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Population Health Health Promotion

Patterns of Attraction and Love in Irish Schoolchildren

INTRODUCTION

Adolescents who identify as Lesbian, Gay, or Bisexual, are at higher risk of various mental and physical health problems than their heterosexual peers.^{1,2} Sexual orientation comprises identity but also behaviour and romantic attraction, which may be divergent.³ Adolescent sexual minorities can be appropriately categorised based on romantic attraction.⁴

OBJECTIVE

This study examined the overlap in reported attraction and love, as part of a pilot study for the 2018 Health Behaviour in School-aged Children (HBSC) study in Ireland.

METHODOLOGY

Students from fifth class to fifth year (n=239), from a non-probability sample of three primary and two post-primary schools, were asked: "Are you attracted to..." and "Have you ever been in love with...". Response options were: girl(s), boy(s), both girls and boys, I am not attracted yet to anyone/I have never been in love. Participants were categorised as attracted exclusively to opposite-gender (OGA), same-gender (SGA), both-gender (BGA) partners, or never attracted (NA). Similarly they were categorised into having been in love with the opposite-gender (OGL), same-gender (SGL), both-genders (BGL), or never in love (NL).

RESULTS

Rates of ever being in love were 57.4% (OGL), 1.7% (SGL) and 3.5% (BGL); 37.4% had never been in love. Rates of attraction were 80.9% (OGA), 1.7% (SGA) and 7% (BGL); 10.4% had not experienced attraction. Love and attraction were significantly associated with each other: $\chi^2(9) = 144.56$, p<0.001, effect size Cramer's V=0.46.

	OGA n (%) n (%)	SGA n (%)	BGA n (%)	NA n (%)	Within Love n (%)
OGL	123 (93.2)	1 (0.8)	3 (2.3)	5 (3.8)	132 (57.4)
SGL	2 (50.0)	2 (50.0)	0 (0.0)	0 (0.0)	4 (1.7)
BGL	0 (0.0)	1 (12.5)	6 (75.0)	1 (12.5)	8 (3.5)
NL	61 (70.9)	0 (0.0)	7 (8.1)	18 (20.9)	86 (37.4)
Within Attraction	186 (80.9)	4 (1.7)	16 (7.0)	24 (10.4)	230 (100.0)

Table 1 - Correspondence of Attraction and Love

*For attraction columns, percentages are within the love categories; for love and attraction overall values, percentages are within that variable.

CONCLUSIONS

Findings mirror those from eight other European countries⁴ in pattern and extent, although the high rate of never being in love is more similar to English adolescents than other, continental countries.⁴ That more adolescents report attraction than love suggests that the two concepts diverge.⁵

REFERENCES

Available on request.

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