	11.7
I can take it when I want it	12.2	10.6	11.2	16.8	21.8	24.4	36.1	39.5	39.6
Missing (no data supplied)	2.7	5.3	1.0	1.7	2.8	2.5	1.6	1.6	1.4
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

**Table 144: Do you get biscuits or pastries from your parents if you ask them?
By age group and social class for girls (%)**

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, I never get that	8.1	6.7	6.8	6.1	6.6	8.4	5.8	4.7	3.3
I get that sometimes	66.3	65.6	62.1	59.4	51.0	47.8	41.2	39.3	32.5
I get that every time I ask for it	5.6	14.0	16.5	11.6	12.3	14.0	11.4	12.6	11.1
I can take it when I want it	13.0	10.5	11.7	21.4	28.2	28.2	40.4	42.1	49.1
Missing (no data supplied)	7.0	3.2	2.9	1.5	1.8	1.7	1.3	1.3	4.1
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Get crisps from parents if ask

Table 145: Do you get crisps from your parents if you ask them? By gender (%)

	Boys	Girls
No, I never get that	9.4	7.7
I get that sometimes	53.1	50.2
I get that every time I ask for it	10.2	10.3
I can take it when I want it	24.2	28.3
Missing (no data supplied)	3.1	3.6
<i>n</i> (sample size)	6,487	6,069

Table 146: Do you get crisps from your parents if you ask them? By age group (%)

	10-11	12-14	15-17
No, I never get that	8.1	8.2	9.2
I get that sometimes	67.6	57.3	40.7
I get that every time I ask for it	9.4	10.6	10.4
I can take it when I want it	10.4	21.9	38.1
Missing (no data supplied)	4.6	2.0	1.5
<i>n</i> (sample size)	1,613	6,088	4,499

Table 147: Do you get crisps from your parents if you ask them? By social class (%)

	SC1-2	SC3-4	SC5-6
No, I never get that	9.8	8.1	7.2
I get that sometimes	55.2	51.5	50.5
I get that every time I ask for it	9.7	10.4	10.4
I can take it when I want it	23.5	27.5	29.1
Missing (no data supplied)	1.7	2.5	2.9
<i>n</i> (sample size)	4,537	4,363	1,520

Table 148: Do you get crisps from your parents if you ask them? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
No, I never get that	8.5	7.6	8.8	7.5	10.4	8.0
I get that sometimes	69.3	66.2	58.7	56.0	42.4	38.7
I get that every time I ask for it	8.8	9.8	10.4	10.8	10.5	10.3
I can take it when I want it	9.0	11.7	20.0	23.9	35.2	41.5
Missing (no data supplied)	4.4	4.7	2.0	1.8	1.5	1.5
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 149: Do you get crisps from your parents if you ask them? By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
No, I never get that	10.1	9.6	9.4	6.6	7.5	6.9
I get that sometimes	57.2	53.3	51.9	51.0	54.5	46.4
I get that every time I ask for it	10.0	9.4	10.2	10.7	9.9	10.8
I can take it when I want it	21.4	25.7	25.8	29.5	25.9	32.4
Missing (no data supplied)	1.3	2.1	2.6	2.2	2.2	3.4
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 150: Do you get crisps from your parents if you ask them? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, I never get that	9.8	7.5	8.0	9.5	7.6	6.4	10.1	9.1	7.9
I get that sometimes	70.2	70.9	64.7	61.9	56.5	55.4	44.0	37.9	40.3
I get that every time I ask for it	7.5	8.2	13.9	10.2	10.6	9.9	10.1	11.2	10.1
I can take it when I want it	9.4	9.7	10.9	17.3	23.7	26.4	35.2	40.5	39.9
Missing (no data supplied)	3.2	3.7	2.5	1.0	1.6	1.9	0.7	1.2	1.8
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 151: Do you get crisps from your parents if you ask them? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, I never get that	9.9	8.1	8.2	9.8	9.0	5.8	10.4	10.6	9.2
I get that sometimes	73.8	72.4	63.3	63.6	57.0	59.5	45.7	38.4	45.9
I get that every time I ask for it	6.8	6.7	15.3	10.2	10.5	9.3	10.8	11.0	9.2
I can take it when I want it	7.6	7.8	11.2	15.5	21.7	23.3	32.3	38.6	34.6
Missing (no data supplied)	1.9	4.9	2.0	0.9	1.9	2.2	0.8	1.4	1.1
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 152: Do you get crisps from your parents if you ask them for them? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, I never get that	9.6	7.0	7.8	9.2	6.1	7.0	9.8	7.3	6.6
I get that sometimes	66.7	69.4	66.0	60.2	56.0	51.4	42.1	37.0	34.3
I get that every time I ask for it	8.1	9.6	12.6	10.2	10.7	10.6	9.3	11.6	11.1
I can take it when I want it	11.1	11.5	10.7	19.2	25.9	29.6	38.2	43.1	45.4
Missing (no data supplied)	4.4	2.5	2.9	1.2	1.2	1.4	0.6	1.0	2.6
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

There are rules at meal times that we are expected to follow

Table 153: How much do you agree or disagree with the following: In my family, there are rules at meal times that we are expected to follow. By gender (%)

	Boys	Girls
Strongly agree	8.8	8.4
Agree	52.7	49.2
Disagree	28.0	32.9
Strongly disagree	8.4	7.4
Missing (no data supplied)	2.1	2.1
<i>n</i> (sample size)	6,487	6,069

Table 154: How much do you agree or disagree with the following: In my family, there are rules at meal times that we are expected to follow. By age group (%)

	10-11	12-14	15-17
Strongly agree	13.6	8.8	6.6
Agree	61.3	53.4	44.3
Disagree	17.7	28.9	37.5
Strongly disagree	4.3	6.7	10.6
Missing (no data supplied)	3.2	2.2	1.0
<i>n</i> (sample size)	1,613	6,088	4,499

Table 155: How much do you agree or disagree with the following: In my family, there are rules at meal times that we are expected to follow. By social class (%)

	SC1-2	SC3-4	SC5-6
Strongly agree	9.1	7.9	8.6
Agree	54.9	51.0	47.9
Disagree	28.7	31.7	33.0
Strongly disagree	6.1	7.9	9.5
Missing (no data supplied)	1.2	1.5	1.1
<i>n</i> (sample size)	4,537	4,363	1,520

Table 156: How much do you agree or disagree with the following: In my family, there are rules at meal times that we are expected to follow. By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Strongly agree	13.8	13.1	8.9	8.5	6.9	6.4
Agree	63.1	59.6	55.6	51.2	45.7	42.9
Disagree	15.9	19.4	25.9	32.2	35.3	39.9
Strongly disagree	4.0	4.7	7.5	5.9	10.8	10.3
Missing (no data supplied)	3.1	3.2	2.1	2.3	1.4	0.6
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 157: How much do you agree or disagree with the following: In my family, there are rules at meal times that we are expected to follow. By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Strongly agree	9.7	8.5	7.6	8.1	9.3	7.8
Agree	56.7	53.3	53.5	48.6	47.9	47.6
Disagree	26.7	30.8	29.4	34.2	31.1	35.1
Strongly disagree	5.8	6.3	8.3	7.4	10.1	8.9
Missing (no data supplied)	1.1	1.2	1.2	1.8	1.6	0.7
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 158: How much do you agree or disagree with the following: In my family, there are rules at meal times that we are expected to follow. By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Strongly agree	12.6	14.1	14.4	9.9	7.1	9.0	6.9	6.4	6.0
Agree	67.2	60.0	61.7	57.1	53.7	49.4	49.1	43.2	40.3
Disagree	14.3	19.3	18.4	27.1	30.3	31.8	34.9	39.4	41.2
Strongly disagree	3.8	4.5	4.0	4.7	6.9	8.8	8.2	10.7	11.6
Missing (no data supplied)	2.3	2.2	1.5	1.1	2.0	1.0	0.9	0.4	1.1
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 159: How much do you agree or disagree with the following: In my family, there are rules at meal times that we are expected to follow. By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Strongly agree	11.4	14.1	17.3	10.9	7.0	10.1	7.7	6.1	5.7
Agree	69.2	62.9	59.2	58.6	57.6	50.7	50.6	44.1	40.6
Disagree	15.6	16.3	16.3	24.8	26.5	28.5	32.1	38.6	40.3
Strongly disagree	2.7	4.6	5.1	4.7	7.6	9.3	8.1	10.7	12.0
Missing (no data supplied)	1.1	2.1	2.0	0.9	1.3	1.4	1.4	0.5	1.4
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 160: How much do you agree or disagree with the following: In my family, there are rules at meal times that we are expected to follow. By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Strongly agree	13.7	14.0	11.7	8.9	7.2	7.8	6.1	6.6	6.3
Agree	65.2	57.3	64.1	55.7	49.9	48.0	47.4	42.1	39.9
Disagree	13.0	22.0	20.4	29.4	34.2	35.2	37.9	40.5	42.1
Strongly disagree	4.8	4.5	2.9	4.7	6.2	8.4	8.2	10.6	11.1
Missing (no data supplied)	3.3	2.2	1.0	1.3	2.6	0.6	0.3	0.3	0.7
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

It is OK for a child to have something else to eat if he/she doesn't like the food being served

Table 161: How much do you agree or disagree with the following: In my family, it is OK for a child to have something else to eat if he/she doesn't like the food being served. By gender (%)

	Boys	Girls
Strongly agree	14.6	15.9
Agree	44.1	48.0
Disagree	28.1	25.0
Strongly disagree	6.4	6.2
Missing (no data supplied)	6.9	4.9
<i>n</i> (sample size)	6,487	6,069

Table 162: How much do you agree or disagree with the following: In my family, it is OK for a child to have something else to eat if he/she doesn't like the food being served. By age group (%)

	10-11	12-14	15-17
Strongly agree	14.6	15.2	15.6
Agree	40.4	45.6	49.4
Disagree	29.1	27.5	24.7
Strongly disagree	12.6	7.5	2.5
Missing (no data supplied)	3.3	4.2	7.8
<i>n</i> (sample size)	1,613	6,088	4,499

Table 163: How much do you agree or disagree with the following: In my family, it is OK for a child to have something else to eat if he/she doesn't like the food being served. By social class (%)

	SC1-2	SC3-4	SC5-6
Strongly agree	12.9	16.3	17.3
Agree	47.0	45.6	46.5
Disagree	28.7	27.4	24.3
Strongly disagree	6.2	6.3	6.1
Missing (no data supplied)	5.2	4.4	5.8
<i>n</i> (sample size)	4,537	4,363	1,520

Table 164: How much do you agree or disagree with the following: In my family, it is OK for a child to have something else to eat if he/she doesn't like the food being served. By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Strongly agree	14.1	15.0	15.2	15.2	13.9	17.5
Agree	39.4	41.4	43.5	47.9	47.6	51.4
Disagree	29.9	28.5	29.0	26.0	26.2	22.9
Strongly disagree	13.3	11.9	7.9	7.1	2.3	2.8
Missing (no data supplied)	3.4	3.2	4.5	3.7	9.9	5.4
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 165: How much do you agree or disagree with the following: In my family, it is OK for a child to have something else to eat if he/she doesn't like the food being served. By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Strongly agree	13.3	12.7	14.9	17.7	16.1	18.5
Agree	44.2	49.6	44.0	47.7	45.3	47.8
Disagree	30.0	27.4	29.5	25.0	26.3	22.4
Strongly disagree	6.7	5.6	6.4	6.1	5.0	7.1
Missing (no data supplied)	5.7	4.6	5.2	3.5	7.4	4.2
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 166: How much do you agree or disagree with the following: In my family, it is OK for a child to have something else to eat if he/she doesn't like the food being served. By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Strongly agree	10.3	14.9	18.4	13.2	15.5	17.0	13.7	17.5	17.7
Agree	41.8	40.5	42.3	45.3	45.8	48.1	50.6	48.3	45.8
Disagree	31.9	29.6	26.4	29.9	28.5	24.9	26.4	24.9	23.3
Strongly disagree	13.5	13.1	10.4	7.6	6.9	6.9	2.5	2.6	3.6
Missing (no data supplied)	2.4	1.8	2.5	4.1	3.3	3.2	6.8	6.7	9.6
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 167: How much do you agree or disagree with the following: In my family, it is OK for a child to have something else to eat if he/she doesn't like the food being served. By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Strongly agree	9.9	14.8	18.4	13.8	15.1	15.9	13.9	14.1	15.5
Agree	42.2	36.7	40.8	42.7	43.2	47.4	47.0	48.8	43.5
Disagree	31.6	31.1	28.6	30.9	31.2	26.8	27.9	26.3	25.4
Strongly disagree	14.4	15.2	9.2	8.0	7.4	6.3	3.1	1.9	2.1
Missing (no data supplied)	1.9	2.1	3.1	4.6	3.2	3.6	8.0	8.9	13.4
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 168: How much do you agree or disagree with the following: In my family, it is OK for a child to have something else to eat if he/she doesn't like the food being served. By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Strongly agree	10.7	15.0	18.4	12.5	16.0	18.2	13.5	21.4	19.9
Agree	41.5	43.9	43.7	47.8	48.8	48.9	54.2	48.1	48.3
Disagree	32.2	28.3	24.3	29.1	25.6	22.9	24.9	22.9	21.0
Strongly disagree	12.6	11.1	11.7	7.1	6.4	7.3	1.8	3.4	5.2
Missing (no data supplied)	3.0	1.6	1.9	3.5	3.2	2.8	5.6	4.3	5.5
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Manners are important at the dinner table

Table 169: How much do you agree or disagree with the following: In my family, manners are important at the dinner table. By gender (%)

	Boys	Girls
Strongly agree	28.5	28.8
Agree	55.3	55.6
Disagree	10.3	11.2
Strongly disagree	2.9	1.6
Missing (no data supplied)	3.1	2.9
<i>n</i> (sample size)	6,487	6,069

Table 170: How much do you agree or disagree with the following: In my family, manners are important at the dinner table. By age group (%)

	10-11	12-14	15-17
Strongly agree	38.7	29.9	23.8
Agree	48.7	55.4	59.0
Disagree	6.8	10.2	13.1
Strongly disagree	1.9	2.0	2.6
Missing (no data supplied)	3.9	2.5	1.4
<i>n</i> (sample size)	1,613	6,088	4,499

Table 171: How much do you agree or disagree with the following: In my family, manners are important at the dinner table. By social class (%)

	SC1-2	SC3-4	SC5-6
Strongly agree	29.9	28.7	28.9
Agree	57.2	56.9	54.1
Disagree	9.6	10.6	12.2
Strongly disagree	1.7	1.9	2.8
Missing (no data supplied)	1.7	1.9	1.9
<i>n</i> (sample size)	4,537	4,363	1,520

Table 172: How much do you agree or disagree with the following: In my family, manners are important at the dinner table. By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Strongly agree	40.4	37.2	29.7	30.2	23.4	24.4
Agree	48.7	48.6	55.1	56.0	58.9	59.1
Disagree	4.5	9.1	10.0	10.3	12.7	13.6
Strongly disagree	2.1	1.5	2.7	1.3	3.3	1.9
Missing (no data supplied)	4.3	3.6	2.6	2.2	1.6	1.0
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 173: How much do you agree or disagree with the following: In my family, manners are important at the dinner table. By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Strongly agree	28.8	31.0	29.3	28.1	28.0	29.8
Agree	58.2	56.0	56.5	57.4	54.3	53.8
Disagree	9.3	10.0	9.8	11.4	12.2	12.3
Strongly disagree	1.9	1.4	2.6	1.1	3.4	2.2
Missing (no data supplied)	1.8	1.7	1.7	1.9	2.0	1.9
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 174: How much do you agree or disagree with the following: In my family, manners are important at the dinner table. By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Strongly agree	39.4	39.9	36.8	31.9	30.1	28.2	25.0	22.2	27.1
Agree	48.8	49.9	52.7	56.4	56.3	54.4	60.8	61.0	55.4
Disagree	7.5	5.9	6.5	8.9	10.0	13.0	11.3	13.7	13.9
Strongly disagree	1.5	1.5	2.0	1.3	1.7	2.9	2.1	2.3	2.7
Missing (no data supplied)	2.8	2.8	2.0	1.5	1.9	1.5	0.9	0.8	0.9
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 175: How much do you agree or disagree with the following: In my family, manners are important at the dinner table. By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Strongly agree	37.6	43.8	39.8	30.9	30.5	27.9	24.0	22.4	24.0
Agree	51.7	48.8	49.0	56.8	55.9	54.8	61.9	60.4	56.2
Disagree	6.8	1.8	6.1	9.0	9.6	11.8	10.4	13.1	15.5
Strongly disagree	1.5	1.4	3.1	1.3	2.5	3.6	2.7	3.2	2.8
Missing (no data supplied)	2.3	4.2	2.0	2.0	1.5	1.9	1.1	0.9	1.4
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 176: How much do you agree or disagree with the following: In my family, manners are important at the dinner table. By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Strongly agree	41.1	36.3	34.0	32.9	29.6	28.5	26.1	21.8	30.3
Agree	45.9	51.0	56.3	55.9	56.9	53.9	59.5	61.9	54.6
Disagree	8.1	9.6	6.8	8.8	10.4	14.2	12.3	14.4	12.2
Strongly disagree	1.5	1.6	1.0	1.3	0.9	2.2	1.5	1.3	2.6
Missing (no data supplied)	3.3	1.6	1.9	1.0	2.2	1.1	0.7	0.6	0.4
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

We don't have to eat all meals at the kitchen or dining room table

Table 177: How much do you agree or disagree with the following: In my family, we don't have to eat all meals at the kitchen or dining room table. By gender (%)

	Boys	Girls
Strongly agree	11.7	10.0
Agree	41.8	41.1
Disagree	28.7	30.2
Strongly disagree	14.3	15.5
Missing (no data supplied)	3.4	3.3
<i>n</i> (sample size)	6,487	6,069

Table 178: How much do you agree or disagree with the following: In my family, we don't have to eat all meals at the kitchen or dining room table. By age group (%)

	10-11	12-14	15-17
Strongly agree	9.7	10.4	12.0
Agree	36.7	40.1	45.8
Disagree	30.8	31.3	27.3
Strongly disagree	18.0	15.5	13.4
Missing (no data supplied)	4.7	2.7	1.4
<i>n</i> (sample size)	1,613	6,088	4,499

Table 179: How much do you agree or disagree with the following: In my family, we don't have to eat all meals at the kitchen or dining room table. By social class (%)

	SC1-2	SC3-4	SC5-6
Strongly agree	8.9	10.8	14.2
Agree	40.3	42.4	43.9
Disagree	32.6	29.6	27.4
Strongly disagree	16.1	15.0	12.3
Missing (no data supplied)	2.0	2.2	2.2
<i>n</i> (sample size)	4,537	4,363	1,520

Table 180: How much do you agree or disagree with the following: In my family, we don't have to eat all meals at the kitchen or dining room table. By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Strongly agree	10.8	8.7	11.2	9.5	12.8	11.2
Agree	39.3	34.2	40.0	40.2	45.8	45.8
Disagree	29.0	32.6	31.0	31.6	26.5	28.2
Strongly disagree	16.8	19.3	14.8	16.4	13.1	13.7
Missing (no data supplied)	4.1	5.3	3.0	2.3	1.7	1.0
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 181: How much do you agree or disagree with the following: In my family, we don't have to eat all meals at the kitchen or dining room table. By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Strongly agree	9.9	7.9	11.5	9.9	14.9	13.6
Agree	41.7	39.0	42.9	41.8	44.3	43.5
Disagree	31.6	33.7	29.0	30.2	26.8	27.6
Strongly disagree	15.0	17.3	14.6	15.7	12.1	12.6
Missing (no data supplied)	1.9	2.1	2.0	2.3	1.8	2.6
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 182: How much do you agree or disagree with the following: In my family, we don't have to eat all meals at the kitchen or dining room table. By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Strongly agree	8.6	9.4	10.4	7.6	10.7	13.8	10.6	11.4	15.9
Agree	34.1	38.0	43.3	38.7	40.6	43.2	44.1	47.0	45.7
Disagree	35.5	30.5	30.8	34.0	31.5	28.7	30.6	26.8	24.7
Strongly disagree	18.4	18.8	11.9	18.1	15.1	12.2	13.5	14.0	13.2
Missing (no data supplied)	3.4	3.4	3.5	1.6	2.1	2.1	1.1	0.9	0.5
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 183: How much do you agree or disagree with the following: In my family, we don't have to eat all meals at the kitchen or dining room table. By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Strongly agree	9.1	9.5	13.3	8.2	11.9	14.8	12.2	11.8	15.2
Agree	37.6	42.8	40.8	40.7	39.2	43.8	43.6	48.4	46.3
Disagree	36.9	26.5	32.7	32.2	32.5	27.9	29.7	25.4	24.0
Strongly disagree	14.4	18.4	11.2	17.0	14.6	11.2	13.0	13.5	13.8
Missing (no data supplied)	1.9	2.8	2.0	1.8	1.8	2.2	1.6	1.0	0.7
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 184: How much do you agree or disagree with the following: In my family, we don't have to eat all meals at the kitchen or dining room table. By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Strongly agree	8.1	9.2	7.8	6.8	9.5	12.8	9.1	10.9	16.6
Agree	30.7	33.8	45.6	36.8	42.1	42.7	44.6	45.6	45.0
Disagree	34.1	34.1	29.1	35.7	30.5	29.3	31.6	28.2	25.5
Strongly disagree	22.2	19.1	12.6	19.3	15.7	13.1	14.0	14.7	12.5
Missing (no data supplied)	4.8	3.8	4.9	1.4	2.3	2.0	0.7	0.7	0.4
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Going to school or to bed hungry because there is not enough food at home

Table 185: How often do you go to school or to bed hungry because there is not enough food at home? By gender (%)

	Boys	Girls
Always	1.4	1.1
Often	2.5	2.2
Sometimes	18.2	15.7
Never	76.0	79.3
Missing (no data supplied)	1.9	1.8
<i>n</i> (sample size)	6,487	6,069

Table 186: How often do you go to school or to bed hungry because there is not enough food at home? By age group (%)

	10-11	12-14	15-17
Always	1.2	1.0	1.5
Often	2.2	2.3	2.5
Sometimes	22.6	17.2	15.0
Never	71.0	78.1	80.1
Missing (no data supplied)	2.9	1.4	1.0
<i>n</i> (sample size)	1,613	6,088	4,499

Table 187: How often do you go to school or to bed hungry because there is not enough food at home? By social class (%)

	SC1-2	SC3-4	SC5-6
Always	1.0	.8	1.4
Often	1.8	2.6	2.7
Sometimes	16.3	16.6	18.1
Never	79.8	78.9	76.6
Missing (no data supplied)	1.2	1.1	1.3
<i>n</i> (sample size)	4,537	4,363	1,520

Table 188: How often do you go to school or to bed hungry because there is not enough food at home? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Always	1.1	1.2	1.0	0.9	1.8	1.1
Often	2.6	1.8	2.2	2.3	2.5	2.4
Sometimes	24.0	21.4	18.9	15.4	15.8	14.1
Never	69.4	72.6	76.3	80.2	78.8	81.6
Missing (no data supplied)	2.9	2.9	1.6	1.2	1.1	0.8
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 189: How often do you go to school or to bed hungry because there is not enough food at home? By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Always	1.2	0.8	0.5	1.0	1.6	1.2
Often	1.9	1.6	2.2	3.0	3.0	2.4
Sometimes	17.3	15.2	18.3	14.8	19.1	17.2
Never	78.4	81.2	78.0	80.1	74.7	78.3
Missing (no data supplied)	1.1	1.2	1.0	1.1	1.6	0.9
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 190: How often do you go to school or to bed hungry because there is not enough food at home? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Always	1.1	0.5	1.0	0.6	0.8	1.5	1.3	1.0	1.4
Often	2.6	1.8	2.0	1.5	2.5	2.6	1.9	2.9	3.2
Sometimes	24.4	21.3	19.4	16.8	17.0	17.5	13.4	14.3	19.0
Never	68.9	74.9	74.6	80.3	78.6	77.5	82.7	81.2	75.8
Missing (no data supplied)	3.0	1.5	3.0	0.8	1.1	0.8	0.7	0.6	0.5
<i>n</i> (sample size)	533	597	201	2,113	2,196	724	1,779	1,460	554

Table 191: How often do you go to school or to bed hungry because there is not enough food at home? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Always	0.8	0.4	2.0	0.8	0.4	1.4	1.7	0.8	1.8
Often	3.4	1.8	2.0	1.5	1.9	2.7	2.1	2.3	3.9
Sometimes	23.2	24.0	21.4	18.0	19.4	19.2	14.9	15.1	18.4
Never	70.0	72.4	70.4	78.9	77.3	75.3	80.5	81.0	75.6
Missing (no data supplied)	2.7	1.4	4.1	0.9	1.1	1.4	0.8	0.8	0.4
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 192: How often do you go to school or to bed hungry because there is not enough food at home? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Always	1.5	0.6	–	0.4	1.0	1.7	1.0	1.2	1.1
Often	1.9	1.9	1.9	1.5	3.0	2.5	1.7	3.5	2.6
Sometimes	25.6	18.8	17.5	15.7	14.5	15.9	11.7	13.5	19.6
Never	67.8	77.1	78.6	81.7	80.2	79.6	85.0	81.4	76.0
Missing (no data supplied)	3.3	1.6	1.9	0.8	1.2	0.3	0.6	0.4	0.7
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

Being on a diet or doing something else to lose weight

Table 193: At present, are you on a diet or doing something else to lose weight? By gender (%)

	Boys	Girls
No, my weight is fine	65.7	55.4
No, but I should lose some weight	15.1	21.8
No, because I need to put on weight	7.6	4.2
Yes	9.6	16.5
Missing (no data supplied)	2.0	2.2
<i>n</i> (sample size)	6,487	6,069

Table 194: At present, are you on a diet or doing something else to lose weight? By age group (%)

	10-11	12-14	15-17
No, my weight is fine	68.9	61.8	56.8
No, but I should lose some weight	13.8	18.3	20.4
No, because I need to put on weight	4.3	5.7	6.6
Yes	9.5	12.2	15.1
Missing (no data supplied)	3.6	1.9	1.1
<i>n</i> (sample size)	1,613	6,088	4,499

Table 195: At present, are you on a diet or doing something else to lose weight? By social class (%)

	SC1-2	SC3-4	SC5-6
No, my weight is fine	62.9	60.2	59.8
No, but I should lose some weight	17.7	19.0	19.4
No, because I need to put on weight	5.6	5.7	6.1
Yes	12.6	13.8	12.8
Missing (no data supplied)	1.2	1.3	1.8
<i>n</i> (sample size)	4,537	4,363	1,520

Table 196: At present, are you on a diet or doing something else to lose weight? By gender and age group (%)

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
No, my weight is fine	70.4	67.4	65.9	57.7	65.0	47.7
No, but I should lose some weight	12.7	14.7	15.8	20.9	15.0	26.4
No, because I need to put on weight	4.5	4.1	7.0	4.5	9.3	3.7
Yes	9.2	9.8	9.7	14.9	9.4	21.4
Missing (no data supplied)	3.3	3.9	1.6	2.0	1.3	0.8
<i>n</i> (sample size)	797	814	3,132	2,932	2,366	2,118

Table 197: At present, are you on a diet or doing something else to lose weight? By gender and social class (%)

	SC1-2		SC3-4		SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
No, my weight is fine	68.1	57.7	65.5	54.7	66.7	53.0
No, but I should lose some weight	14.3	21.2	15.1	23.1	16.8	22.1
No, because I need to put on weight	7.5	3.7	7.7	3.6	7.4	4.9
Yes	9.0	16.2	10.7	17.2	7.5	18.0
Missing (no data supplied)	1.1	1.2	1.1	1.5	1.6	2.0
<i>n</i> (sample size)	2,262	2,260	2,245	2,097	760	756

Table 198: At present, are you on a diet or doing something else to lose weight? By age group and social class (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, my weight is fine	70.5	68.7	75.6	65.3	61.3	58.6	58.3	55.2	55.6
No, but I should lose some weight	11.6	15.1	13.4	17.8	18.4	19.5	19.6	21.8	21.8
No, because I need to put on weight	4.5	3.5	4.0	5.1	5.5	7.2	6.3	6.6	6.0
Yes	9.4	10.7	5.5	11.1	13.3	12.8	15.2	15.9	14.8
Missing (no data supplied)	3.9	2.0	1.5	0.8	1.5	1.9	0.6	0.5	1.8
<i>n</i> (sample size)	533	597	2,01	2,113	2,196	724	1,779	1,460	554

Table 199: At present, are you on a diet or doing something else to lose weight? By age group and social class for boys (%)

BOYS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, my weight is fine	73.8	69.3	78.6	68.4	65.6	66.0	66.8	64.7	64.0
No, but I should lose some weight	11.0	14.5	10.2	15.8	15.1	16.7	13.5	15.4	18.7
No, because I need to put on weight	4.2	4.2	3.1	6.5	6.8	7.7	9.6	9.3	8.8
Yes	7.6	10.6	5.1	9.0	11.2	8.5	9.0	10.2	6.7
Missing (no data supplied)	3.4	1.4	3.1	0.3	1.4	1.1	1.1	0.4	1.8
<i>n</i> (sample size)	263	283	98	1,056	1,136	365	897	773	283

Table 200: At present, are you on a diet or doing something else to lose weight? By age group and social class for girls (%)

GIRLS	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
No, my weight is fine	67.4	68.2	72.8	62.2	56.7	51.1	49.7	44.4	46.9
No, but I should lose some weight	12.2	15.6	16.5	19.8	21.9	22.3	25.8	29.0	25.1
No, because I need to put on weight	4.8	2.9	4.9	3.7	4.0	6.7	3.0	3.5	3.0
Yes	11.1	10.8	5.8	13.1	15.7	17.3	21.4	22.4	23.2
Missing (no data supplied)	4.4	2.5	-	1.2	1.7	2.5	0.1	0.6	1.8
<i>n</i> (sample size)	270	314	103	1,053	1,053	358	879	682	271

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