



HBSC IRELAND 2014 *NATIONAL REPORT LAUNCH*

December 2015



NUI Galway
OÉ Gaillimh



HPRC
Health Promotion Research Centre



An Roinn Sláinte
DEPARTMENT OF HEALTH

Tús Áite do
Shábháilteacht 1 Othar
Patient Safety 1 First



Presentation Outline



- Background
- Methodology
- Results
- Summary



- Collaborative study with WHO European Region
- Initiated in 4 countries
- 44 countries and regions in 2014
- Irish data collected over five cycles since 1994

Children's lives



Age
Gender
SES
Ethnicity

Contexts:

Family
School
Peers
Locality

Risk
behaviours:
Drinking, smoking...

Health
enhancing
behaviours:
Physical activity,
leisure activity...

Health
outcomes:
Well being
Life satisfaction
Self rated health
Symptoms

- Research protocol developed by the network
- International and national questions
- Self-administered questionnaires
- Response rates (230 schools / 13,611 children)

HBSC 2014 – what's new?



- New topics and items
 - Cyberbullying, first sexual intercourse (WHO/HBSC network)
- Additional questions around tobacco
 - Exposure, purchasing, packaging (F. Howell, DOH)
- Child developed questions
 - Comhairle na nÓg and Primary Schools (A. O'Donnell and team, DCYA)

RESULTS



Changes from 2010



Good news

Increase

Never drinking; fruit and vegetable consumption

Decrease

Ever smoked; current smoking; drunkenness; sweets and soft drink consumption; physical fight; bullying others

Not-so-good news

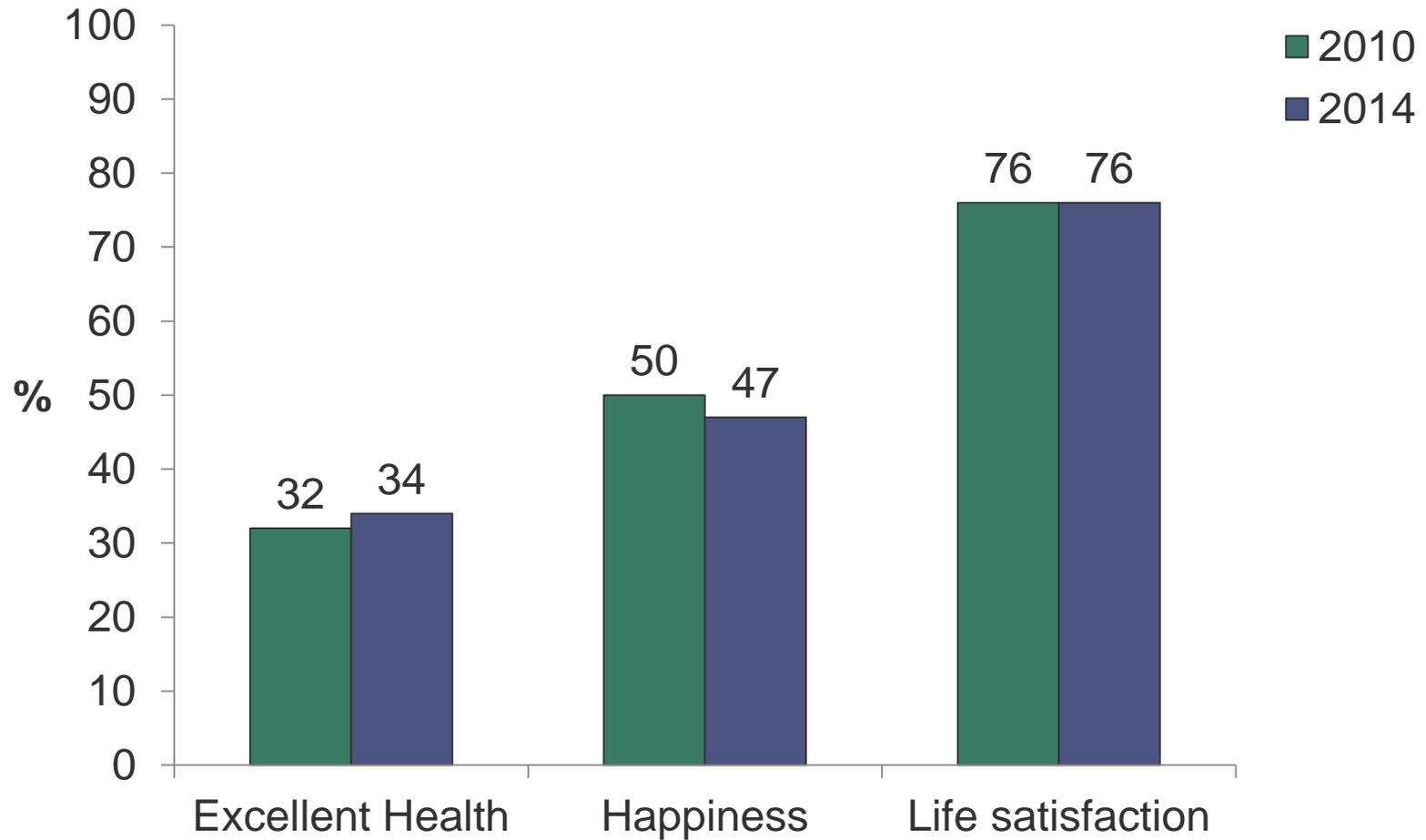
Increase

Ever injured

No change

Skipping breakfast; going to school or to bed hungry; physical activity

General Health and Wellbeing



Life Satisfaction



Figure 5: Percentages of boys who report high life satisfaction

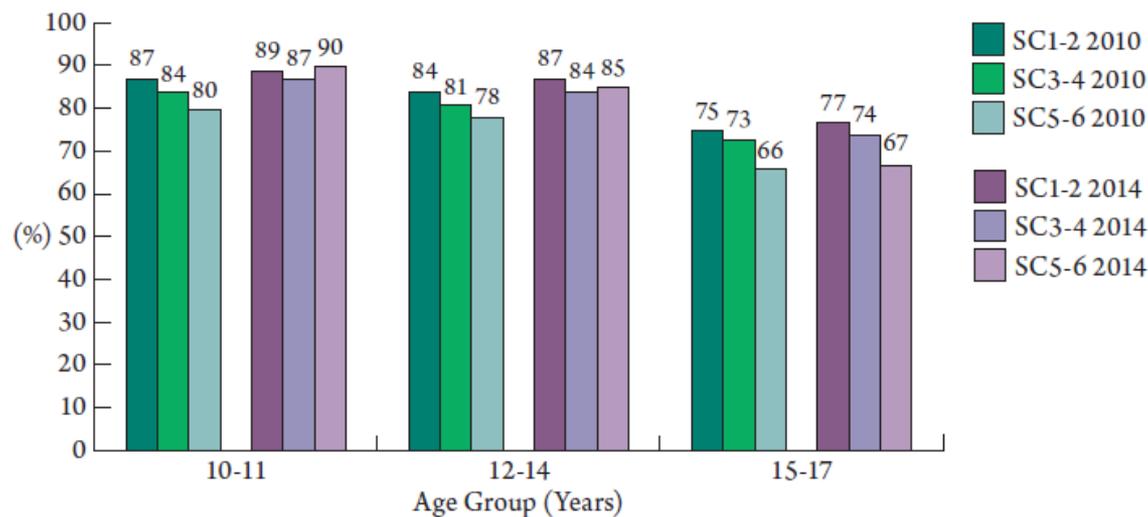
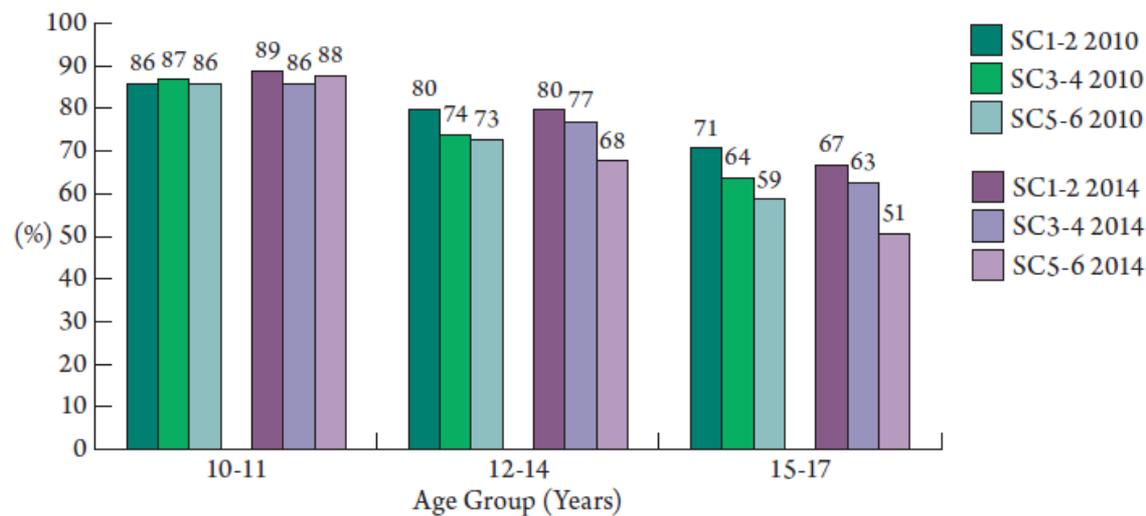
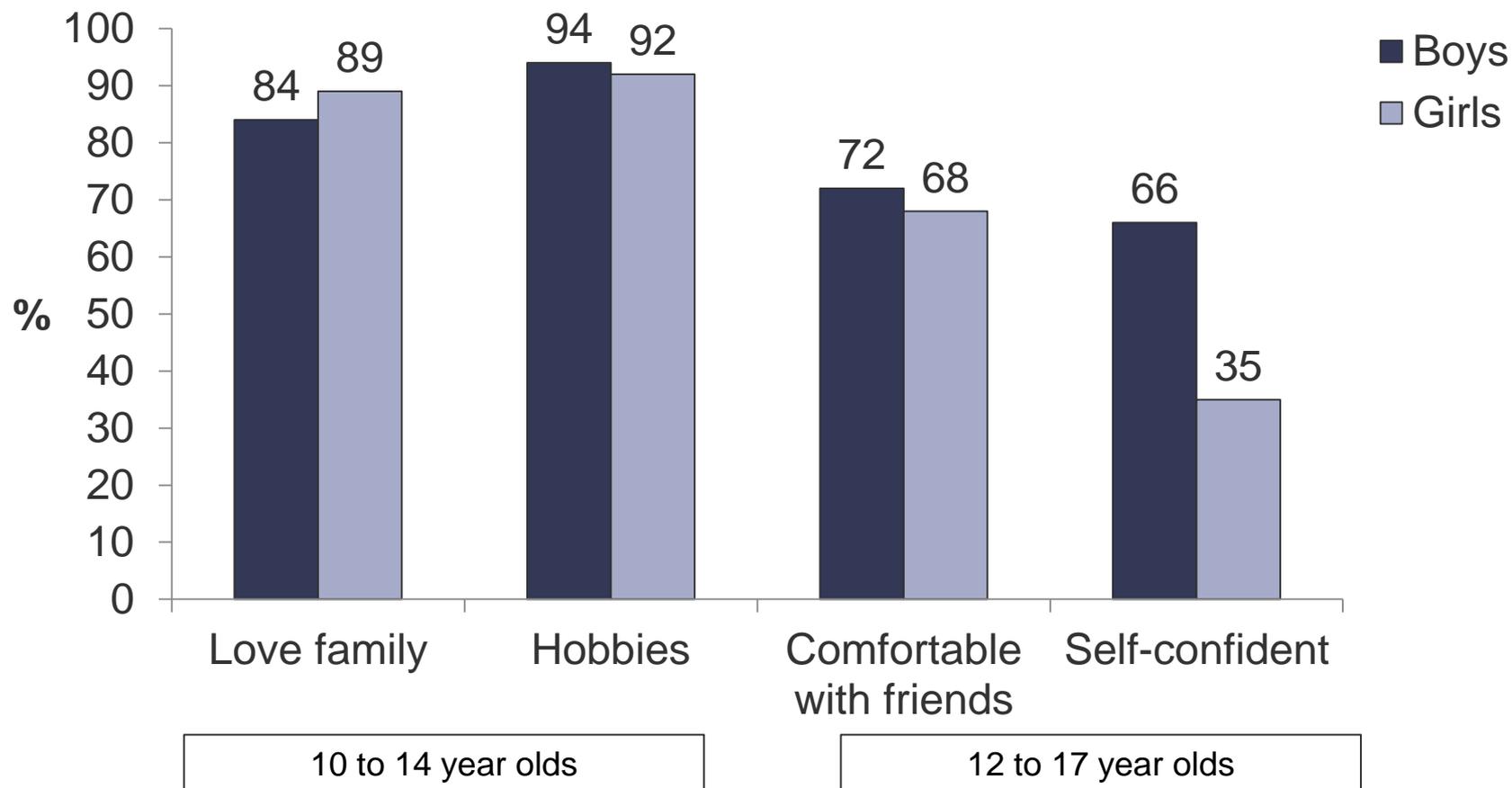


Figure 6: Percentages of girls who report high life satisfaction



Child developed questions



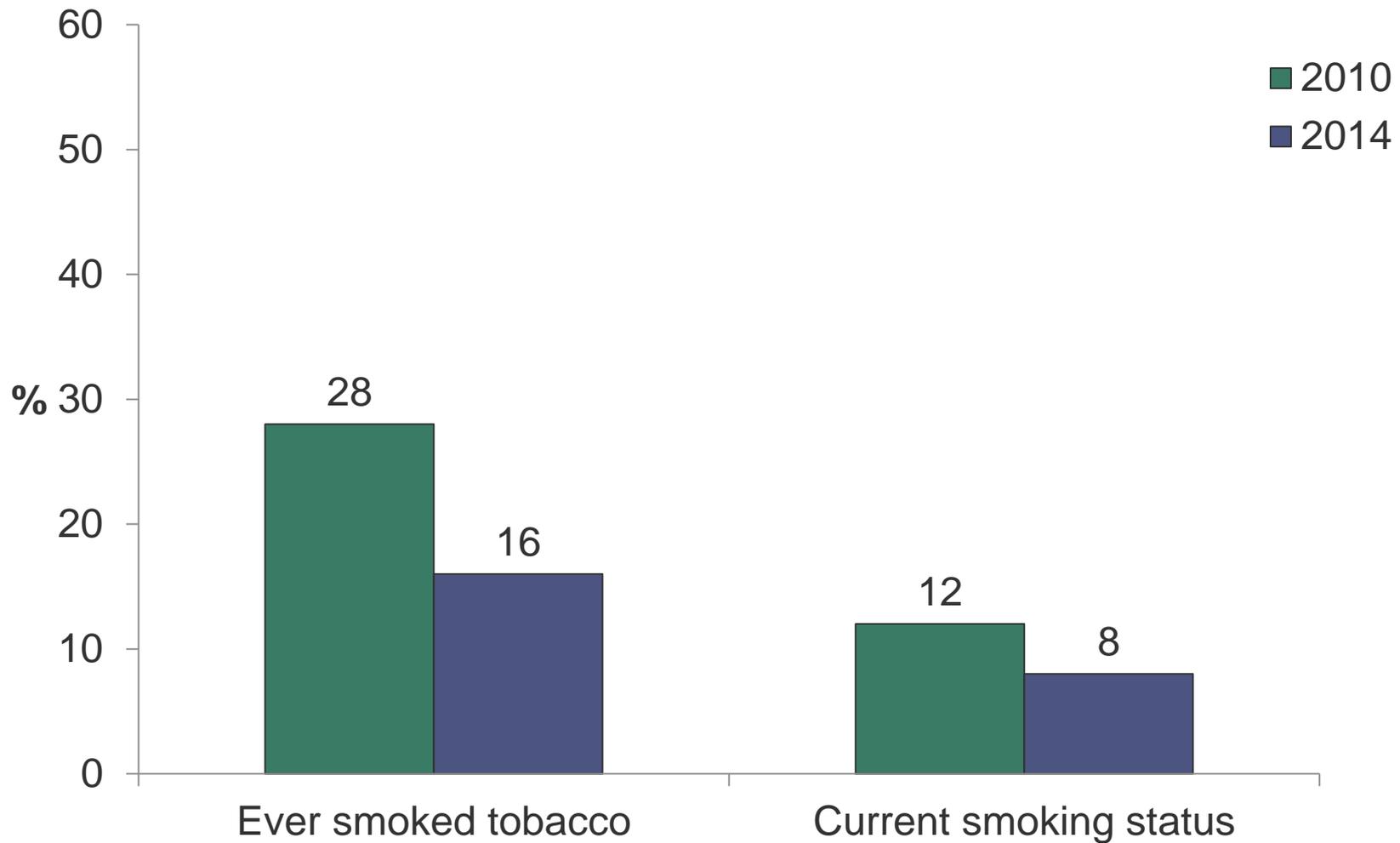
Self-confident



Figure 7: Percentages of 12-17 year old boys and girls who report always or often being self-confident



Smoking – Behaviour, Exposure and Access



Ever smoked



Figure 11: Percentages of boys who report ever smoking tobacco

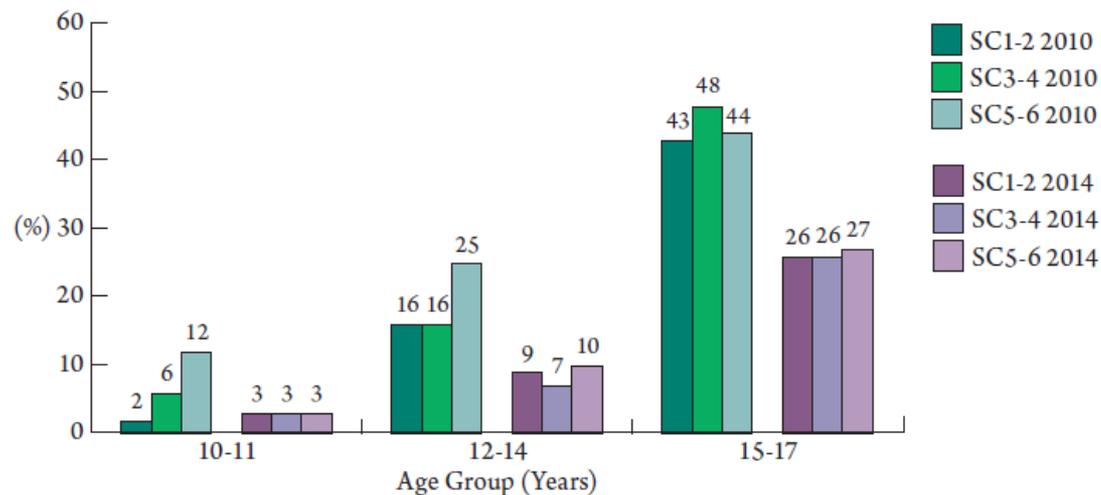
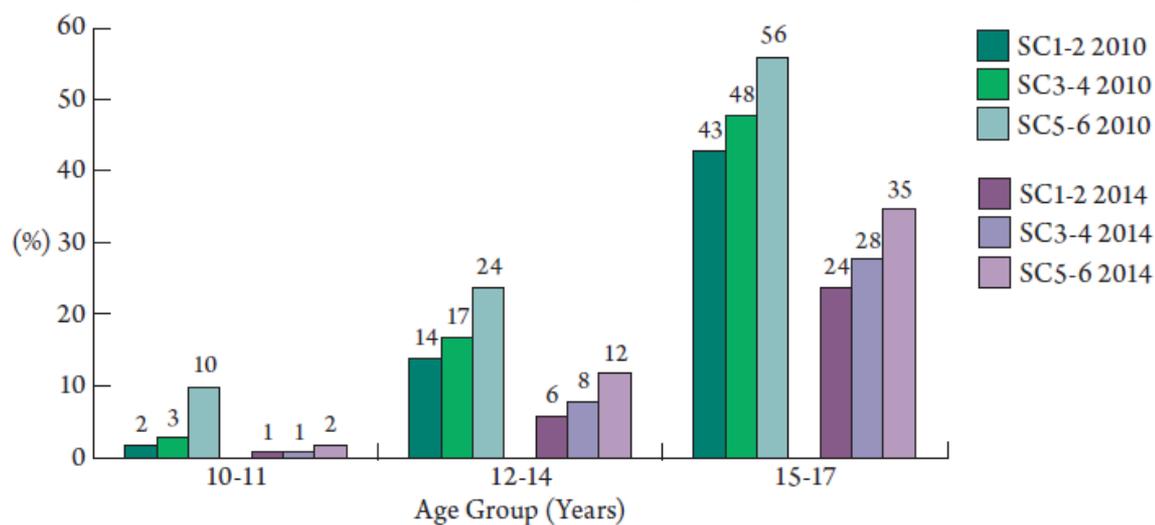
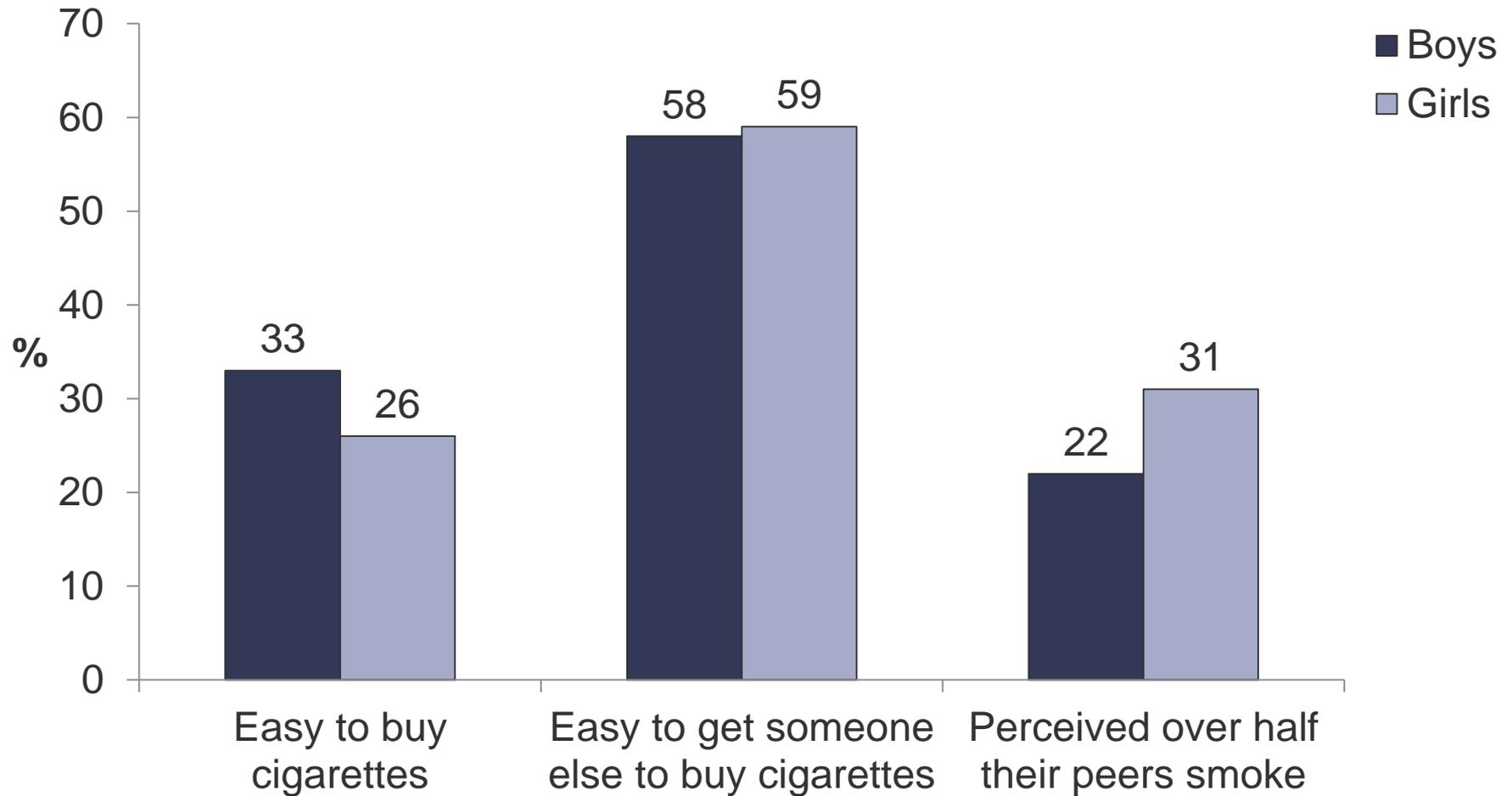


Figure 12: Percentages of girls who report ever smoking tobacco



Smoking – Behaviour, Exposure and Access



Exposure to second-hand smoke



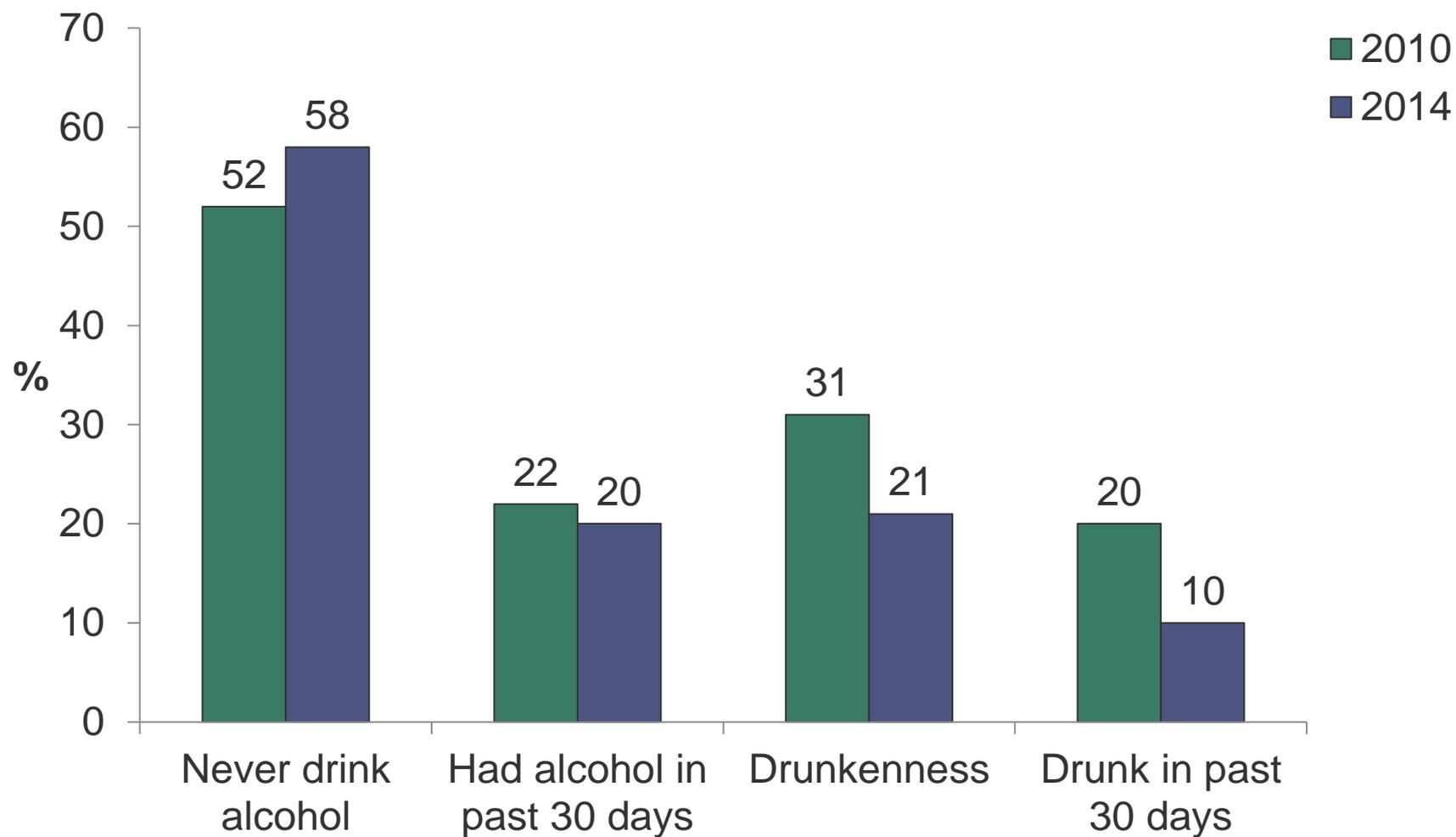
Exposure to second-hand smoke **at home**

Overall, **12%** of children report that adults are allowed to smoke in their house with a further **5%** reporting that there are no rules of restrictions on smoking in their house

Exposure to second-hand smoke in the **family car**

Overall, **16%** of children report that adults are allowed to smoking in the family car as long as the window is down, with a further **3%** reporting that there are no rules or restrictions on smoking in the family car.

Alcohol – Consumption and Drunkenness



Been drunk in the last 30 days



Figure 24: Percentages of boys who report having been drunk in the last 30 days

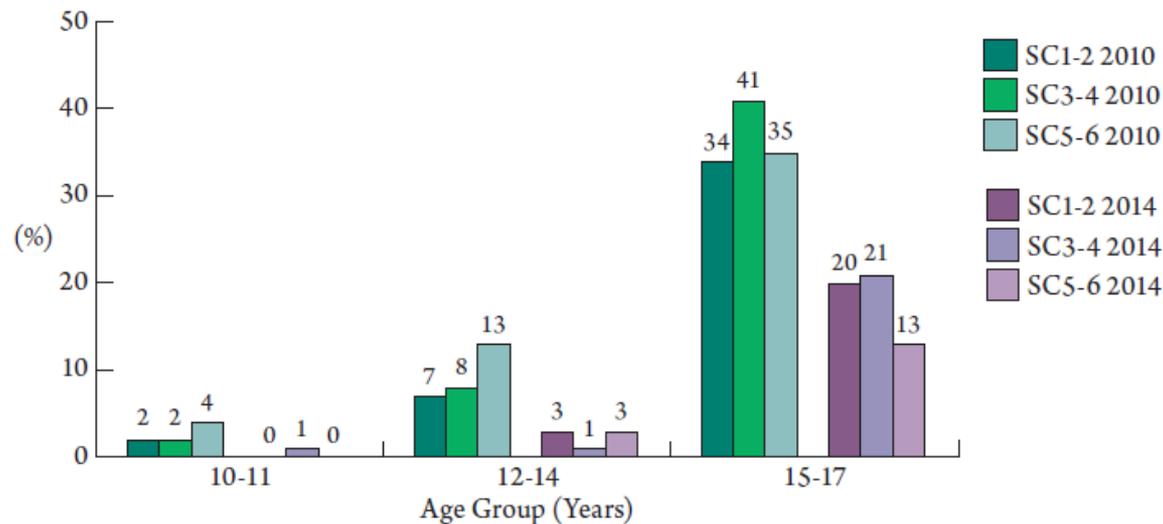
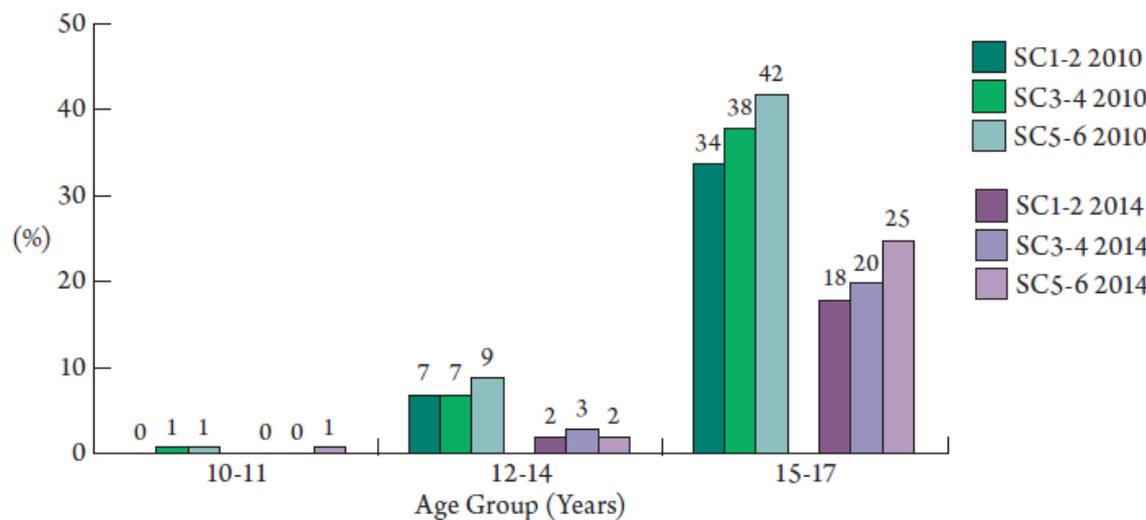


Figure 25: Percentages of girls who report having been drunk in the last 30 days



Drug Use



Figure 26: Percentages of boys reporting cannabis use in the last 12 months

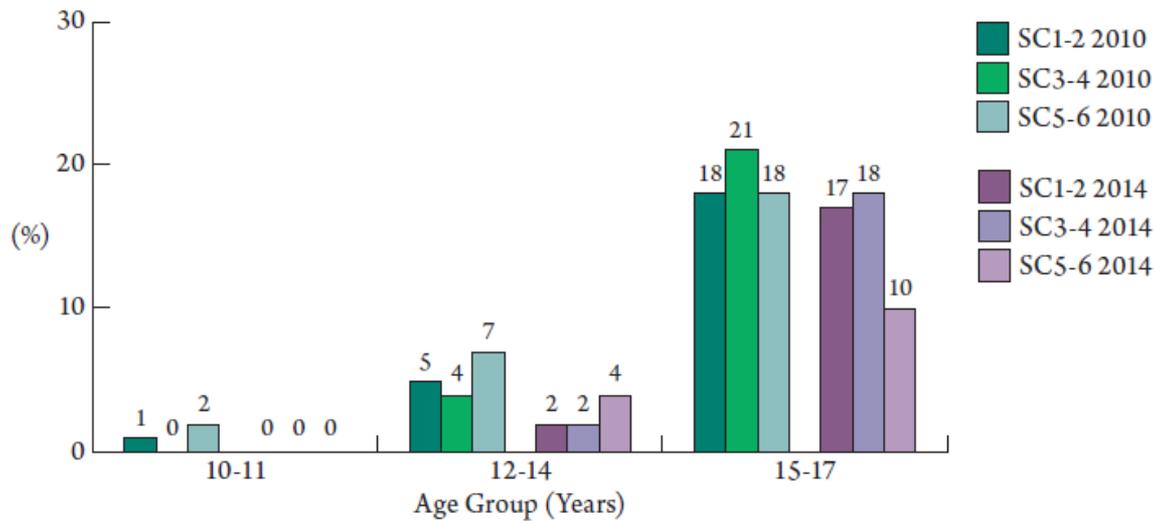
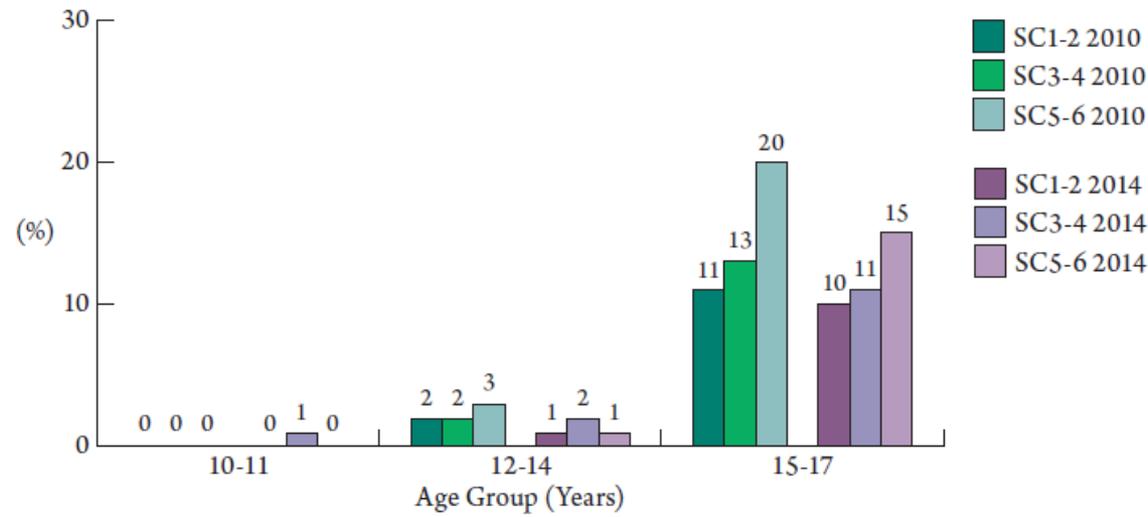
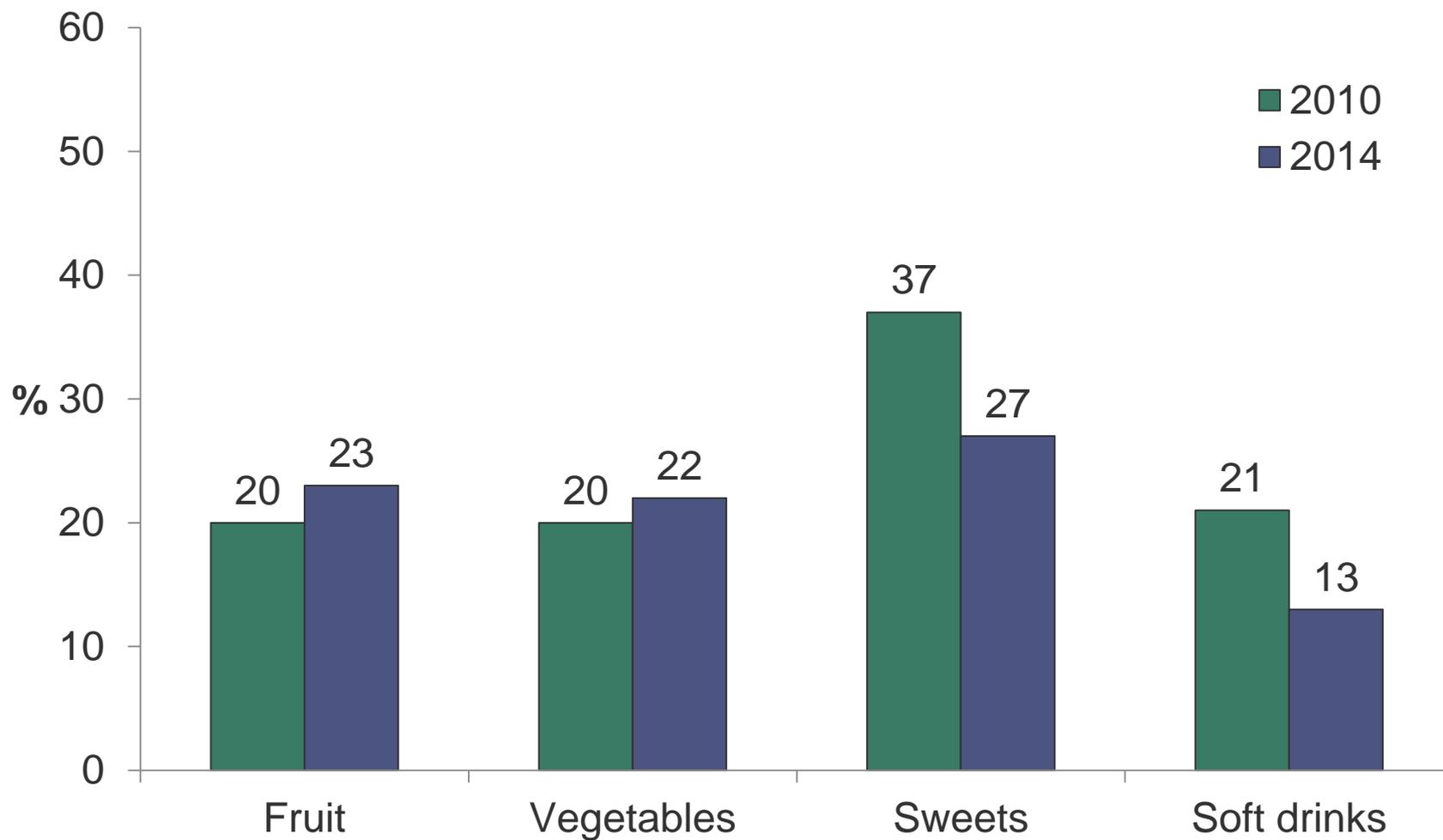


Figure 27: Percentages of girls reporting cannabis use in the last 12 months



Food and Dietary Behaviours



Fruit consumption



Figure 30: Percentages of boys who report eating fruit more than once a day

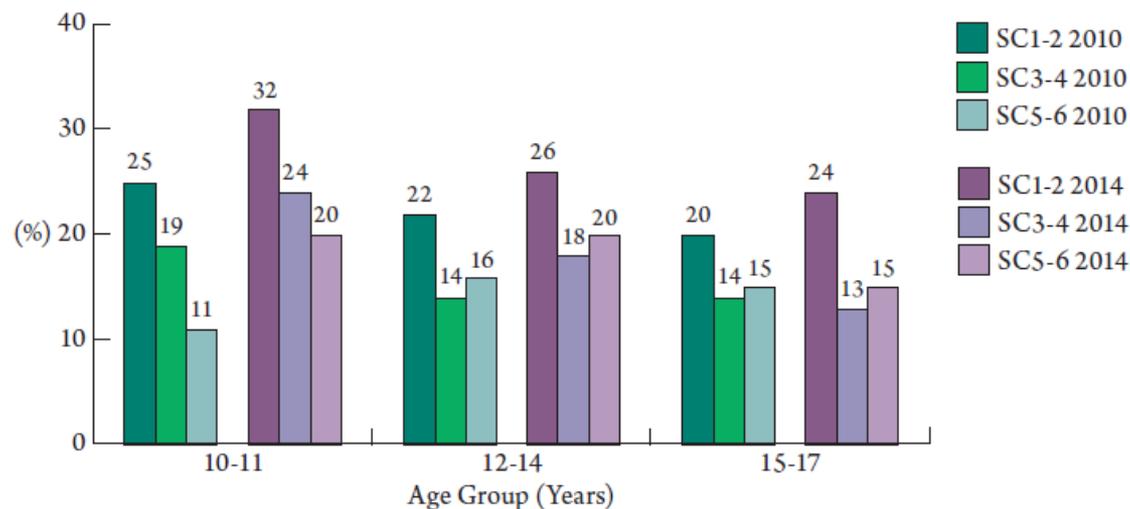
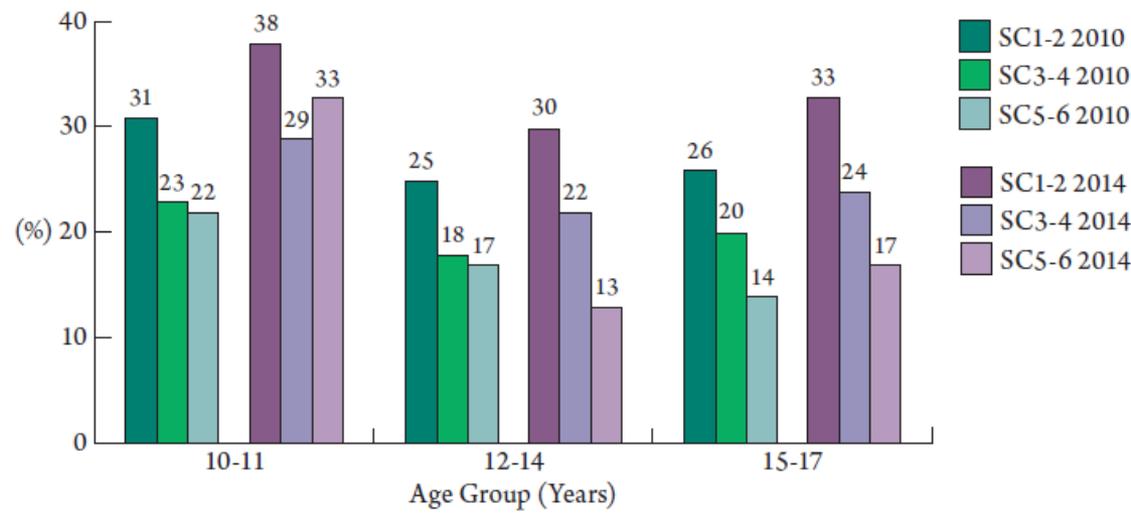


Figure 31: Percentages of girls who report eating fruit more than once a day



Soft drink consumption



Figure 36: Percentages of boys who report drinking soft drinks daily or more

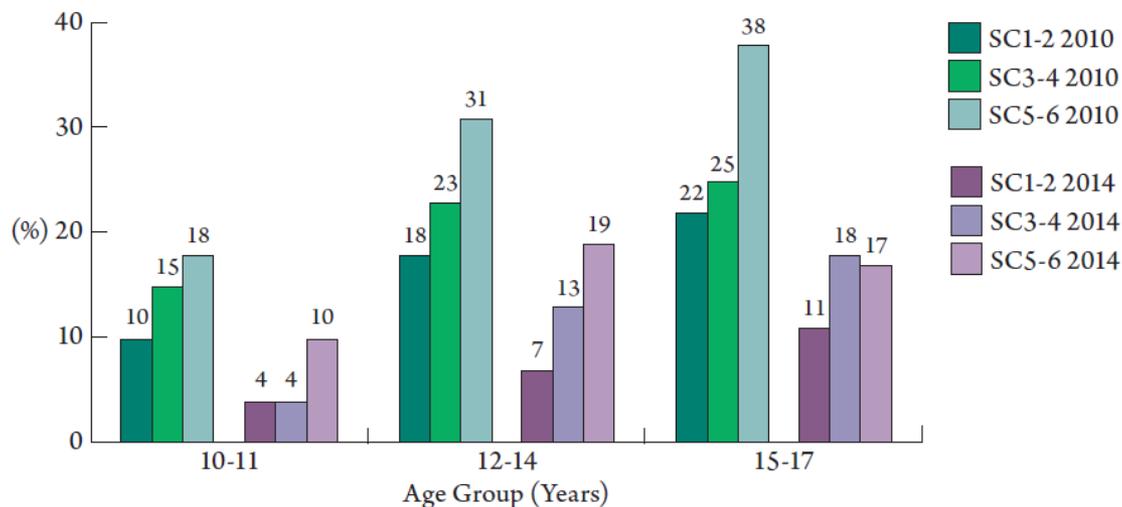
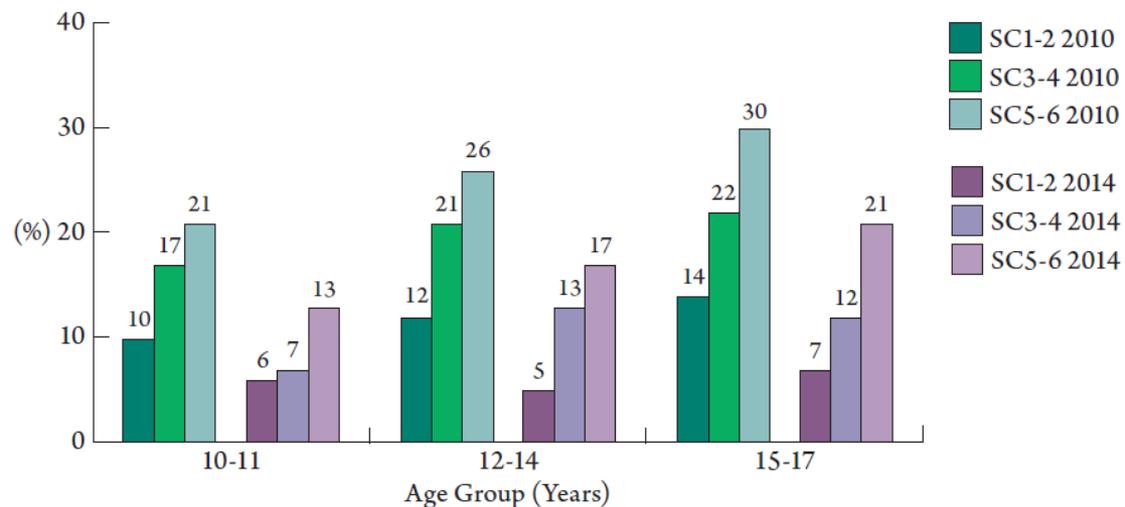
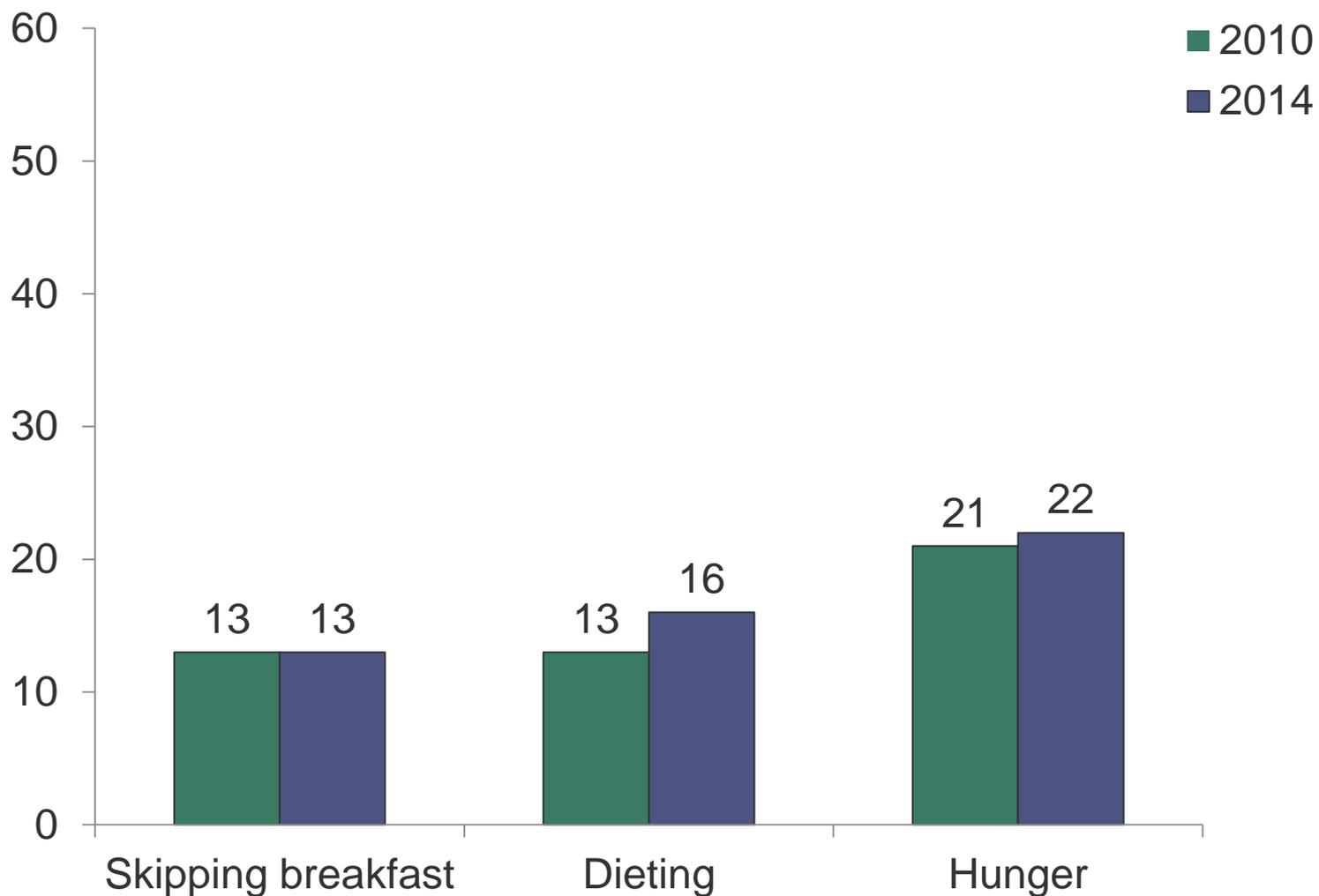


Figure 37: Percentages of girls who report drinking soft drinks daily or more



Food and Dietary Behaviours (2)



Going to school/bed hungry



Figure 40: Percentages of boys who report ever going to school/bed hungry

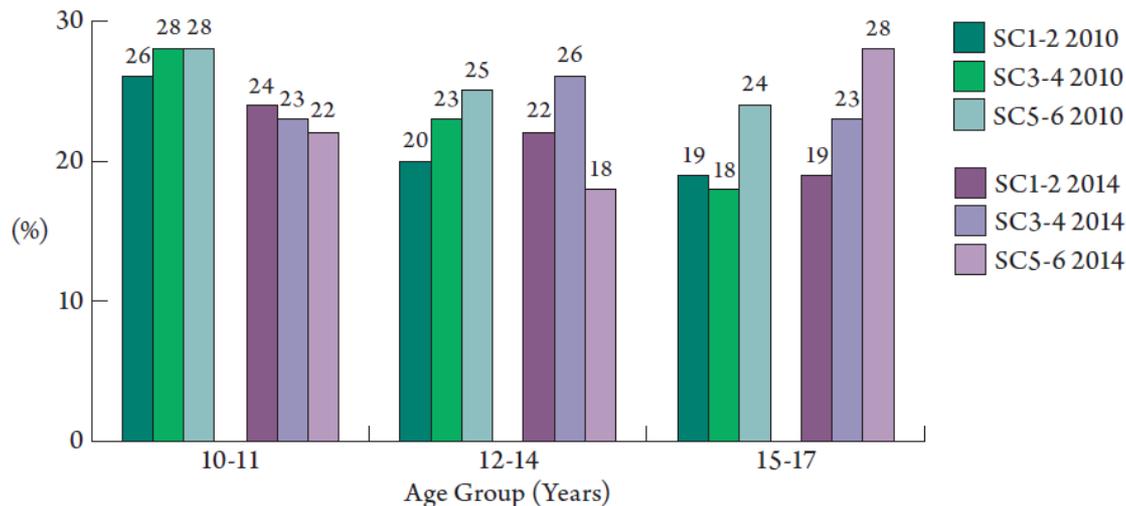
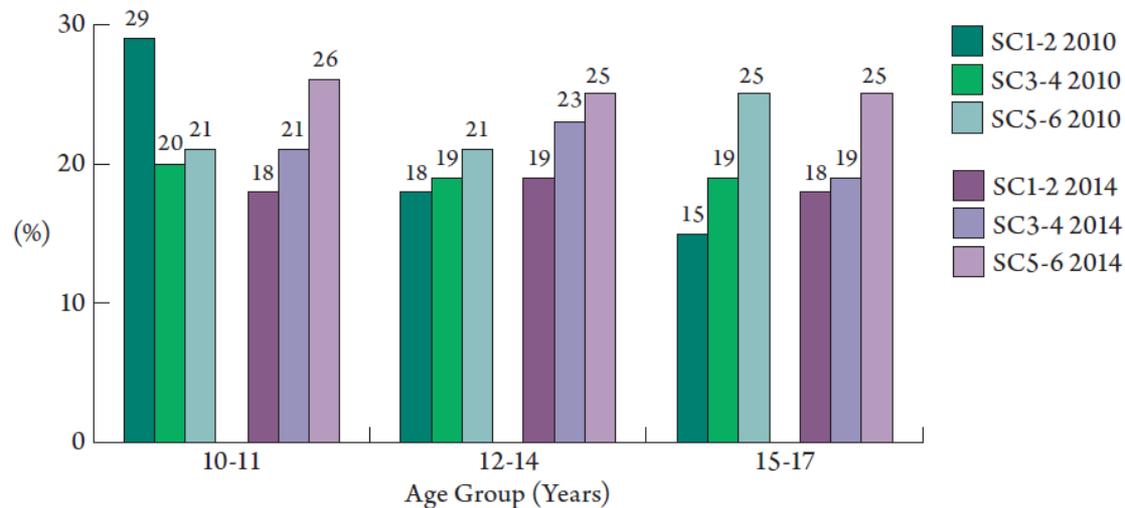
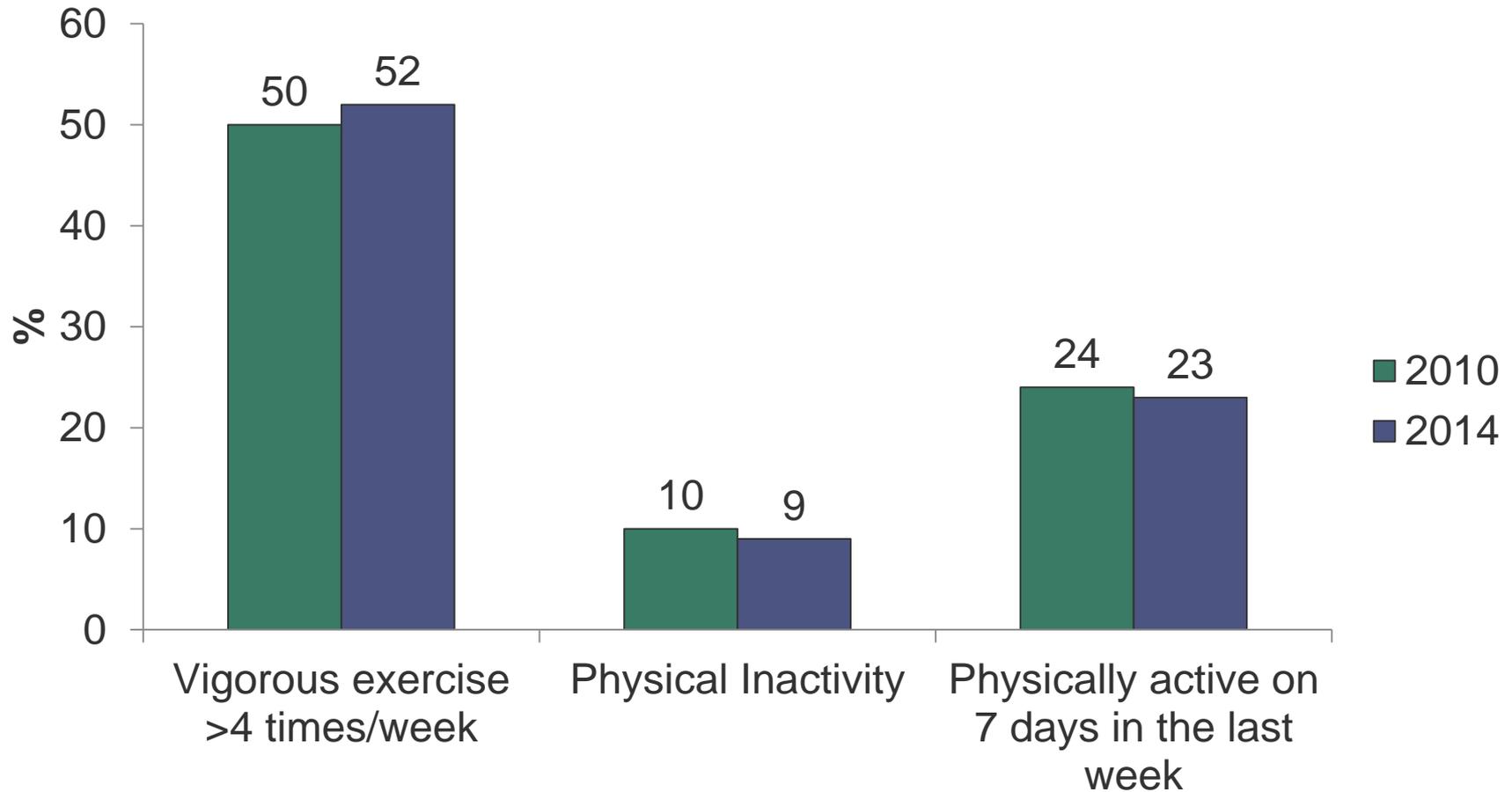


Figure 41: Percentages of girls who report ever going to school/bed hungry



Exercise and Physical Activity



Physically active on 7 days of the last week



Figure 49: Percentages of boys who report being physically active on 7 days in the last week

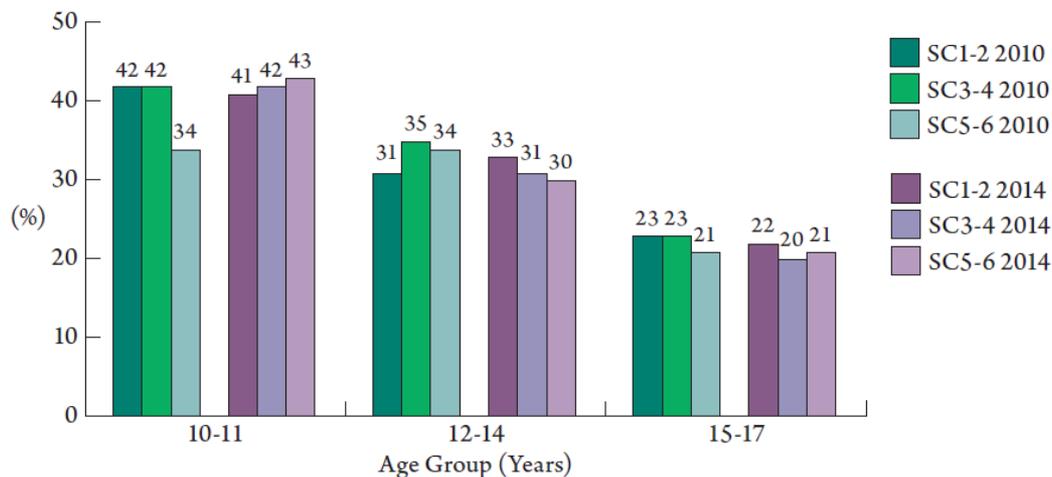
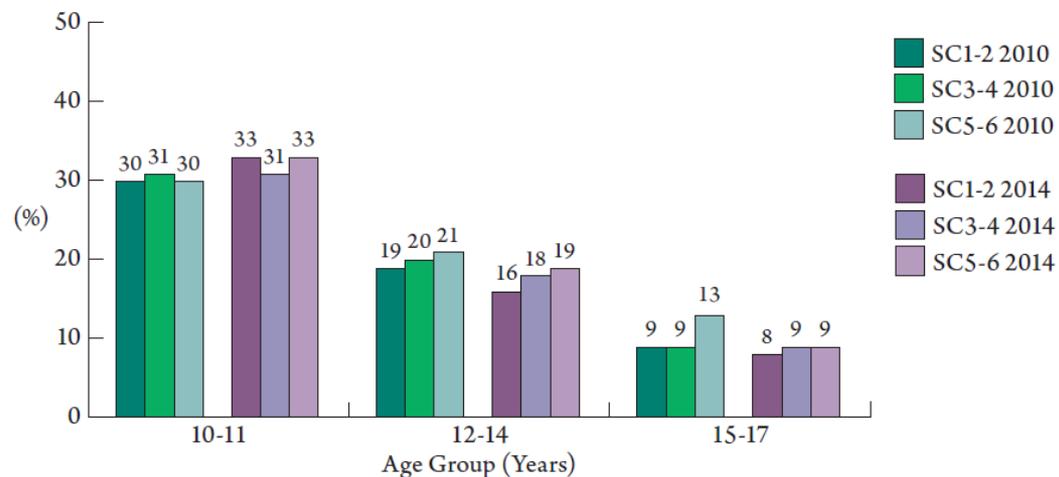
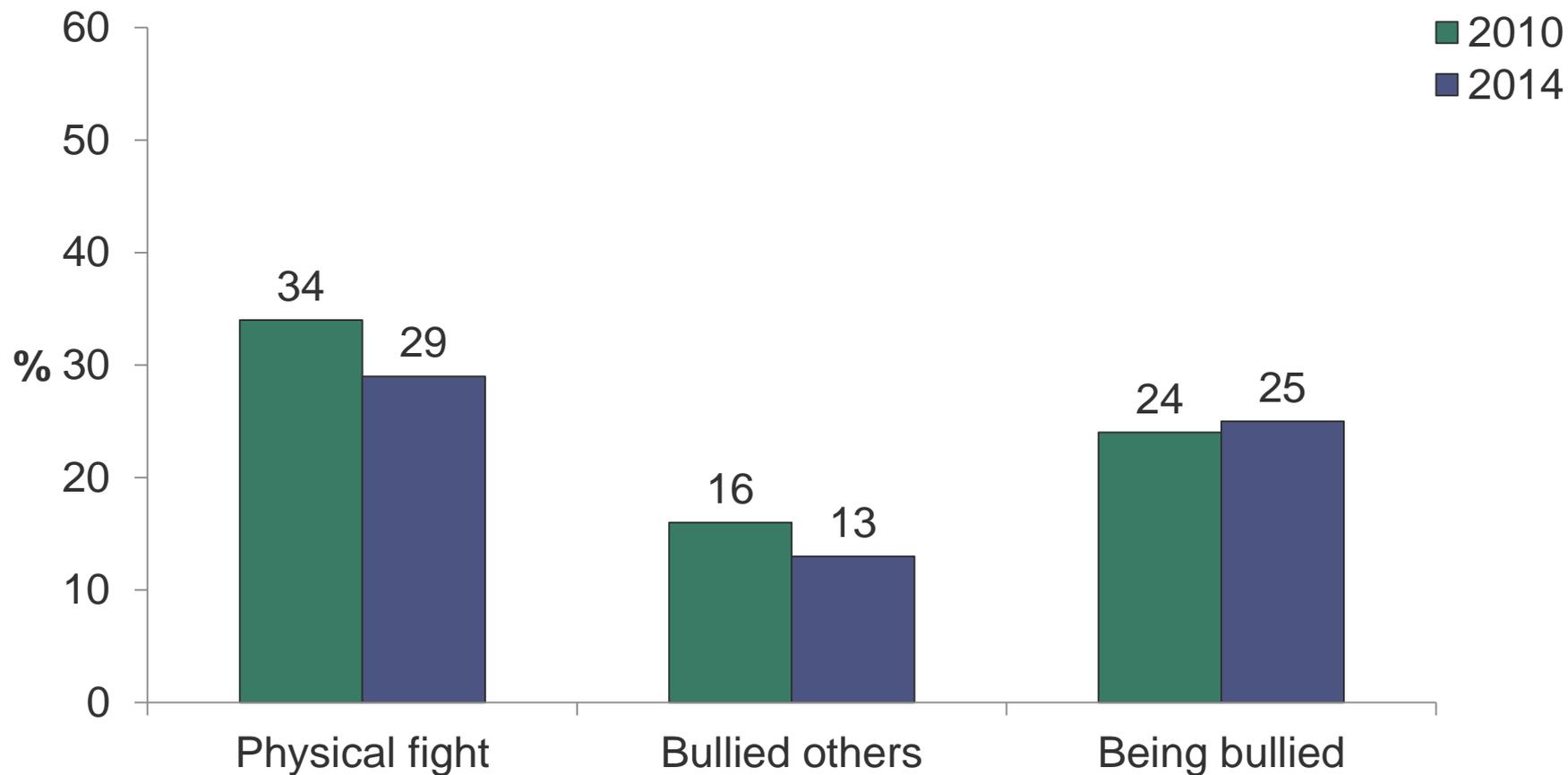


Figure 50: Percentages of girls who report being physically active on 7 days in the last week



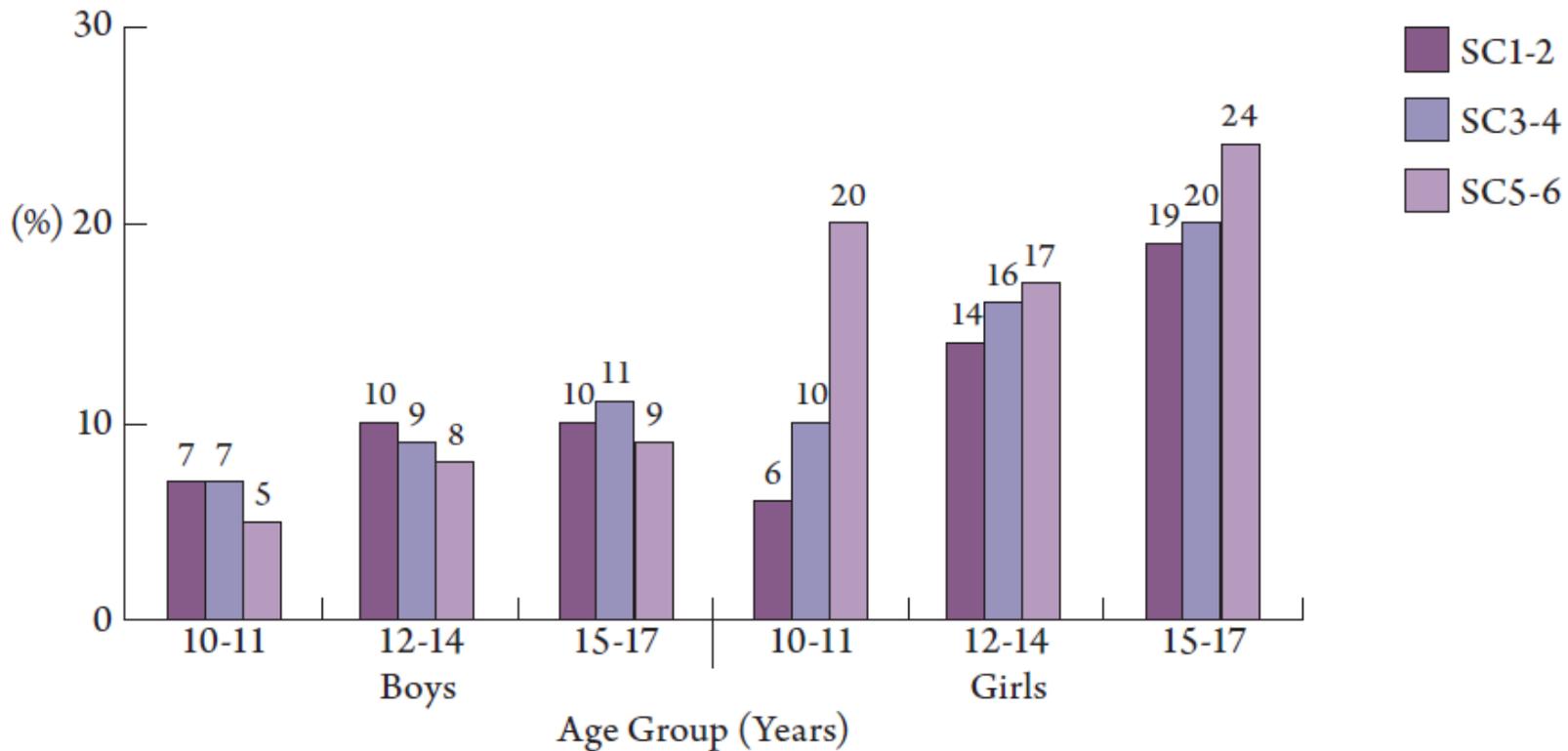
Fighting and Bullying



Cyber bullying – mean messages



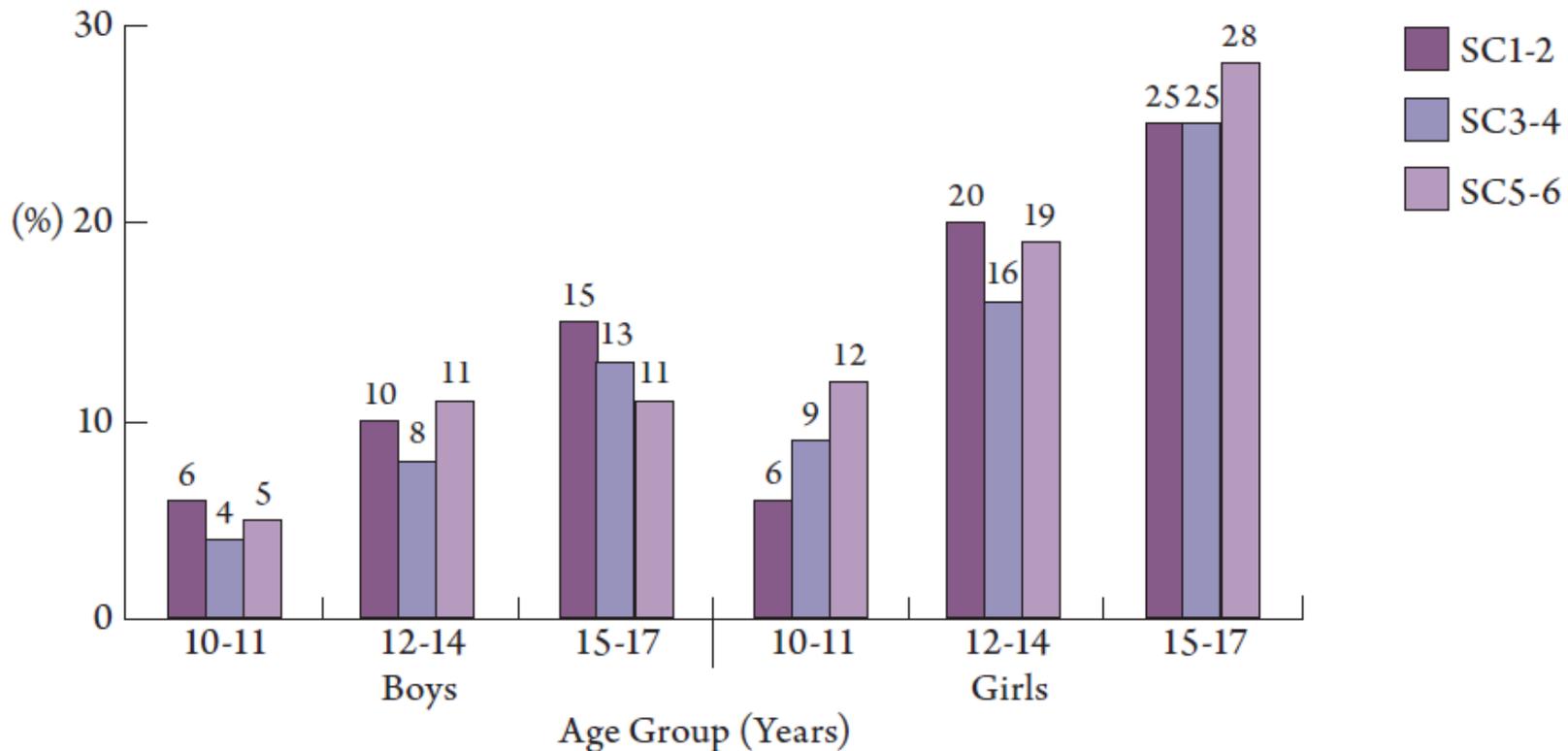
Figure 64: Percentages of boys and girls who report ever being bullied in the past couple of months by being sent mean messages



Cyber bullying – unflattering pictures



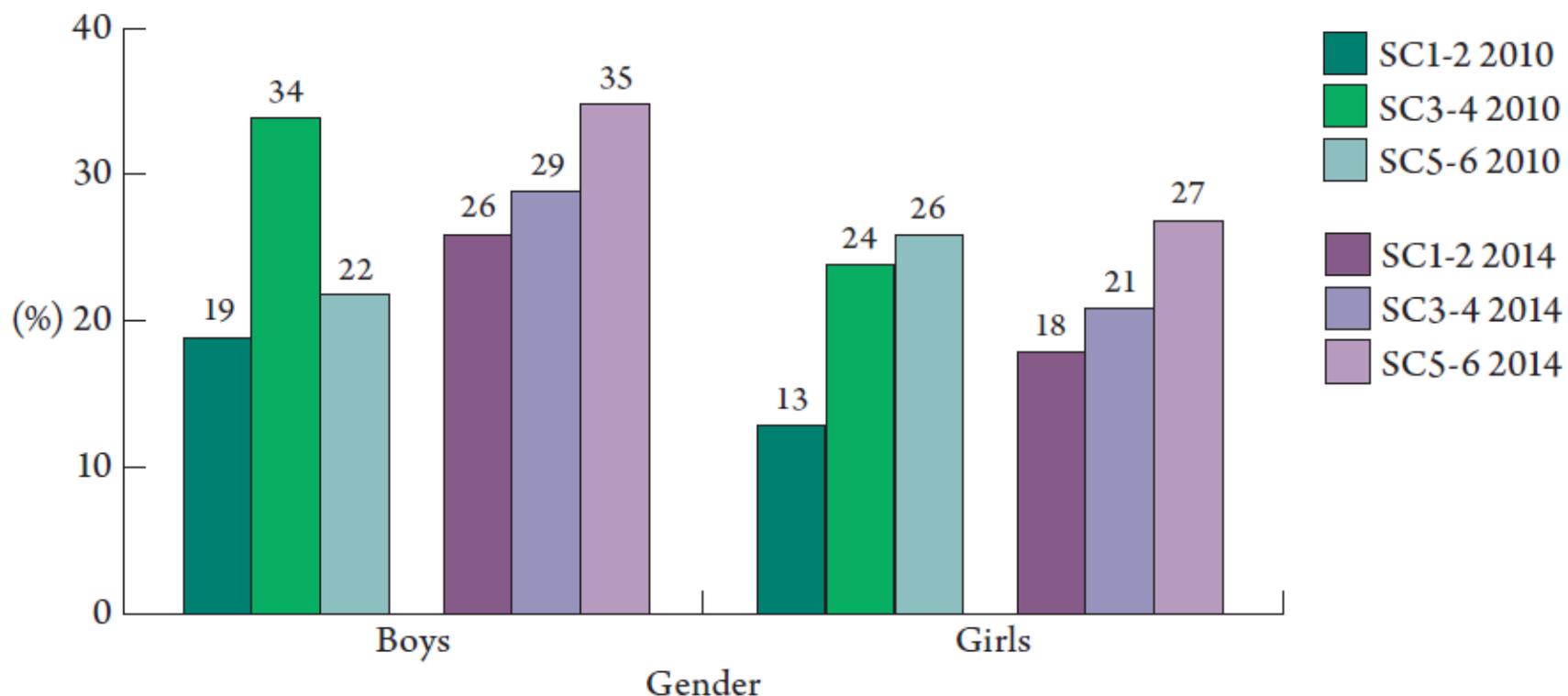
Figure 65: Percentages of boys and girls who report ever being bullied in the past couple of months by someone posting unflattering or inappropriate pictures of them online without permission



Sexual Health Behaviours



Figure 66: Percentages of 15-17 year olds who report having ever had sex, by gender



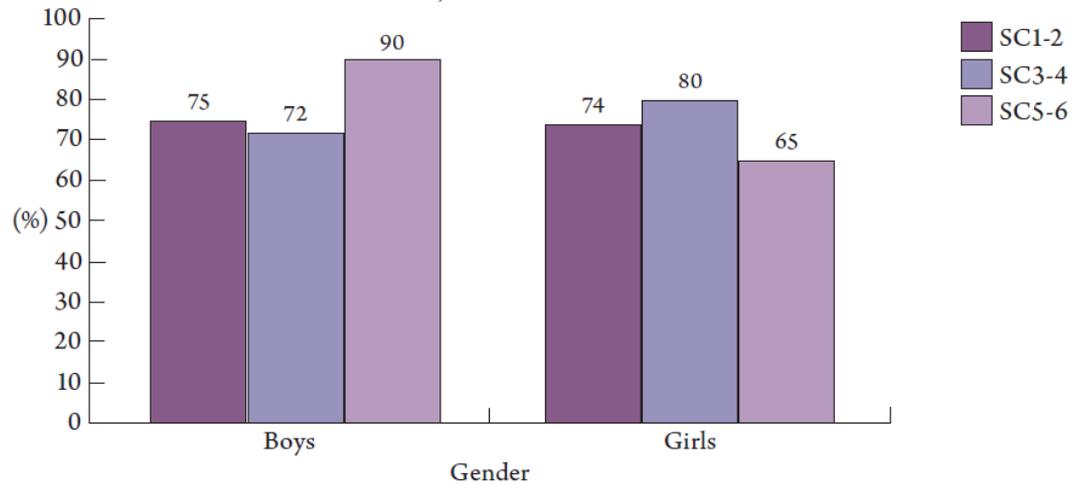
Contraception Use



Figure 67: Percentages of 15-17 year olds who report using the birth control pill, by gender (of those who have ever had sex)



Figure 68: Percentages of 15-17 year olds who report using condoms, by gender (of those who have ever had sex)



Summary



Good news

Increase	Never drinking; fruit and vegetable consumption
Decrease	Ever smoked; current smoking; drunkenness; sweets and soft drink consumption; physical fight; bullying others

Not-so-good news

Increase	Ever injured
No change	Skipping breakfast; going to school or to bed hungry; physical activity

PROJECT TEAM



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ACKNOWLEDGEMENTS



The children and parents who consented and participated, the teachers and school staffs who facilitated their participation.

All children and young people, teachers, participation officers, Comhairle na nÓg and DCYA staff who participated in the child participation initiative.

International Co-ordinator: Professor C. Currie, University of St.Andrews, Scotland.

International Databank Manager: Professor O. Samdal, University of Bergen, Norway.

The Department of Health; The Department of Children and Youth Affairs; The Department of Education and Science.

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HBSC International Website
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Thank you.



Excellent Health



Figure 1: Percentages of boys who report their health is excellent

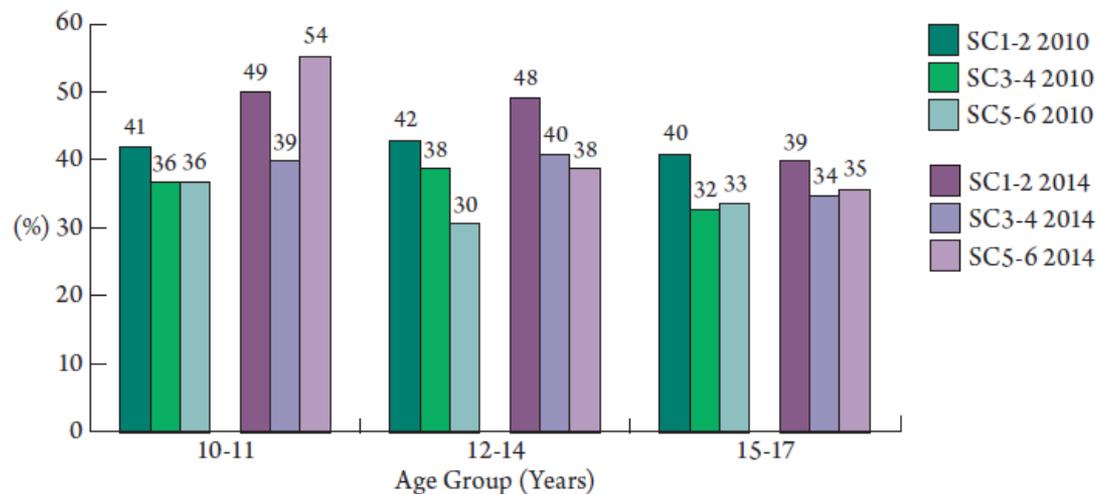
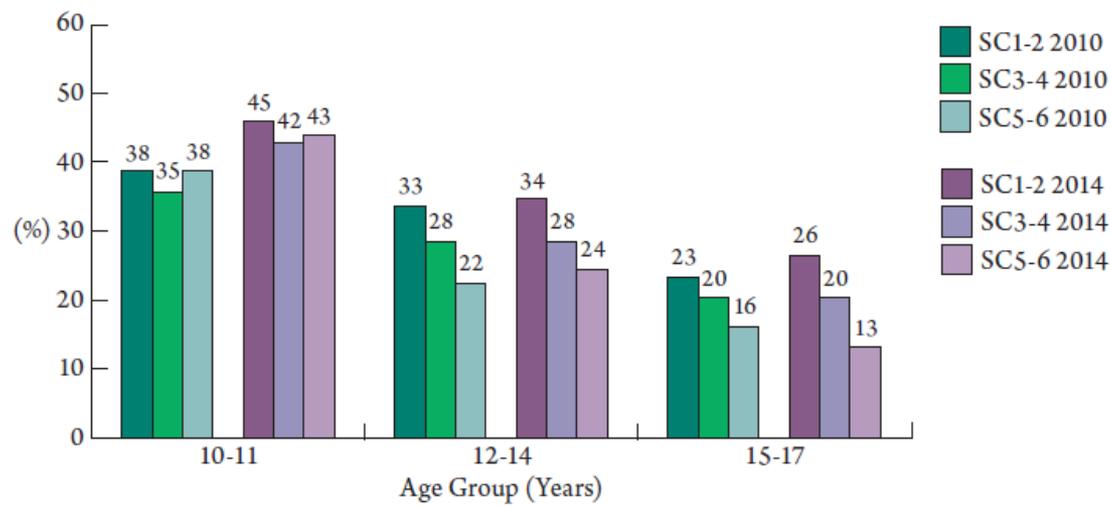


Figure 2: Percentages of girls who report their health is excellent



Happiness



Figure 3: Percentages of boys who report feeling very happy about their lives at present

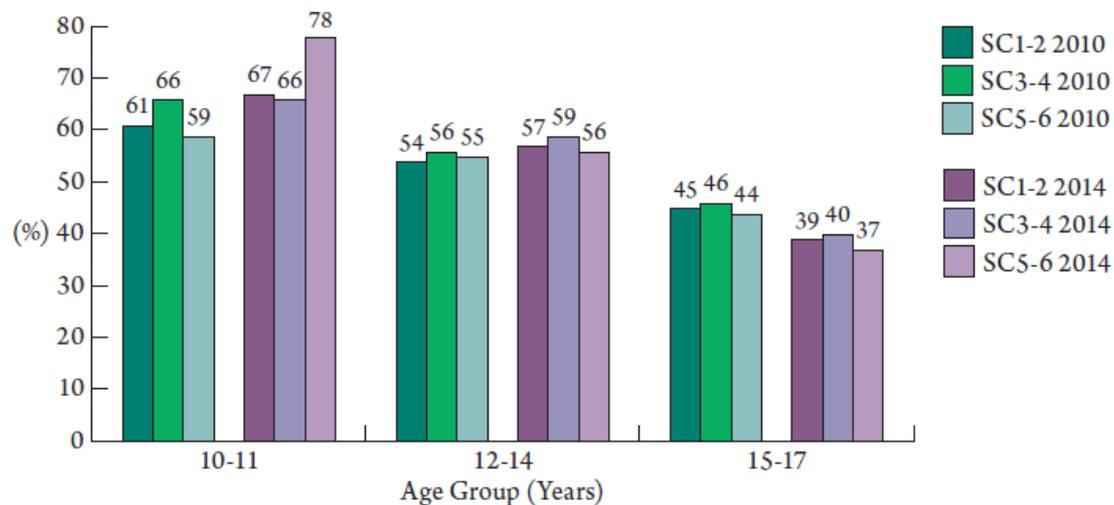
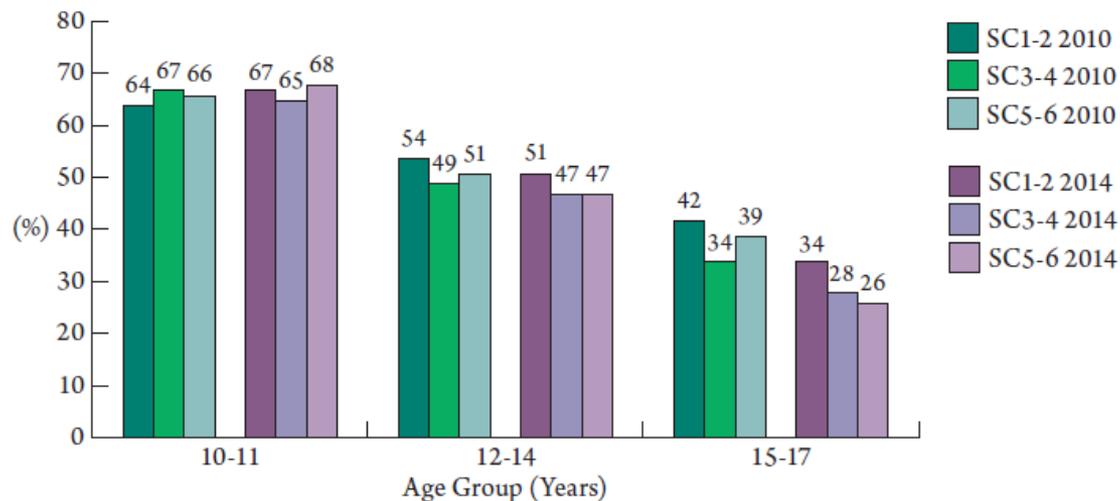


Figure 4: Percentages of girls who report feeling very happy about their lives at present



Life Satisfaction

Figure 5: Percentages of boys who report high life satisfaction

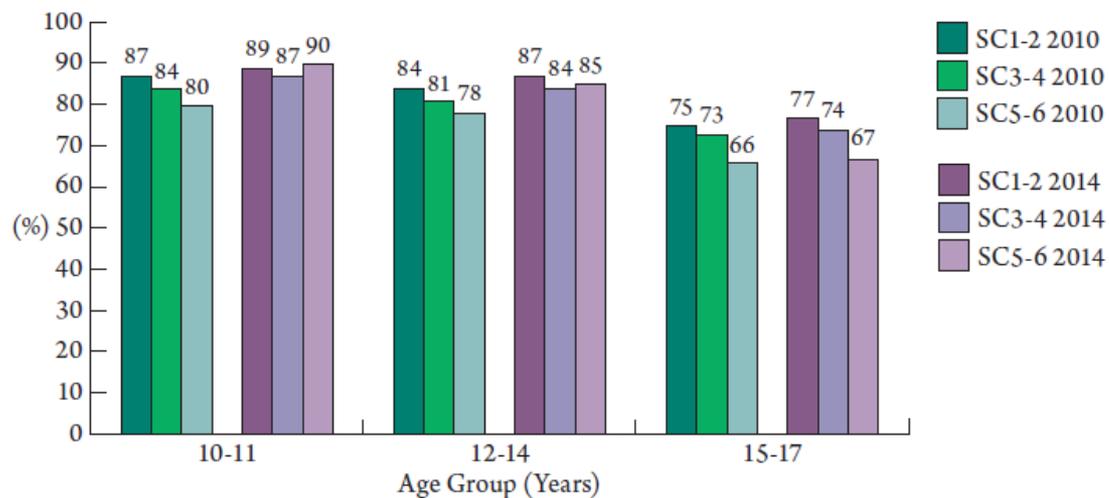


Figure 6: Percentages of girls who report high life satisfaction

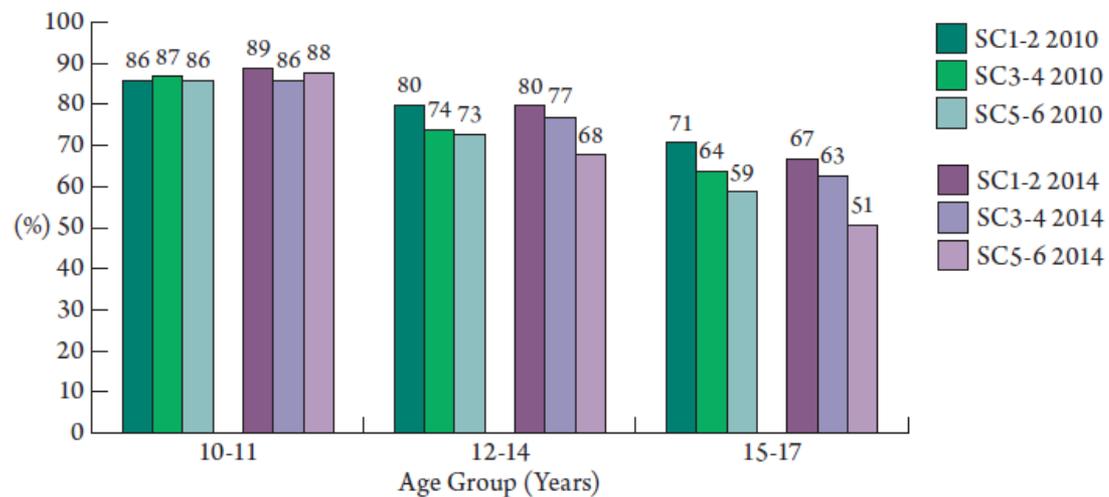


Figure 7: Percentages of 12-17 year old boys and girls who report always or often being self-confident

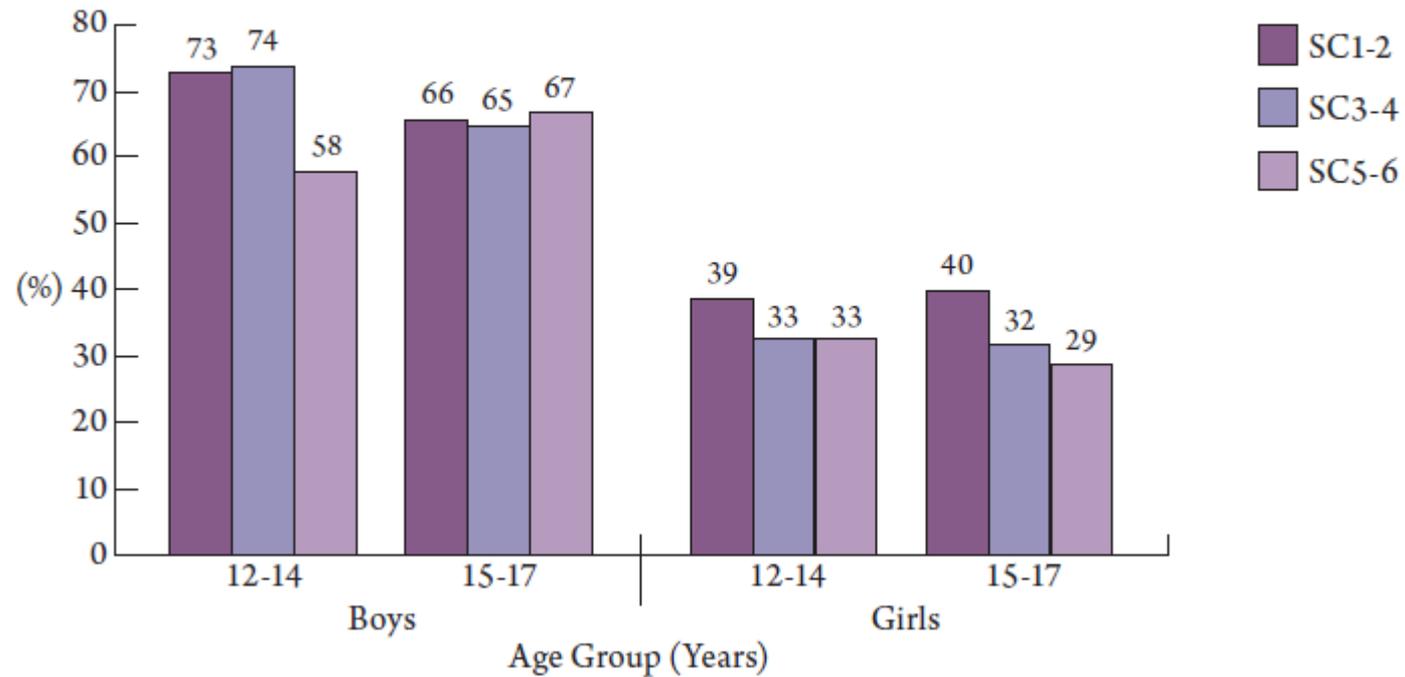


Figure 8: Percentages of 12-17 year old boys and girls who report always feeling comfortable being themselves while with friends

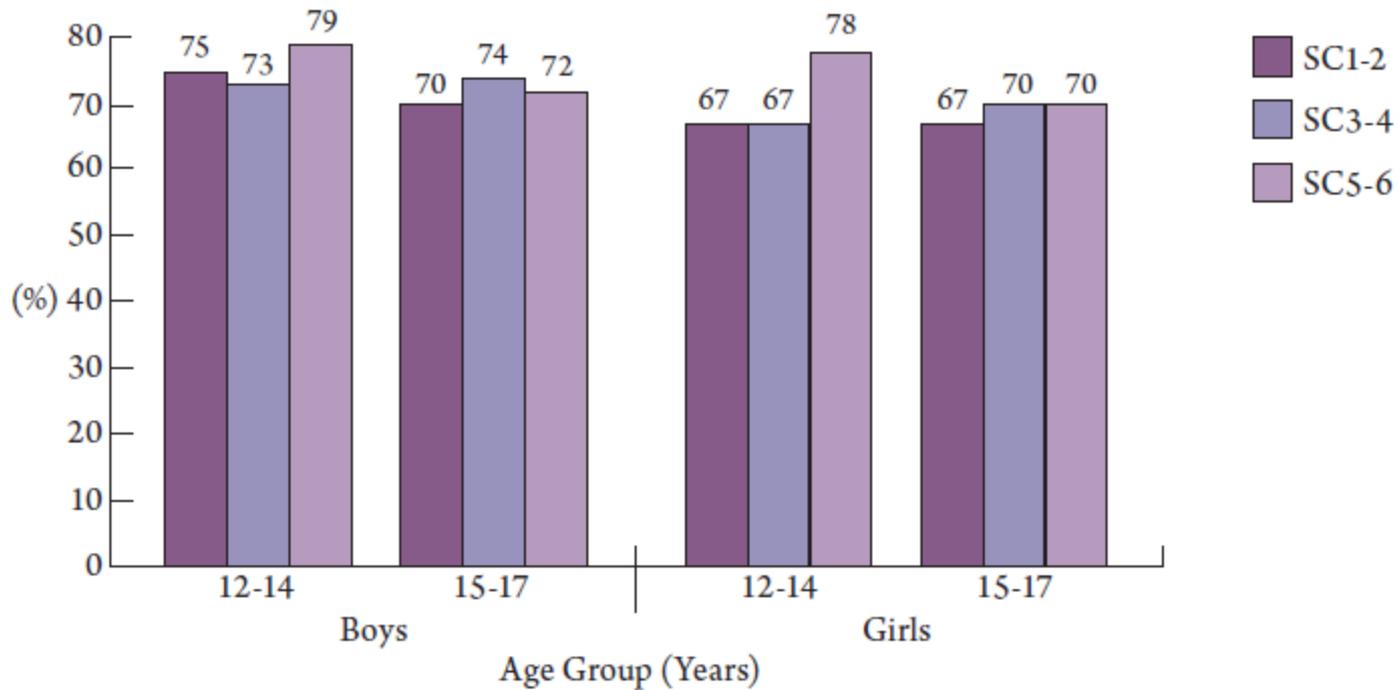


Figure 9: Percentages of 10-14 year old boys and girls who report they always love their family

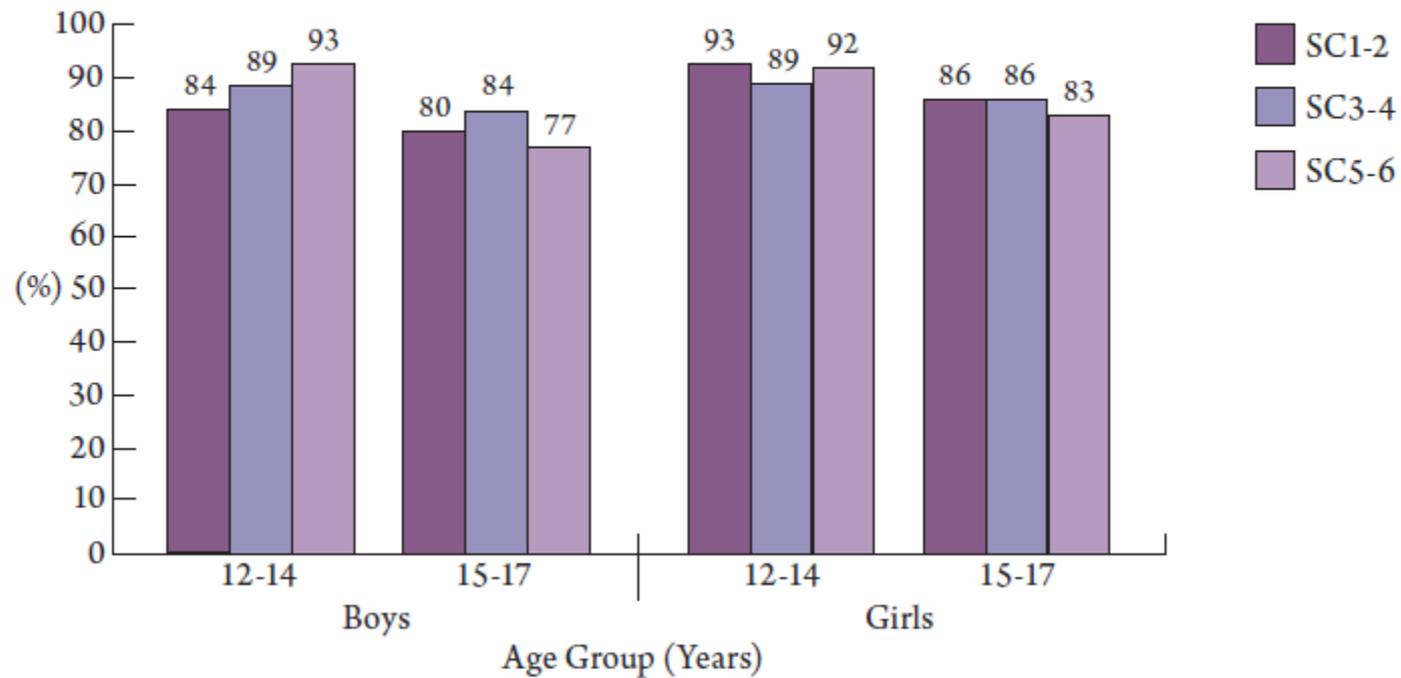


Figure 10: Percentages of 10-14 year old boys and girls who report they engage in their hobbies weekly or more frequently

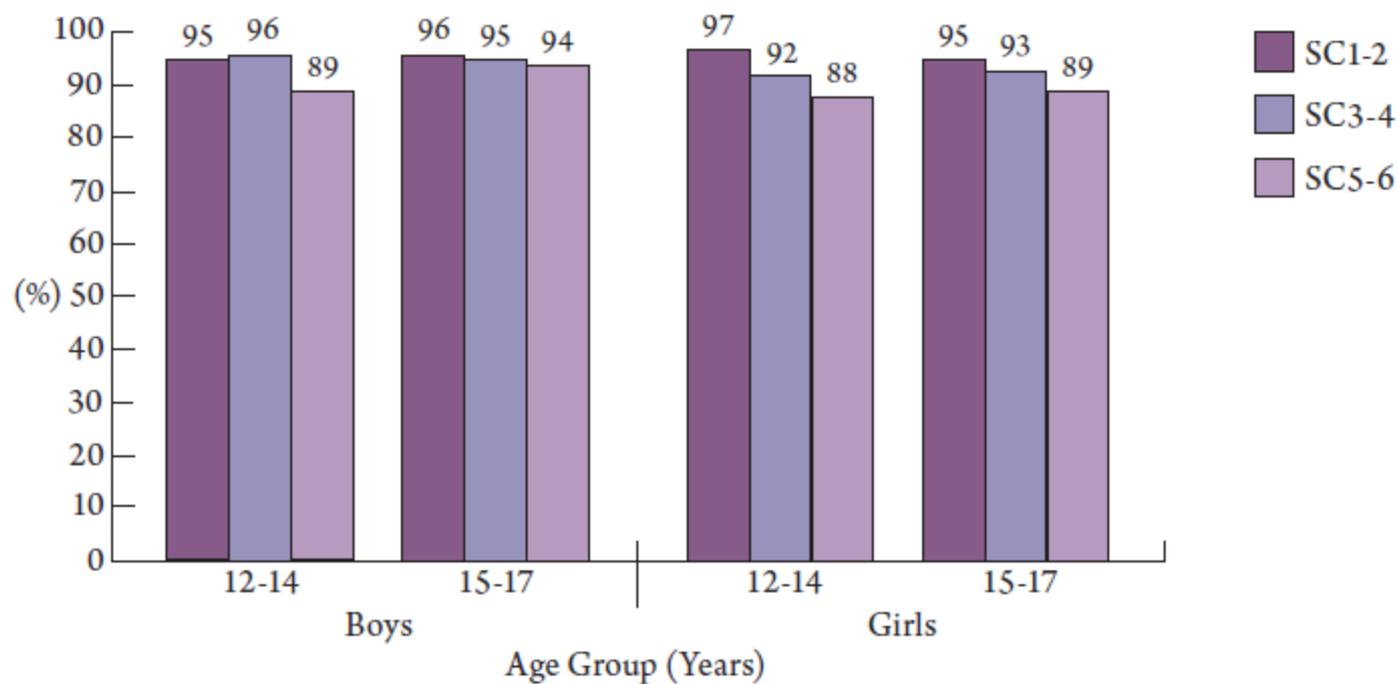


Figure 11: Percentages of boys who report ever smoking tobacco

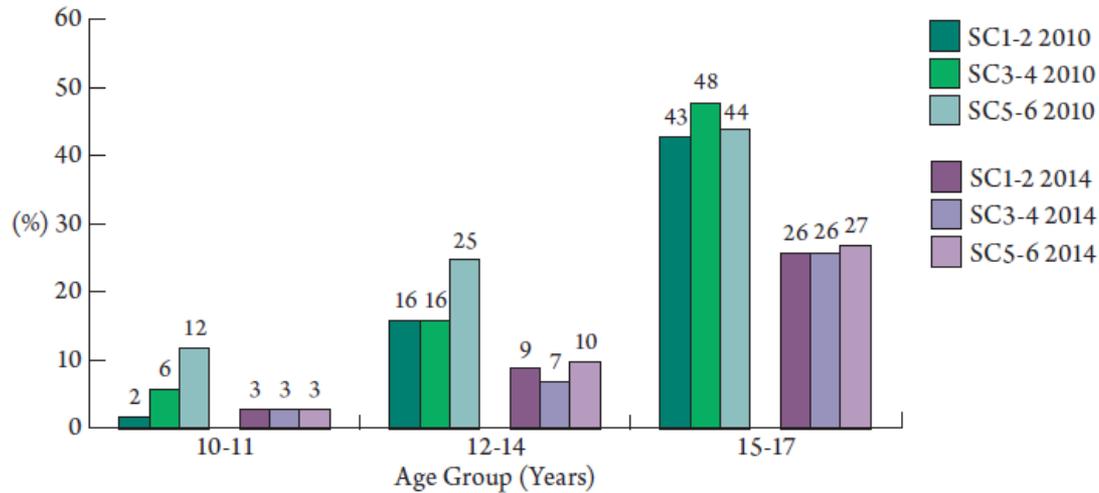


Figure 12: Percentages of girls who report ever smoking tobacco

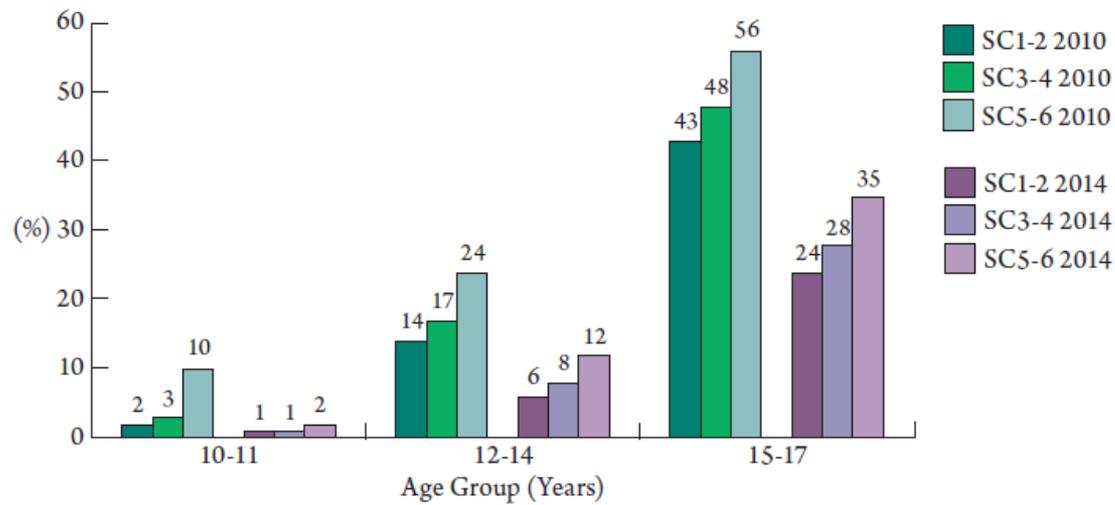


Figure 13: Percentages of boys who report they are current smokers

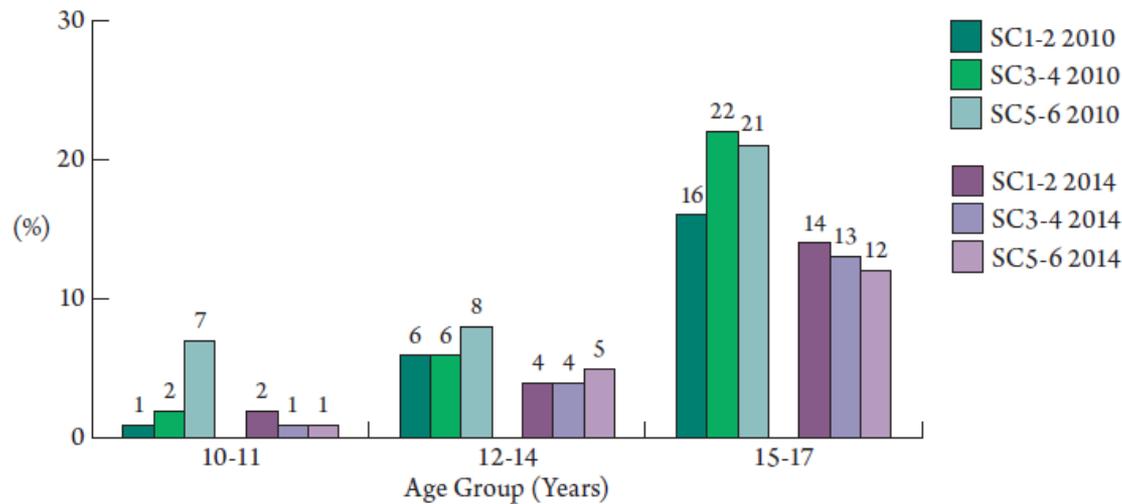


Figure 14: Percentages of girls who report they are current smokers

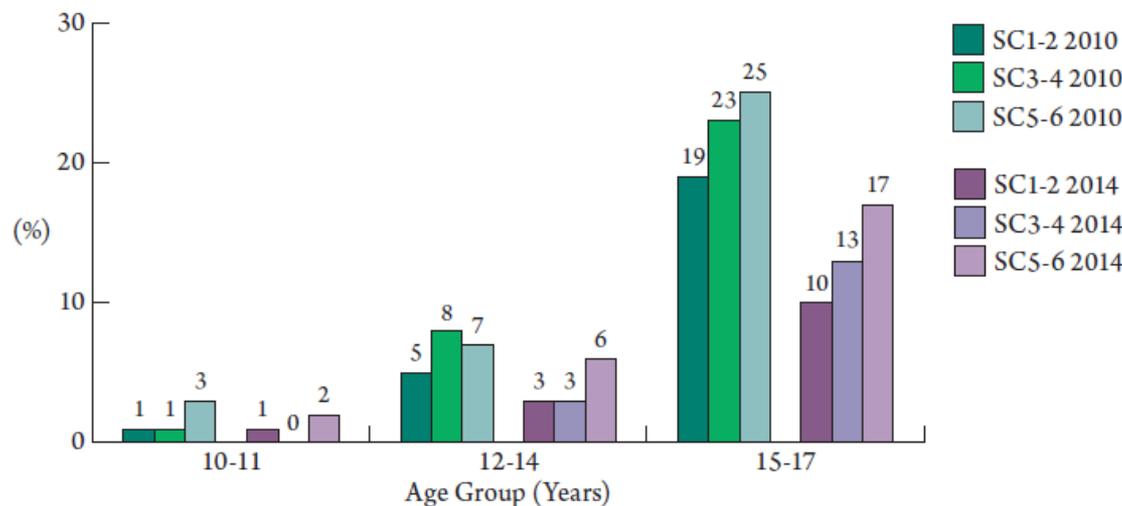


Table 18: Percentages of children who report rules or restrictions on cigarette smoking in the house

	10-11 years	12-14 years	15-17 years
No one is allowed to smoke inside or outside the house	41%	35%	31%
No one is allowed to smoke inside, but outside is OK	42%	41%	43%
Adults are allowed to smoke anywhere in the house	2%	4%	5%
Adults are allowed to smoke in some rooms	4%	7%	8%
There are no rules or restrictions on smoking	2%	3%	6%
Something else (open-ended)	8%	9%	7%

Table 19: Percentages of children who report rules or restrictions on cigarette smoking in the family car

	10-11 years	12-14 years	15-17 years
No one is allowed to smoke	69%	63%	59%
Smoking is allowed as long as the window is down	13%	16%	16%
There are no rules or restrictions	1%	3%	4%
I never drive in cars with people who smoke	8%	8%	10%
Don't know	9%	11%	12%

Figure 15: Percentages of 12-17 year old boys who report it is either easy or difficult to buy cigarettes or get someone else to buy cigarettes for them

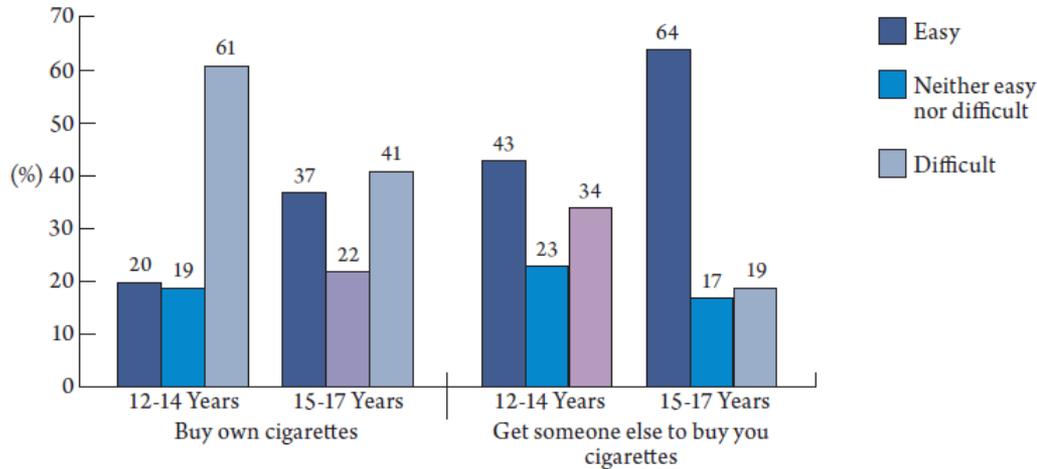


Figure 16: Percentages of 12-17 year old girls who report it is either easy or difficult to buy cigarettes or get someone else to buy cigarettes for them

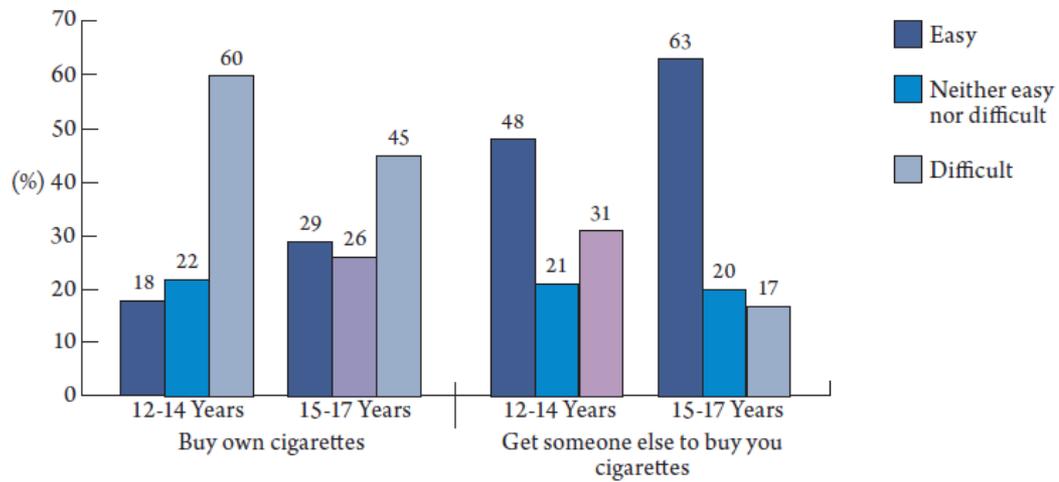
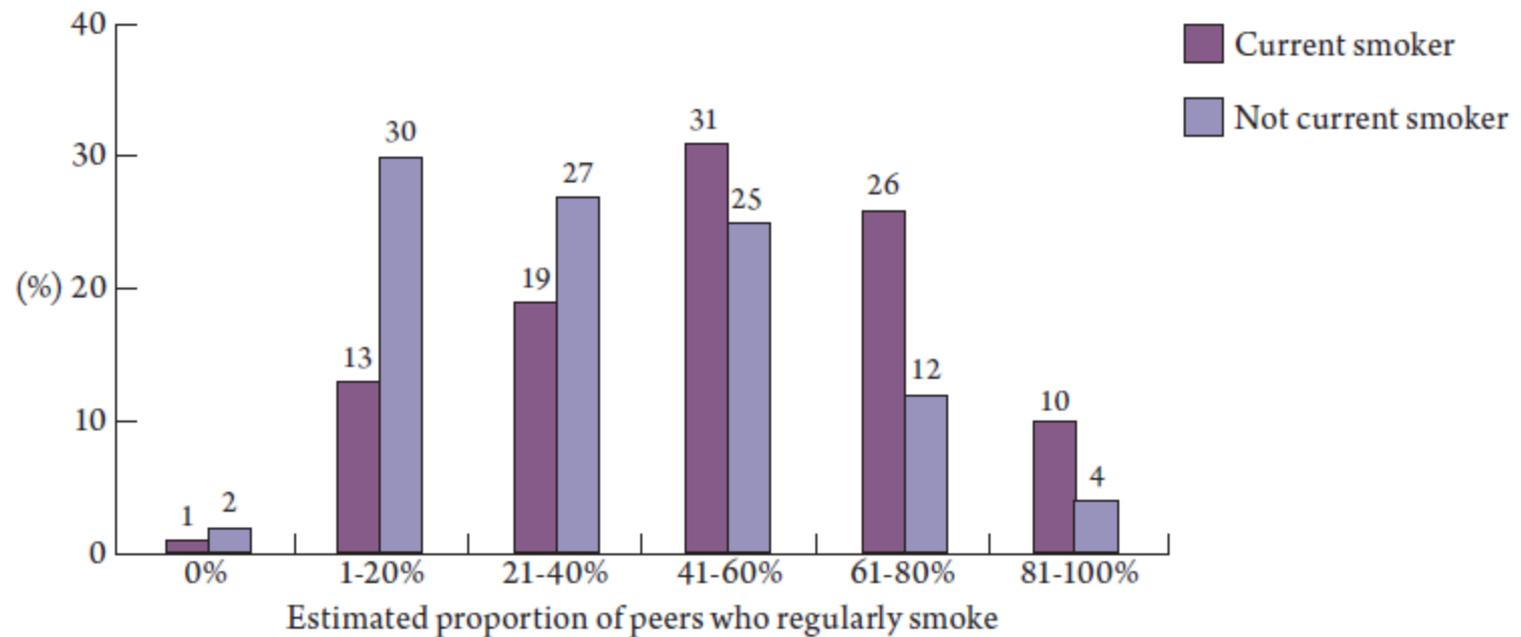


Figure 17: Perceived level of regular cigarette smoking in peers reported by children aged 12-17 years, by current smoking status



Perceived level of smoking among peers



Figure 17: Perceived level of regular cigarette smoking in peers reported by children aged 12-17 years, by current smoking status

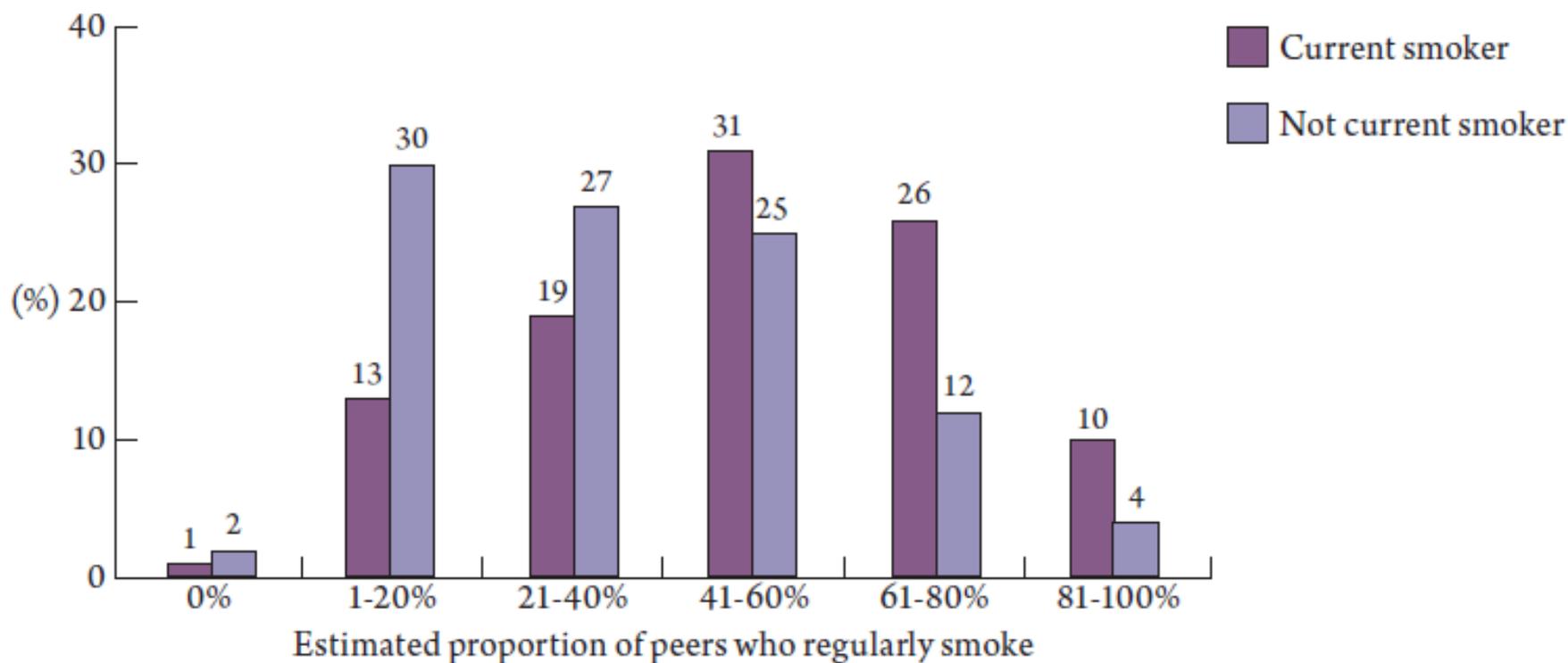


Figure 18: Percentages of boys who report never having had an alcoholic drink

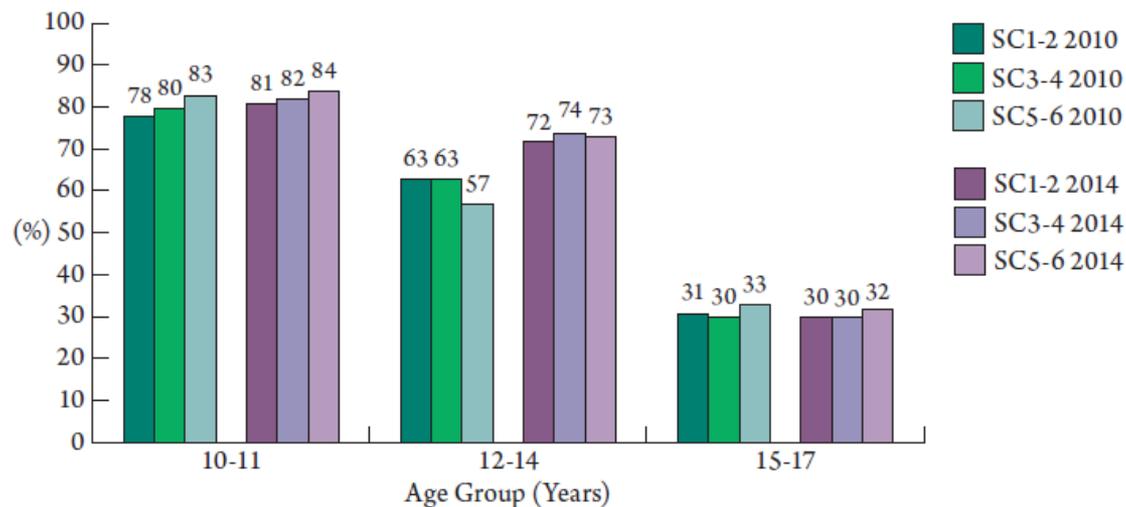


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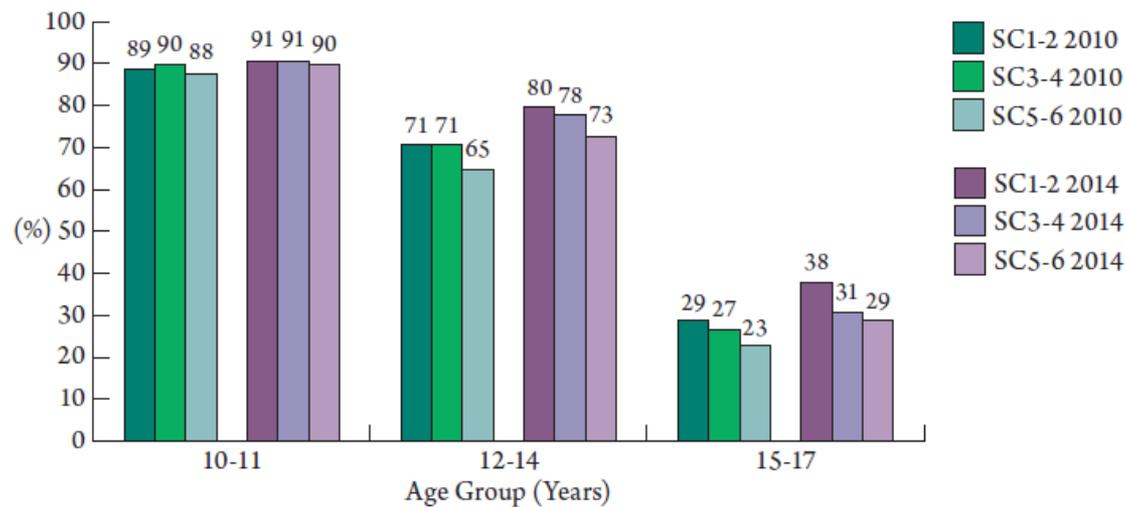


Figure 20: Percentages of boys who report having had an alcoholic drink in the last 30 days

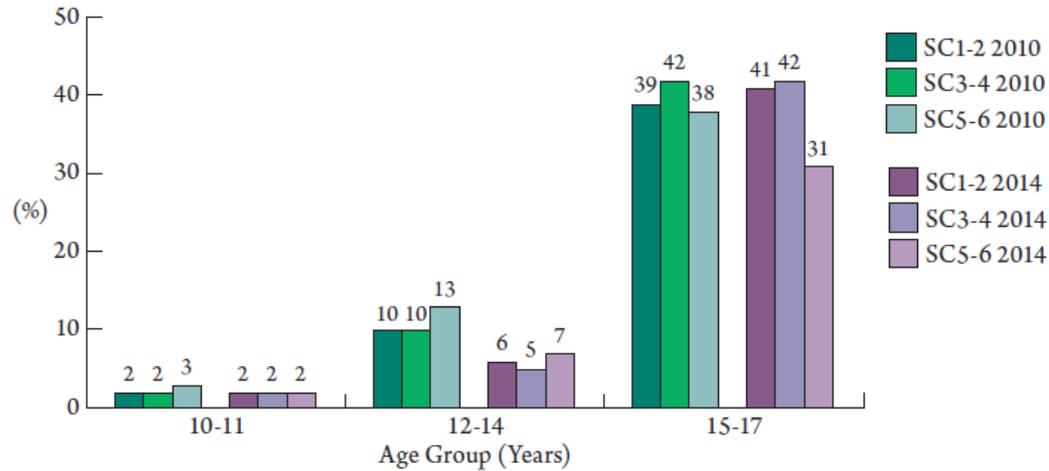


Figure 21: Percentages of girls who report having had an alcoholic drink in the last 30 days

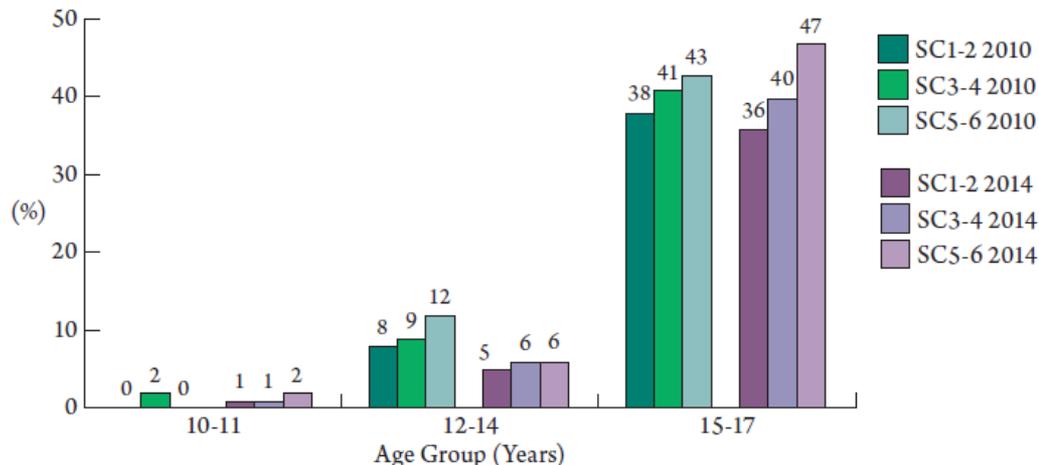


Figure 22: Percentages of boys who report having been ‘really drunk’

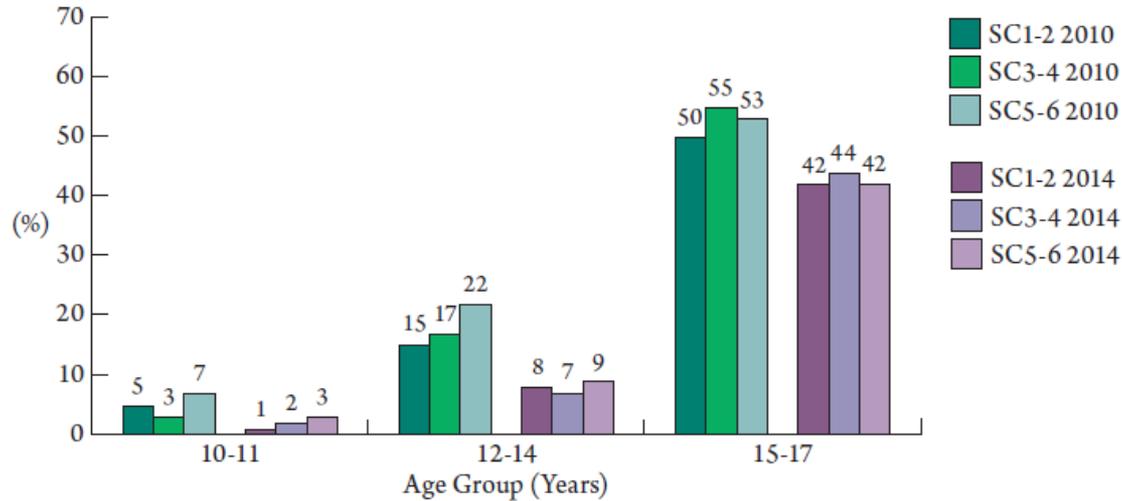


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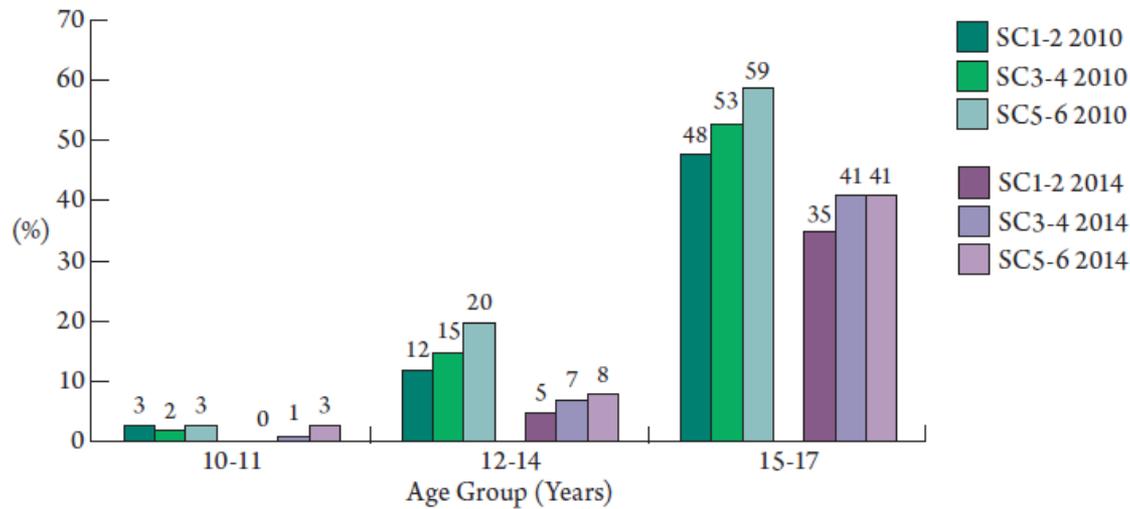


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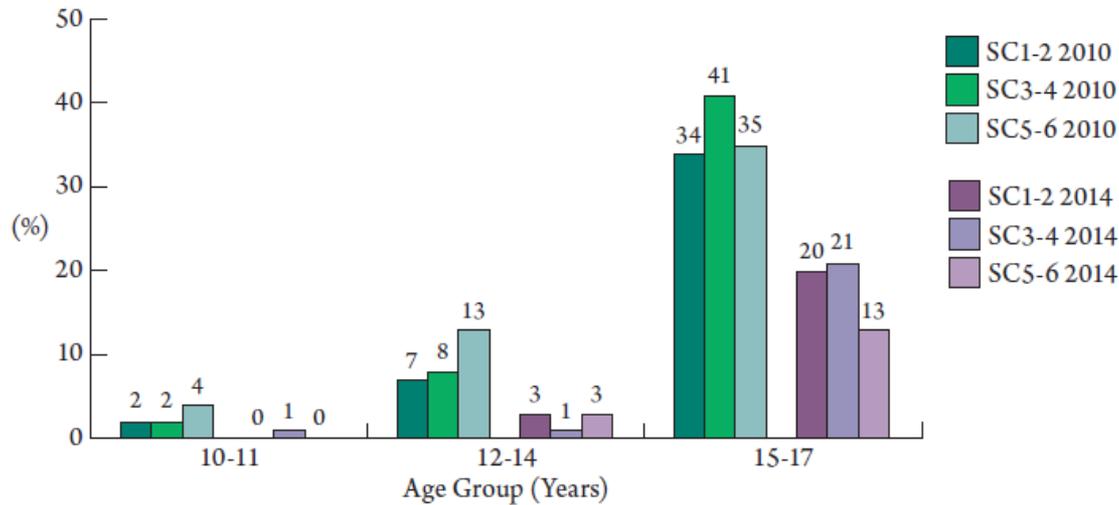


Figure 25: Percentages of girls who report having been drunk in the last 30 days

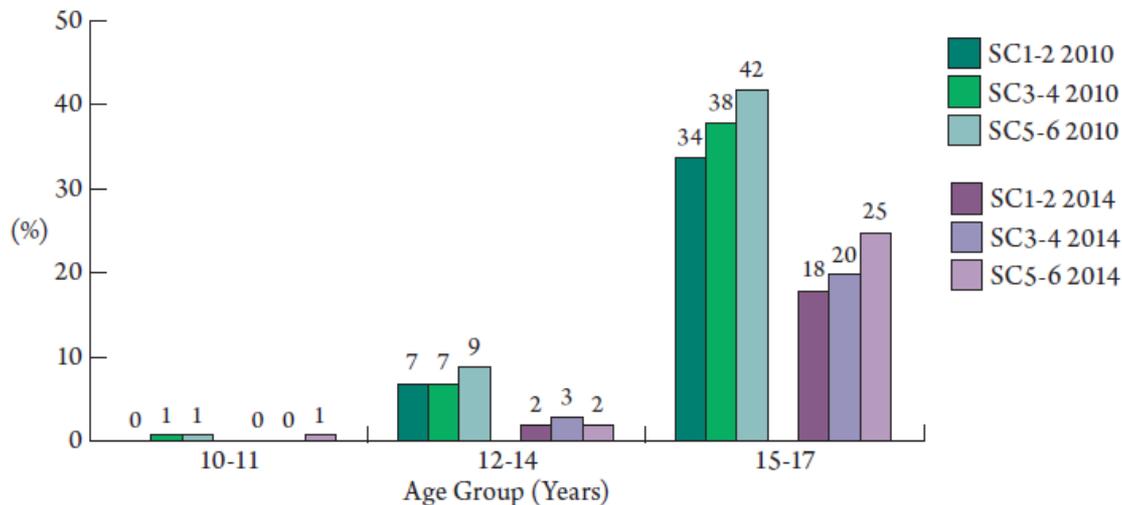


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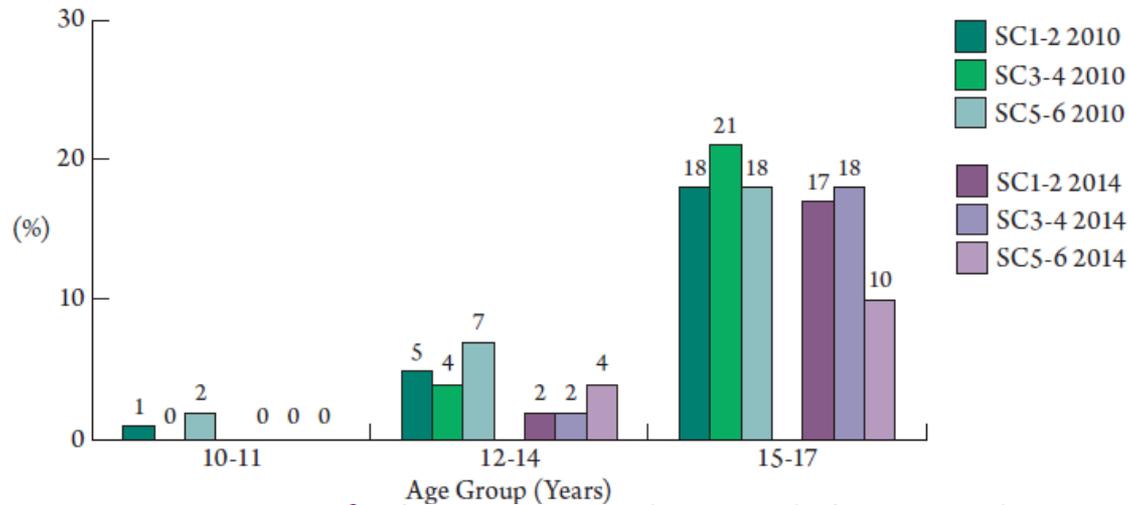


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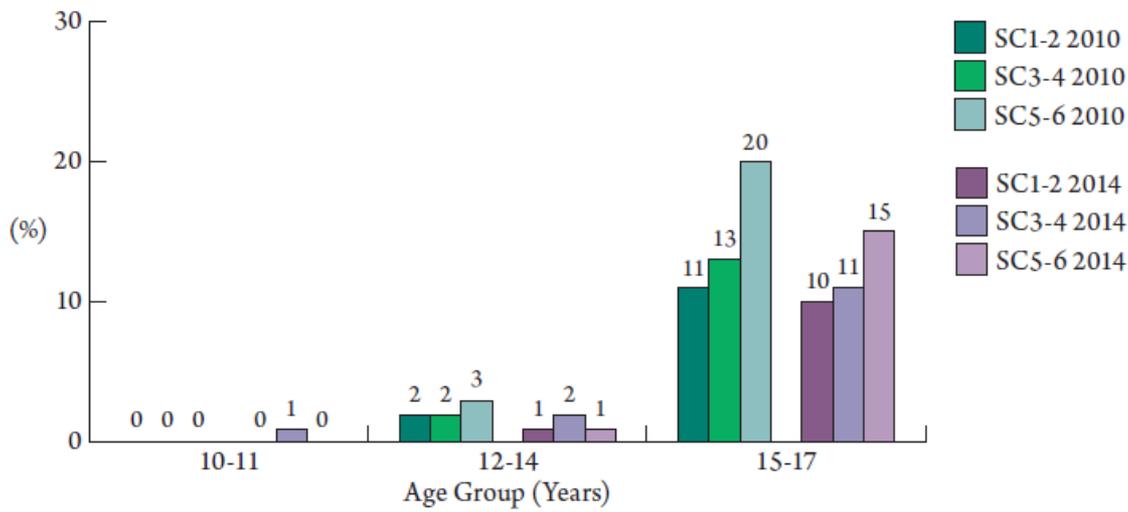


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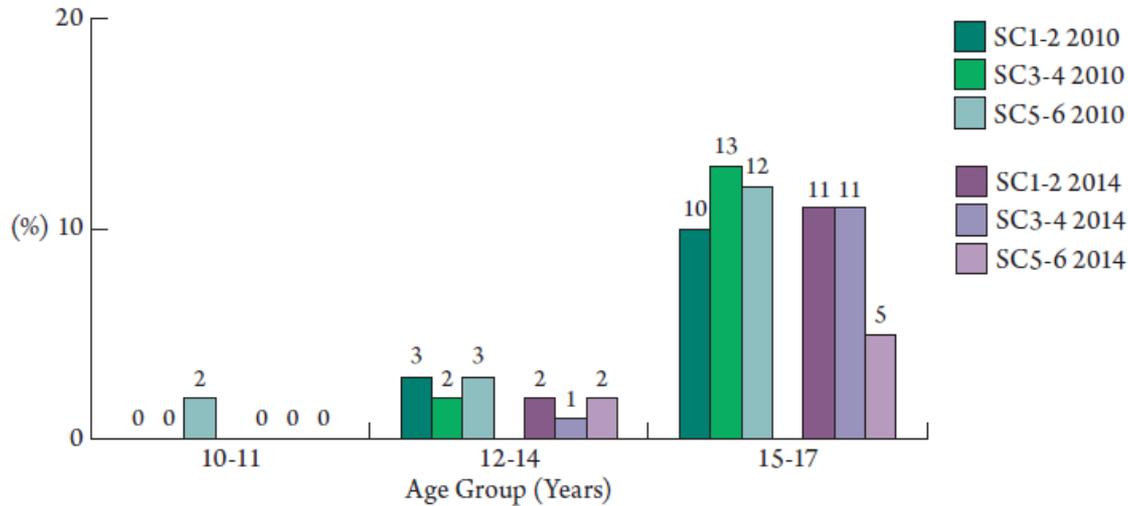


Figure 29: Percentages of girls reporting cannabis use in the last 30 days

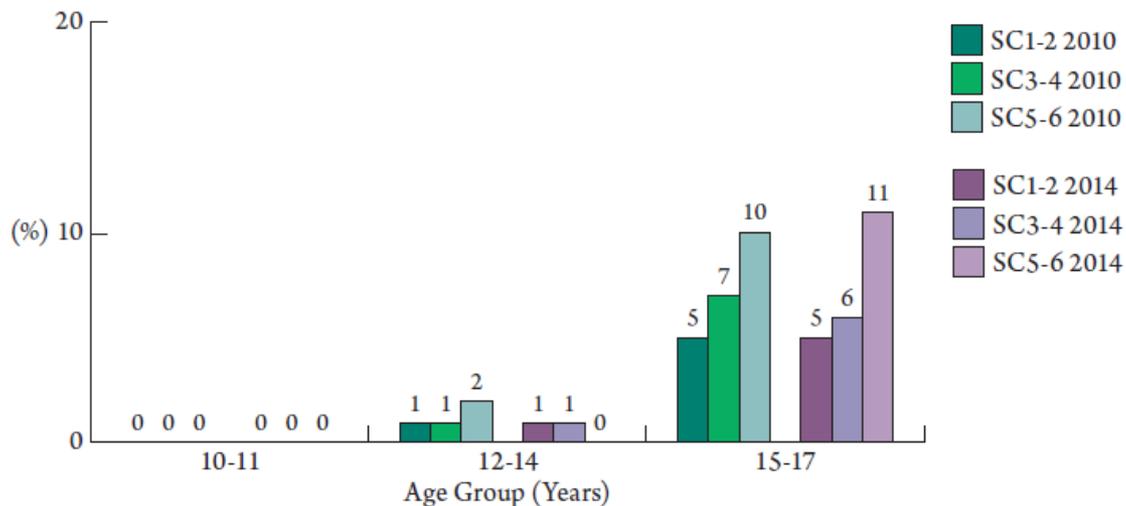


Figure 30: Percentages of boys who report eating fruit more than once a day

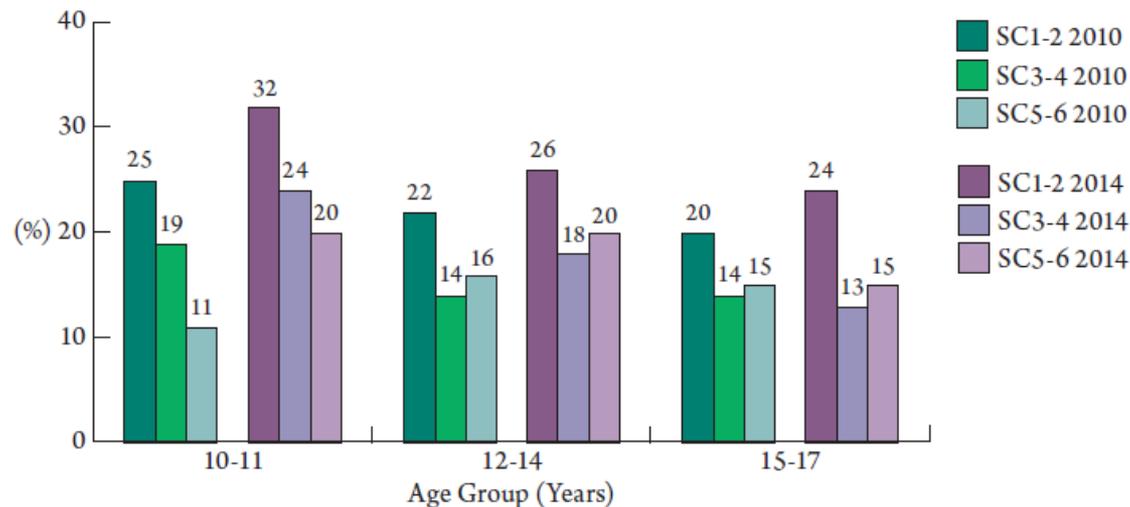


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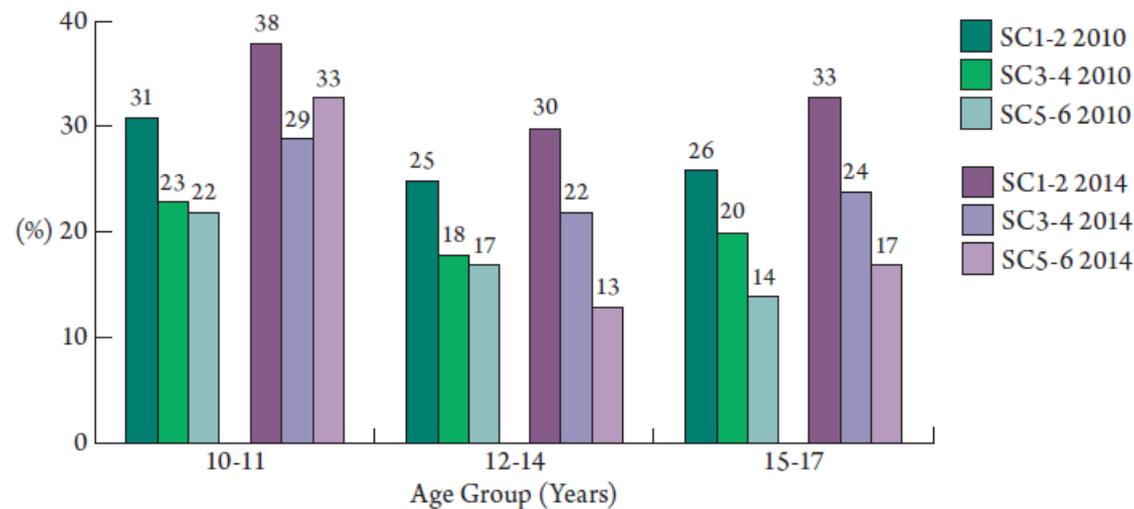


Figure 32: Percentages of boys who report eating vegetables more than once a day

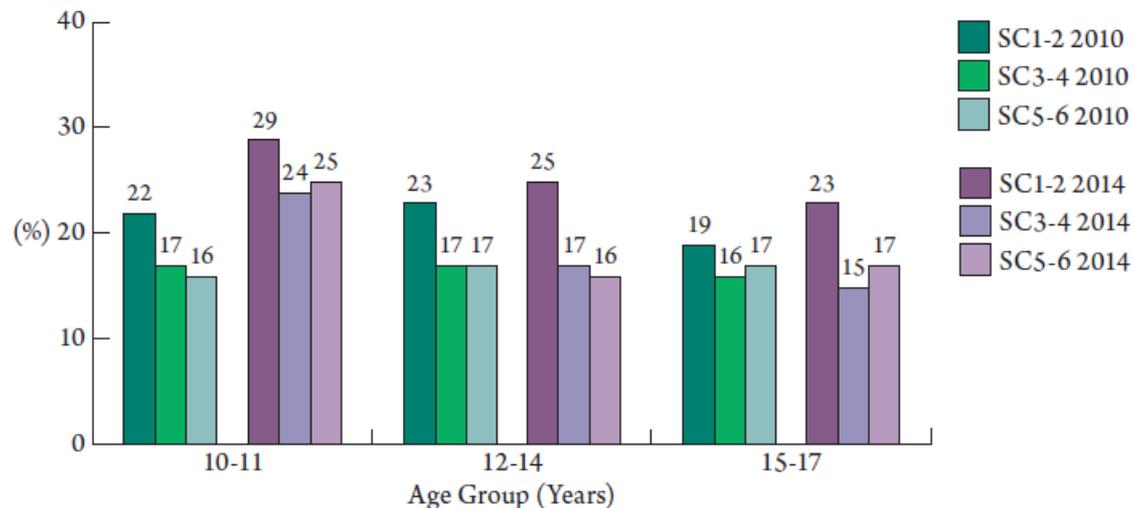


Figure 33: Percentages of girls who report eating vegetables more than once a day

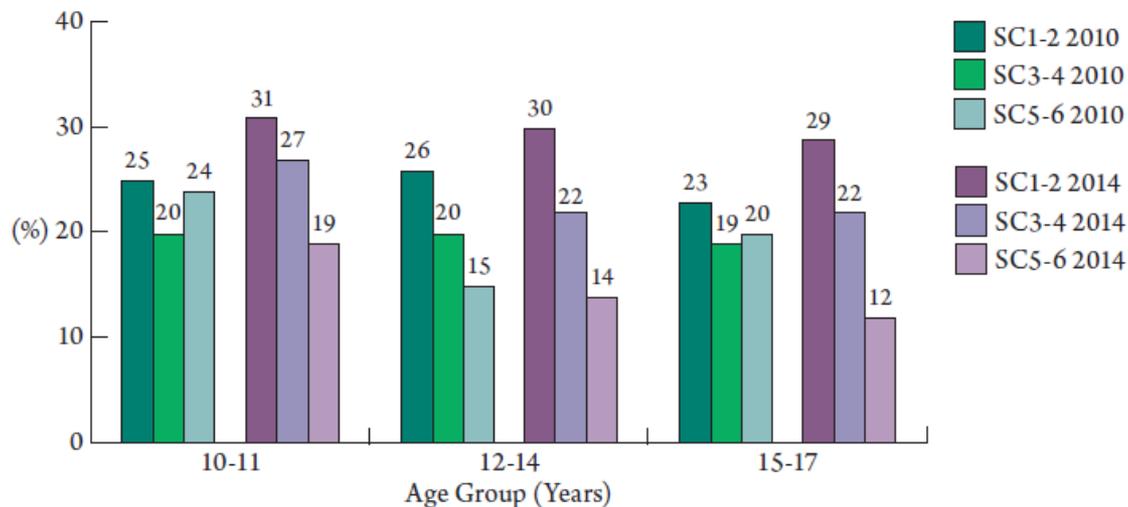


Figure 34: Percentages of boys who report eating sweets daily or more

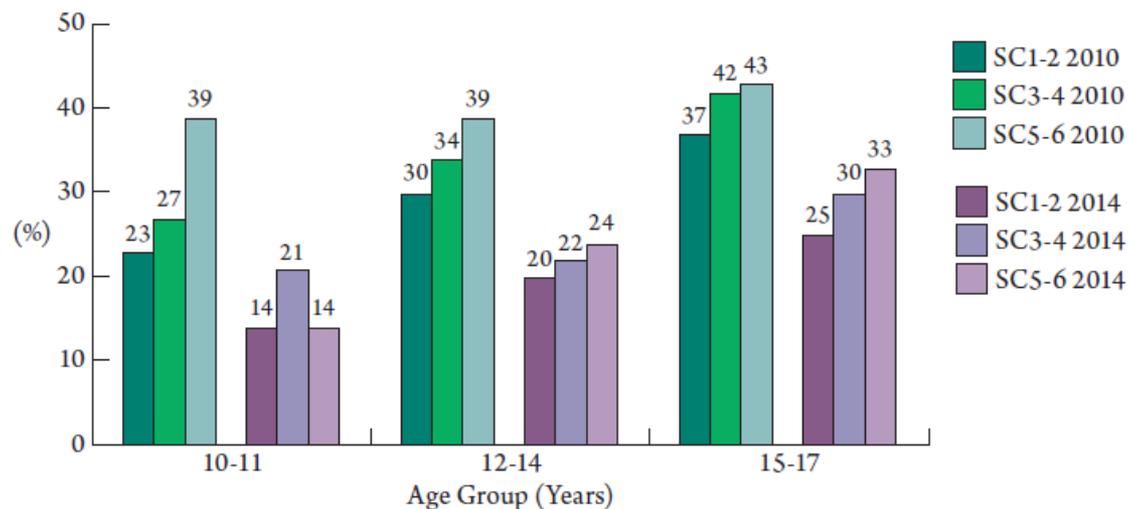


Figure 35: Percentages of girls who report eating sweets daily or more

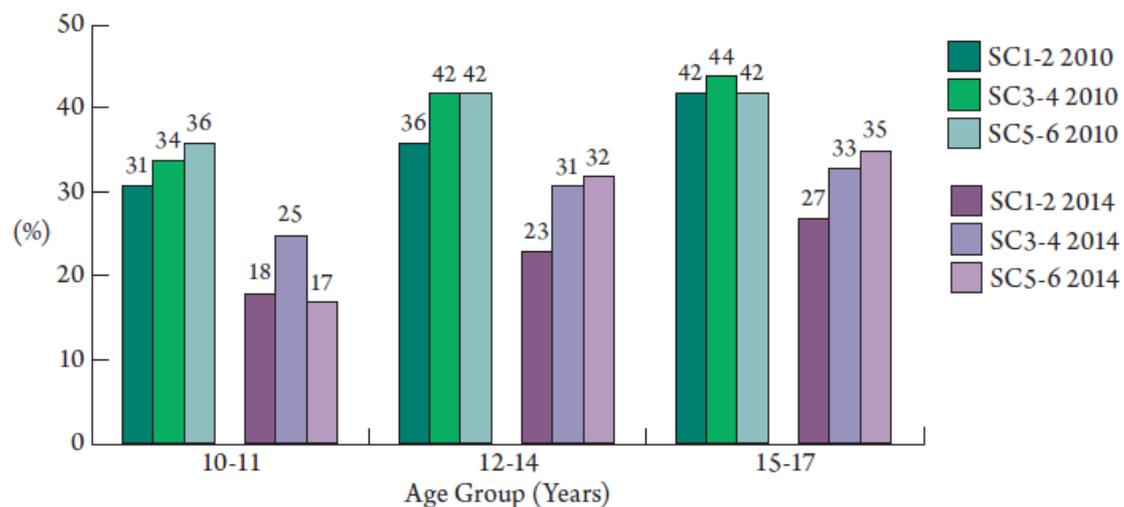


Figure 36: Percentages of boys who report drinking soft drinks daily or more

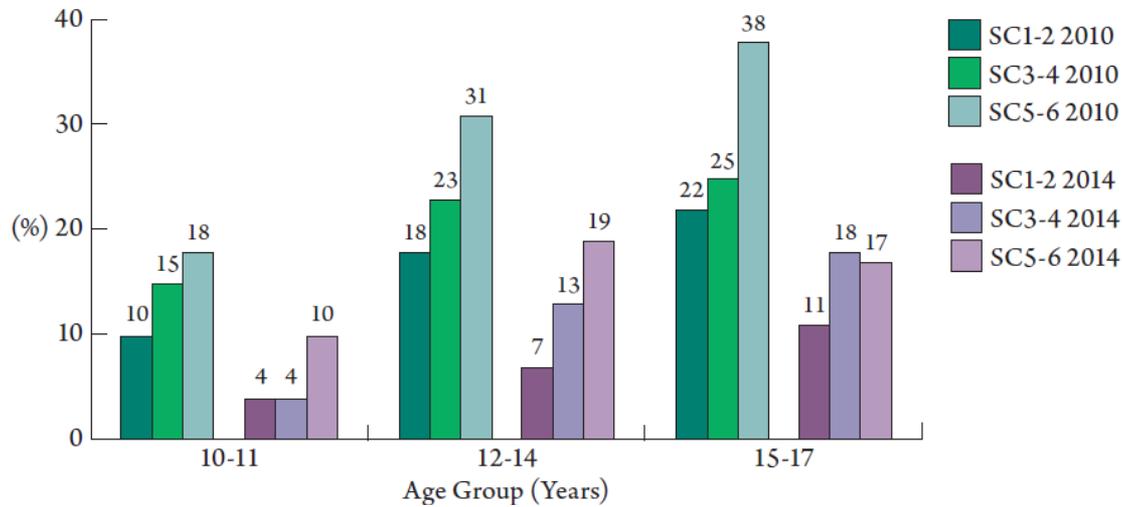


Figure 37: Percentages of girls who report drinking soft drinks daily or more

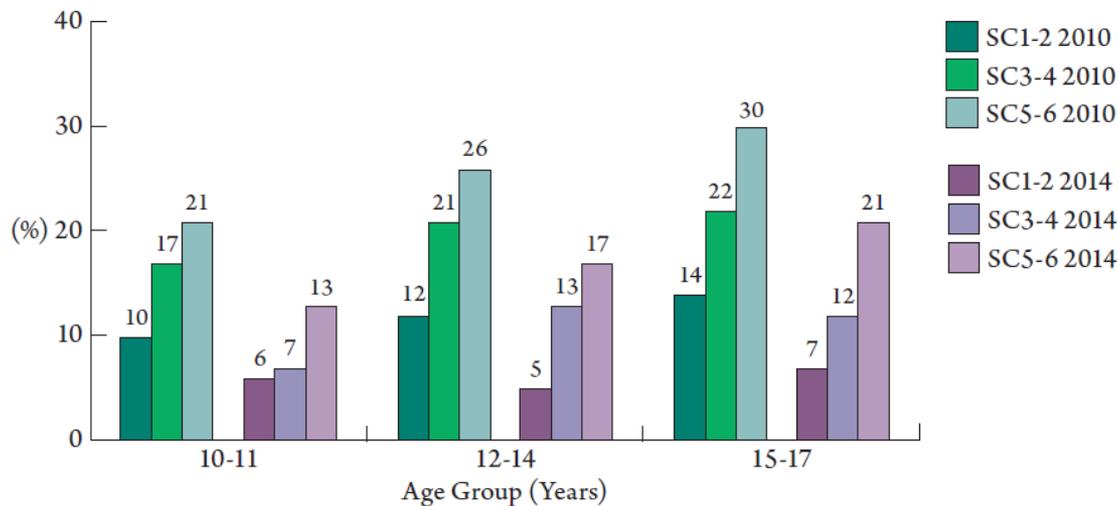


Figure 38: Percentages of boys who report not having breakfast on weekdays

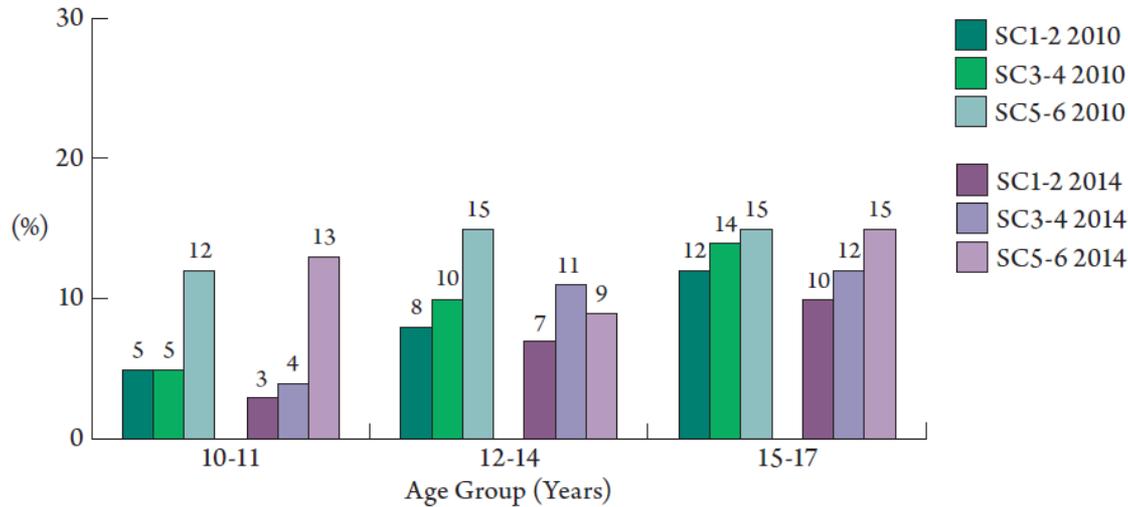


Figure 39: Percentages of girls who report not having breakfast on weekdays

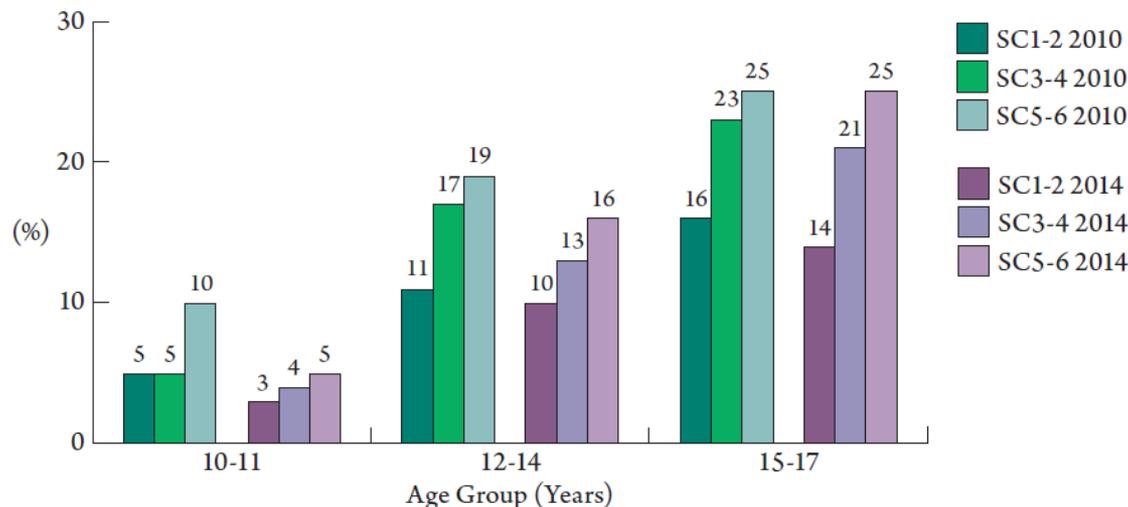


Figure 40: Percentages of boys who report ever going to school/bed hungry

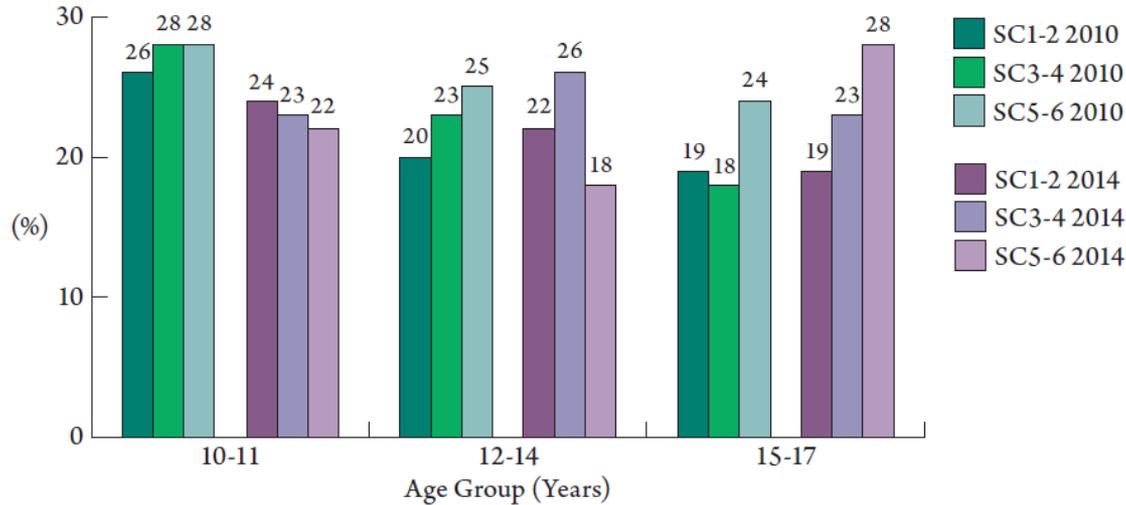


Figure 41: Percentages of girls who report ever going to school/bed hungry

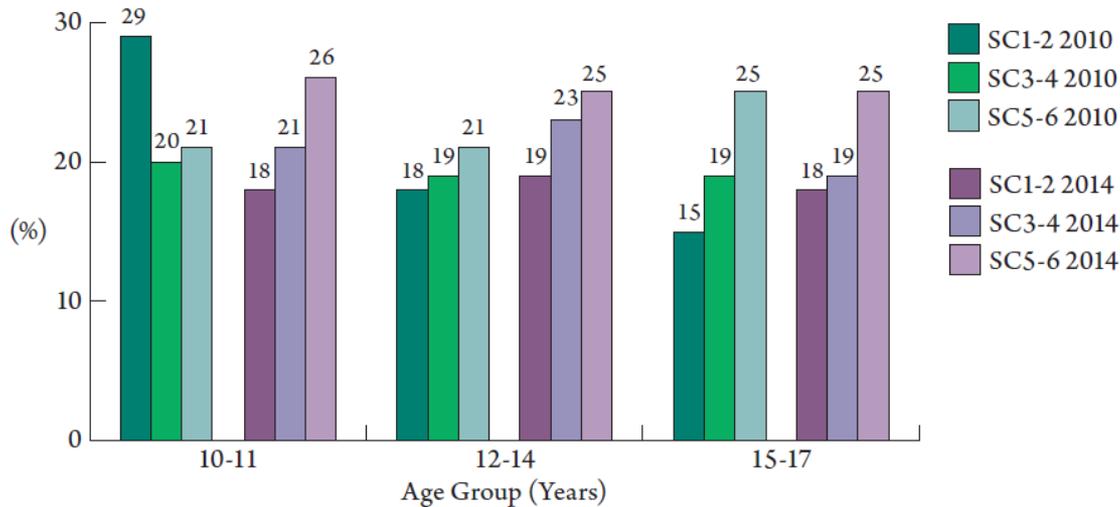


Figure 42: Percentages of boys who report currently trying to lose weight

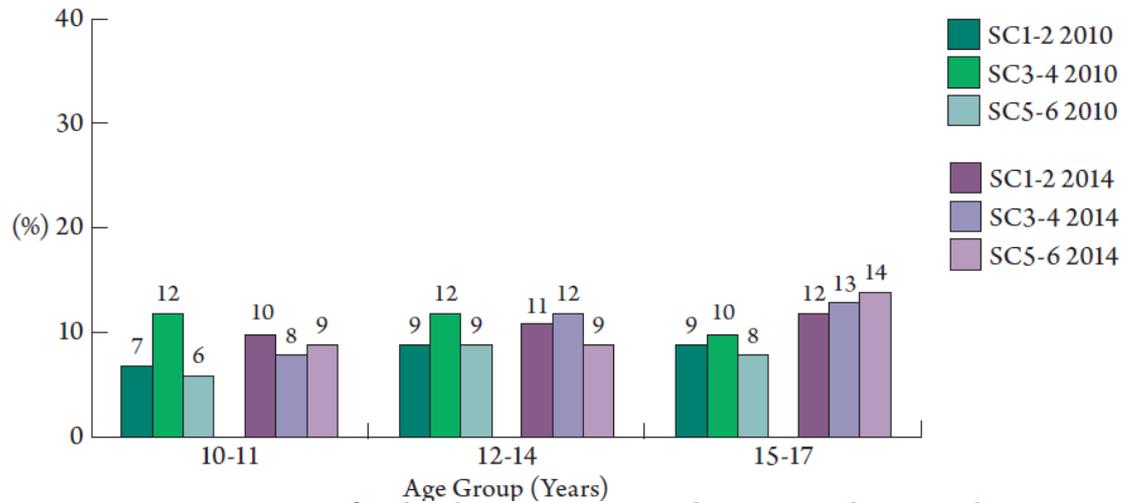


Figure 43: Percentages of girls who report currently trying to lose weight

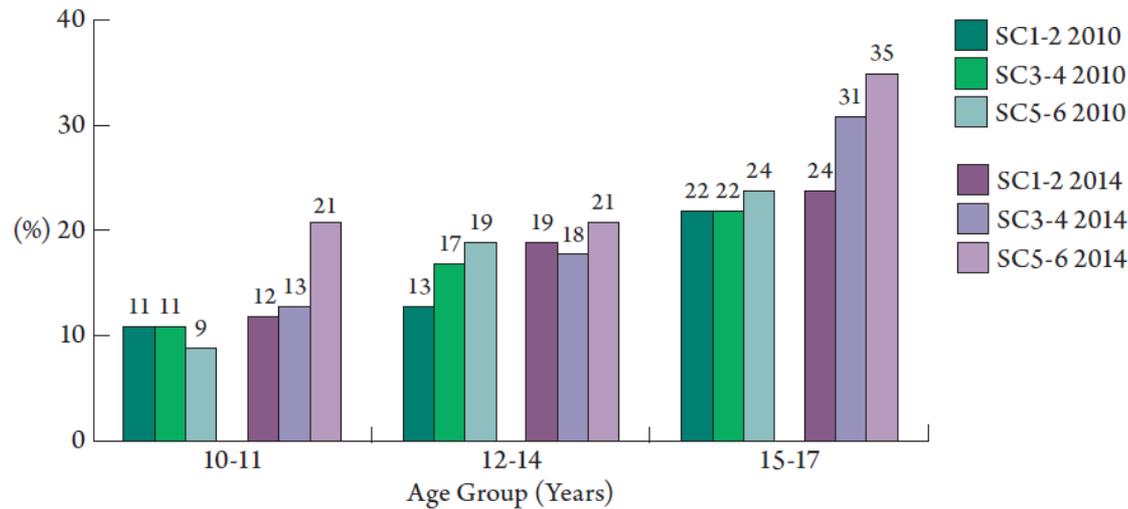


Figure 44: Factors influencing body image in 12-17 year olds and examples of responses/ quotes provided by the children

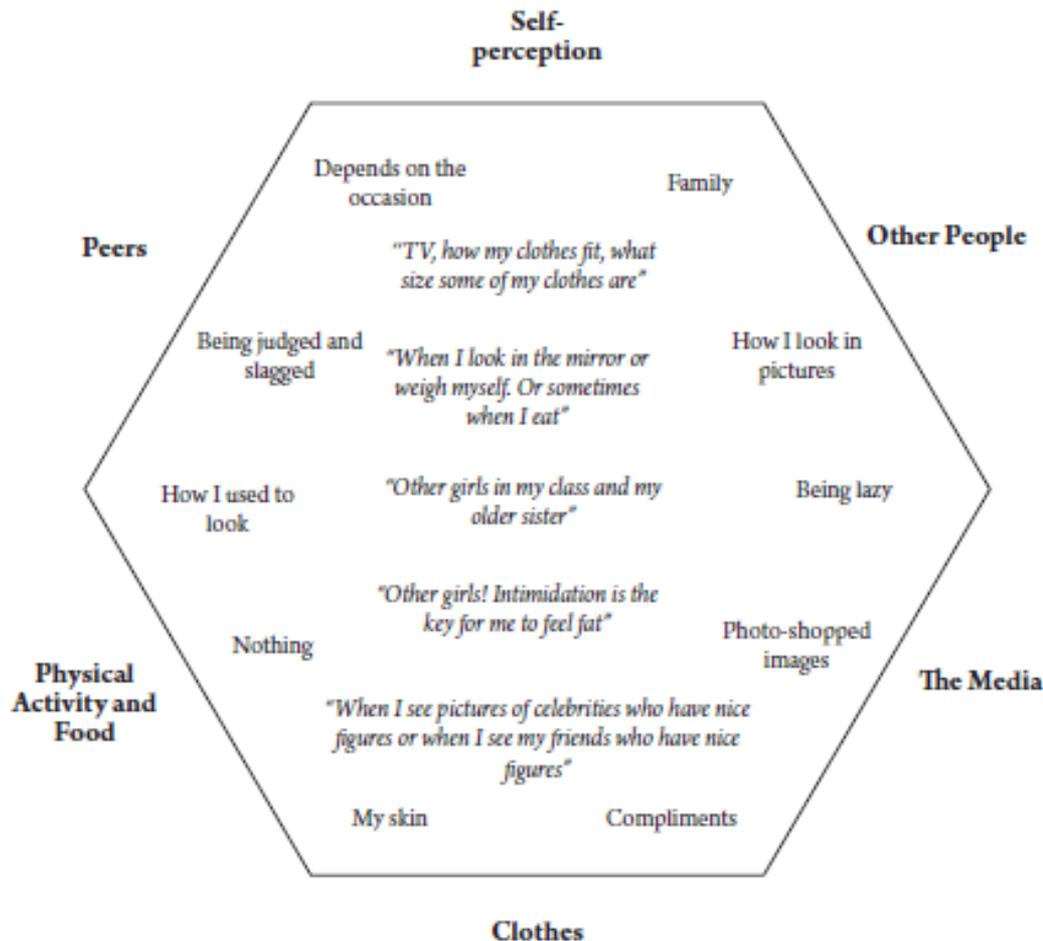


Figure 45: Percentages of boys who report participating in vigorous exercise four or more times per week

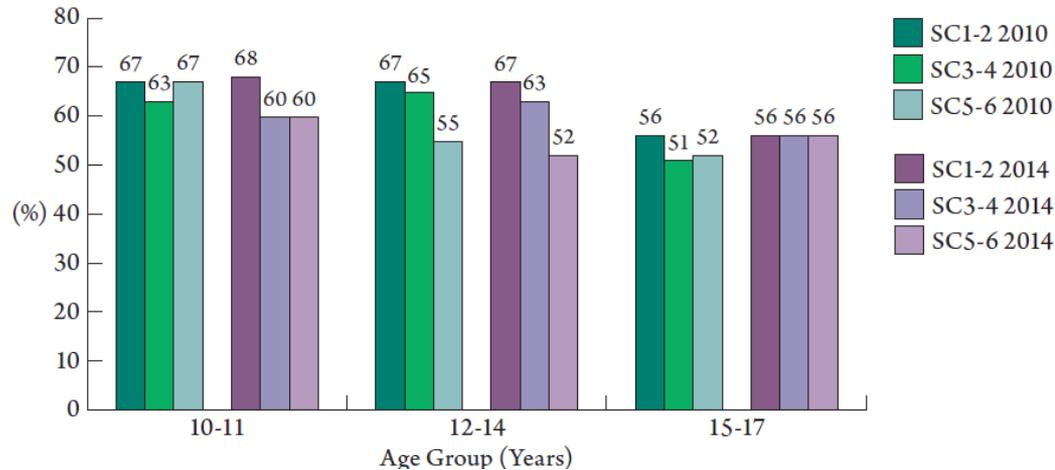


Figure 46: Percentages of girls who report participating in vigorous exercise four or more times per week

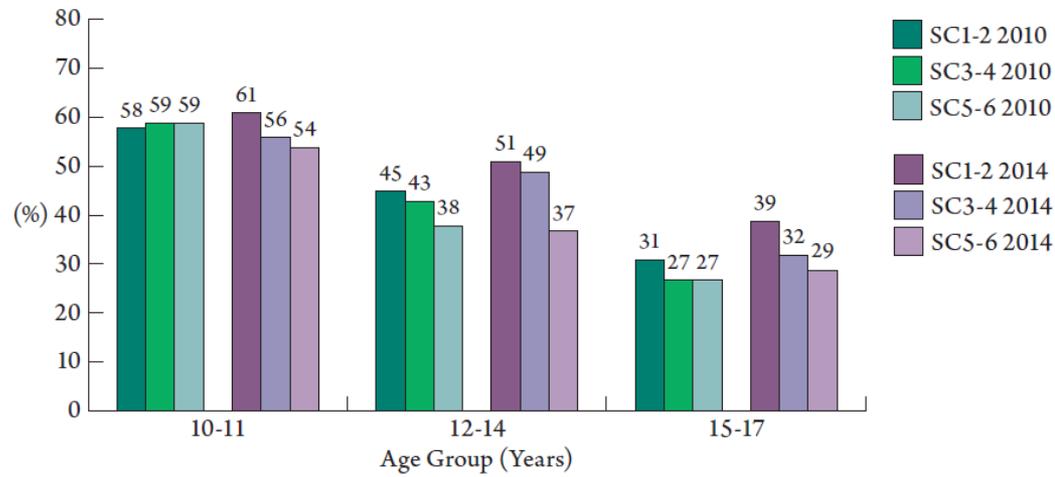


Figure 47: Percentages of boys who report participating in vigorous exercise less than weekly

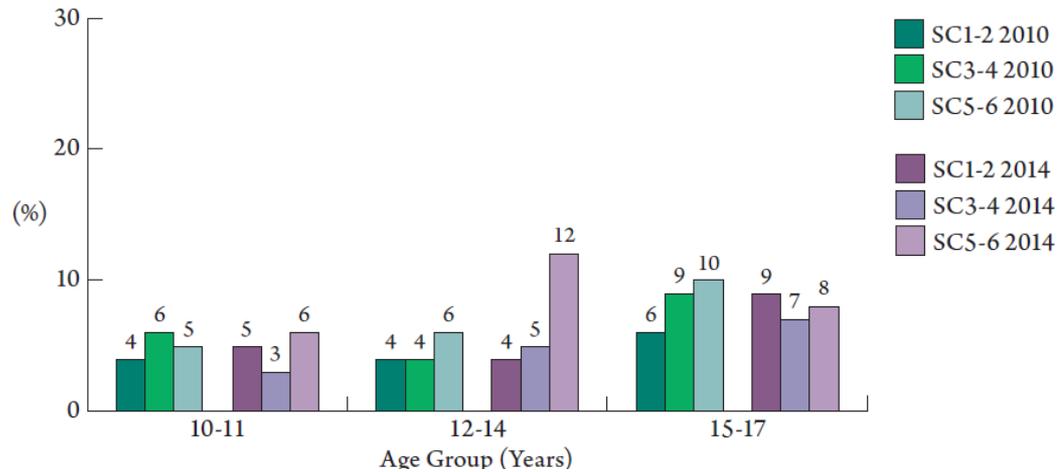


Figure 48: Percentages of girls who report participating in vigorous exercise less than weekly

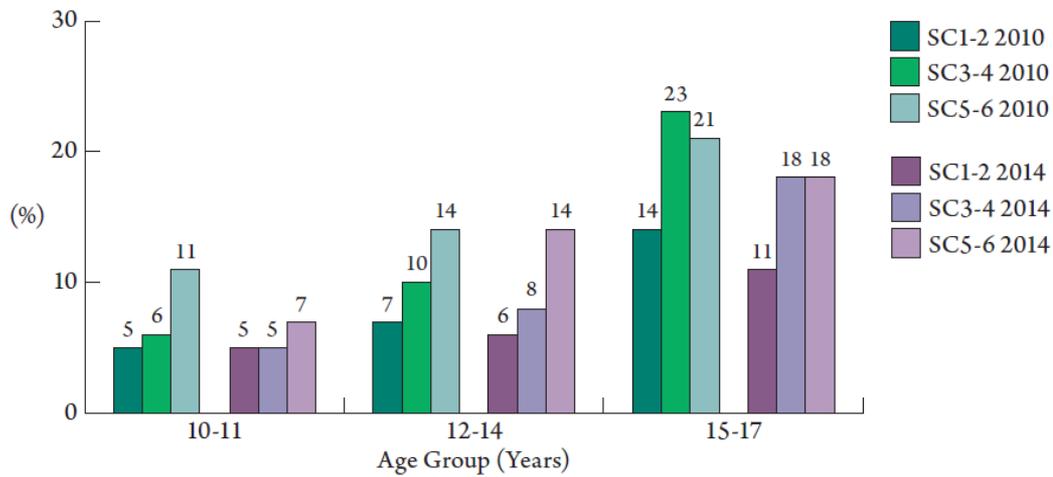


Figure 49: Percentages of boys who report being physically active on 7 days in the last week

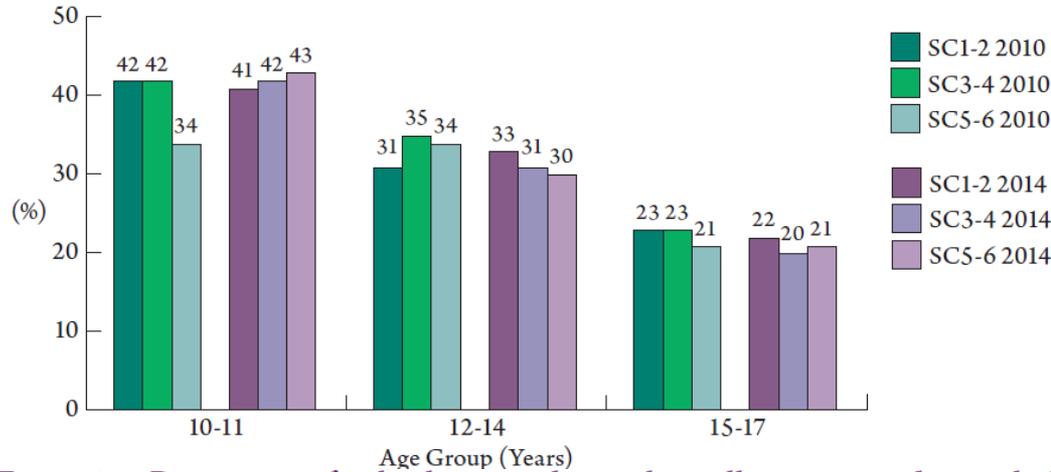


Figure 50: Percentages of girls who report being physically active on 7 days in the last week

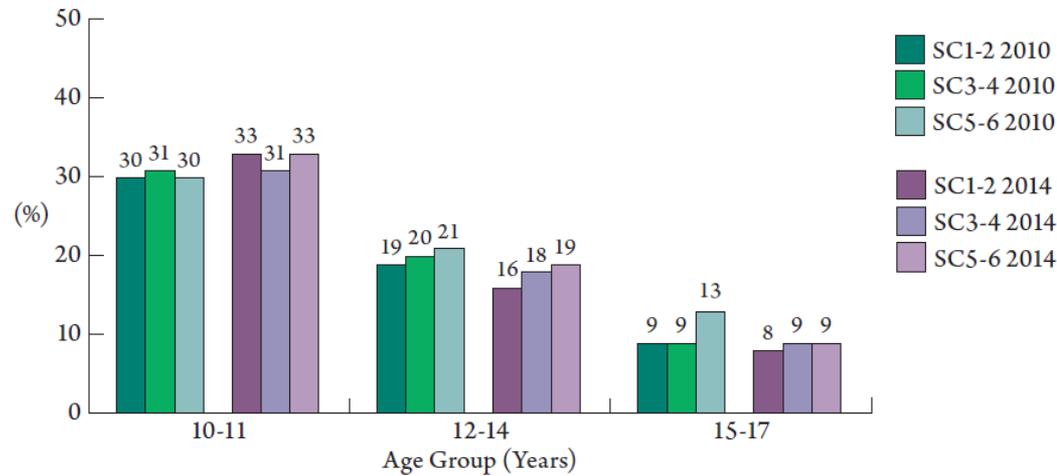


Figure 51: Percentages of 10-14 year old boys and girls who report playing with a club



Figure 52: Percentages of boys who report brushing their teeth more than once a day

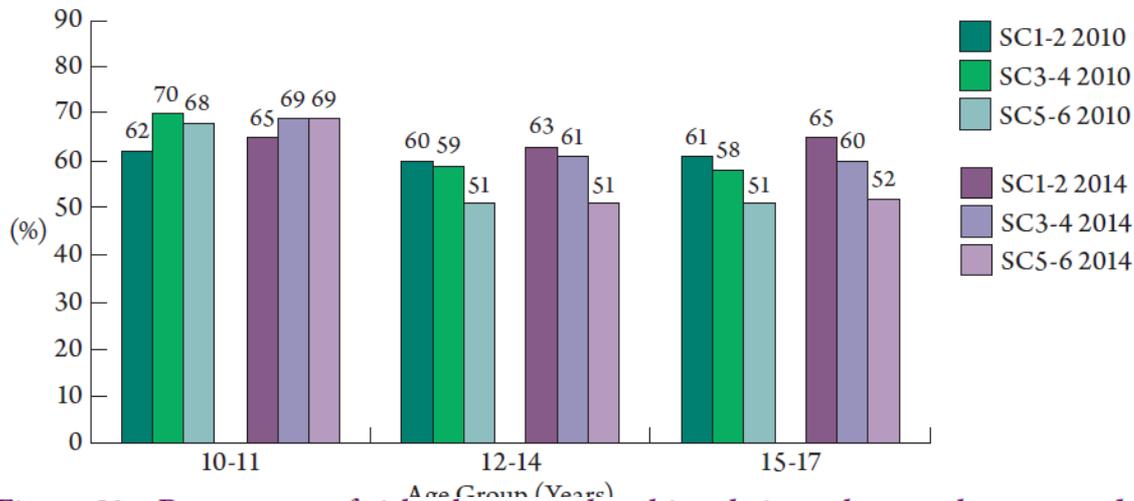


Figure 53: Percentages of girls who report brushing their teeth more than once a day

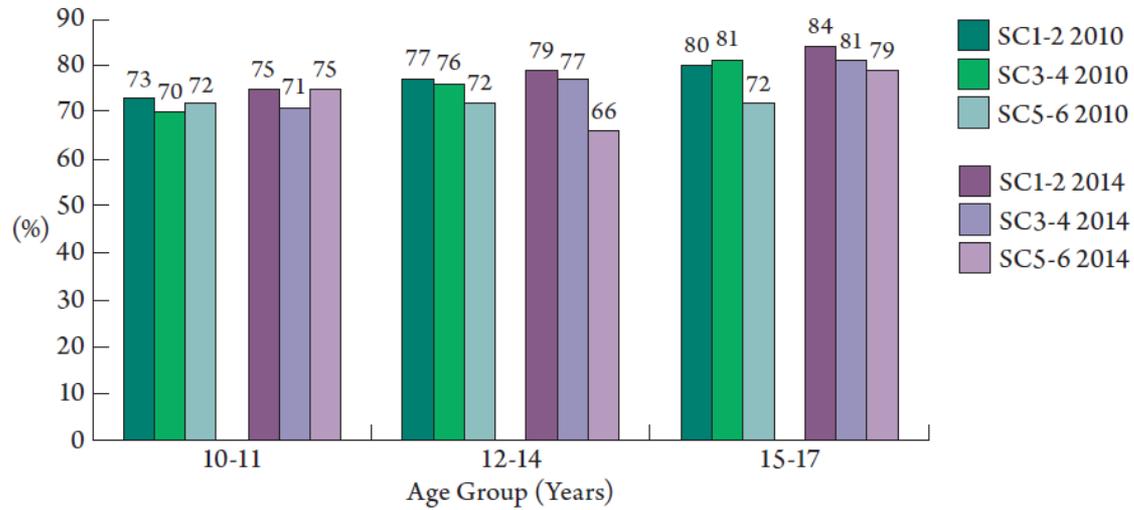


Figure 54: Percentages of boys who report always wearing a seatbelt

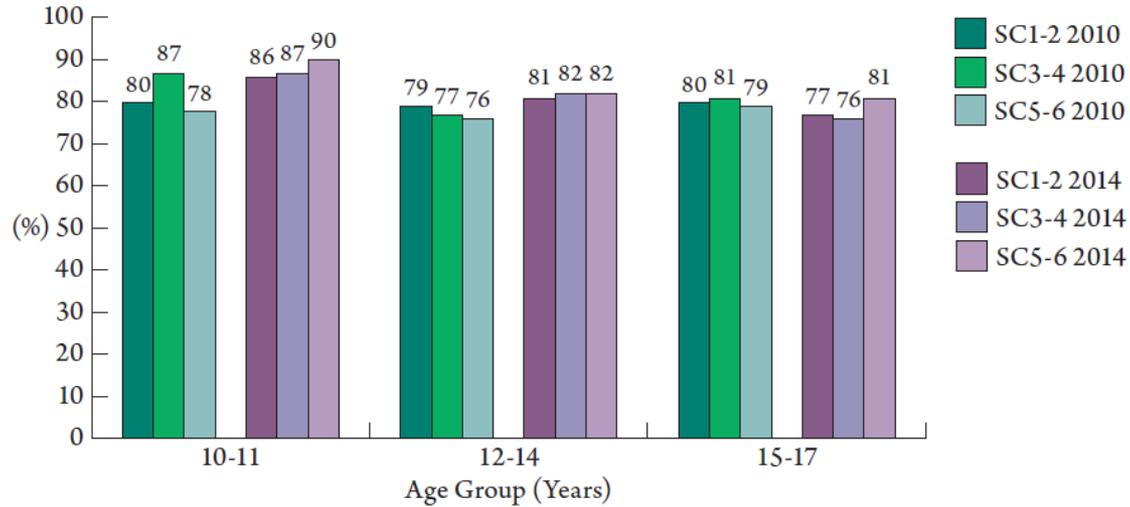


Figure 55: Percentages of girls who report always wearing a seatbelt

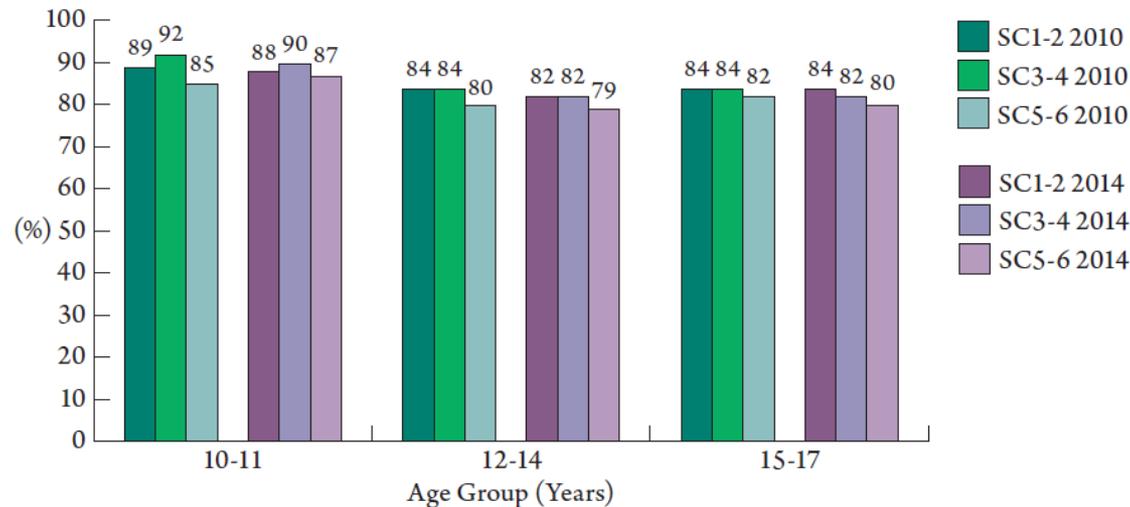


Figure 56: Percentages of boys who report ever being injured in the last 12 months

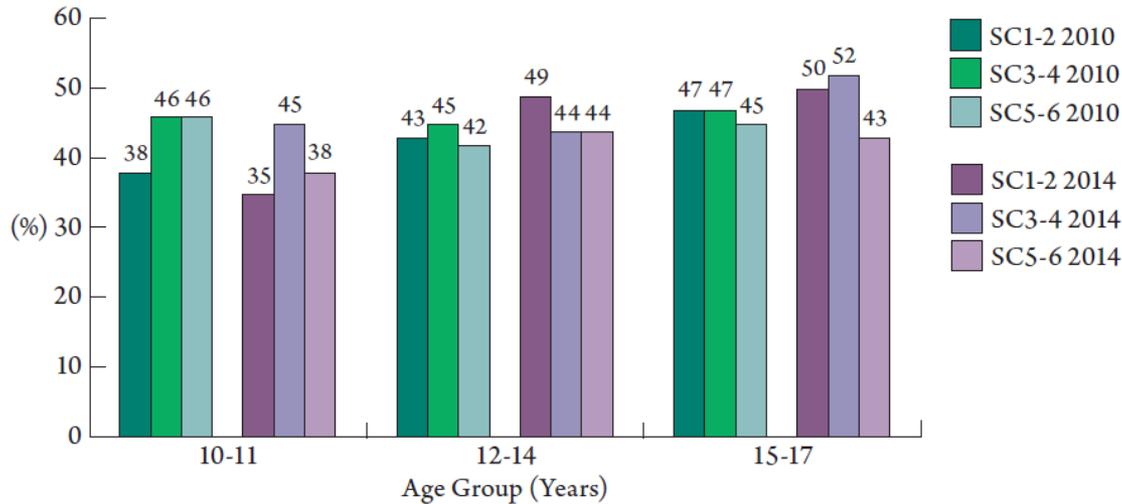


Figure 57: Percentages of girls who report ever being injured in the last 12 months

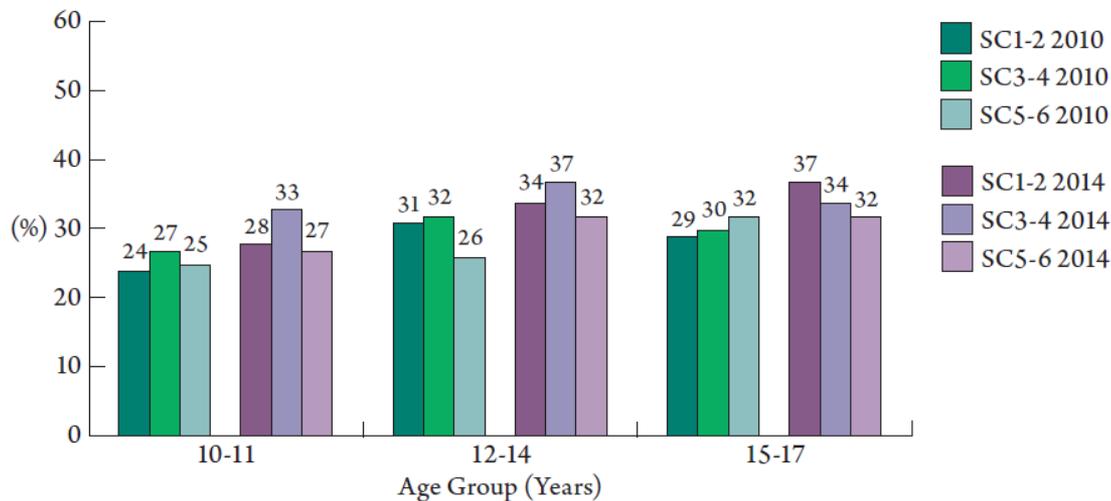


Figure 58: Percentages of boys who report ever being in a physical fight in the last 12 months

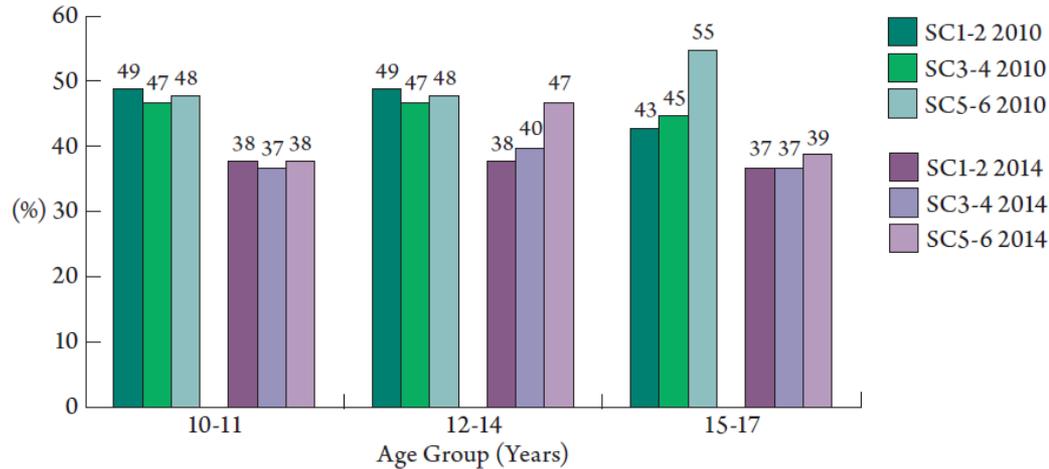


Figure 59: Percentages of girls who report ever being in a physical fight in the last 12 months

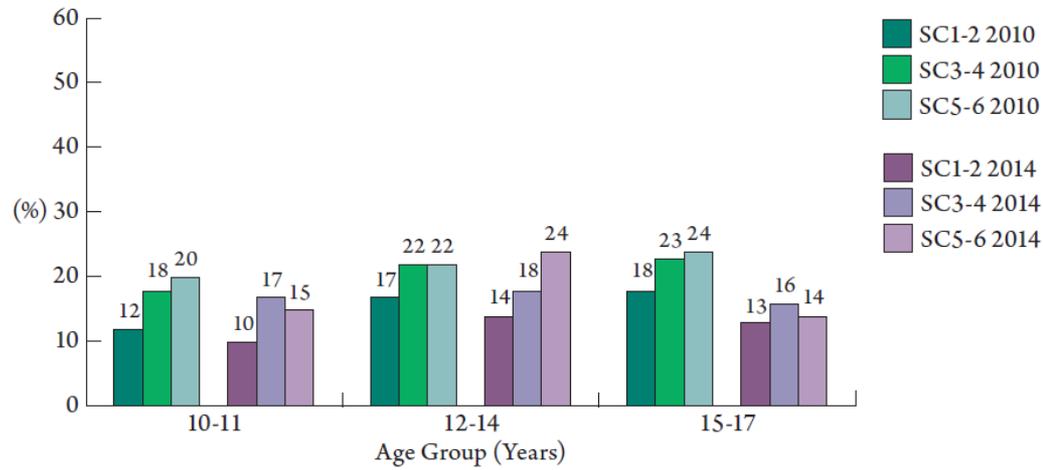


Figure 60: Percentages of boys who report ever bullying others in the past couple of months

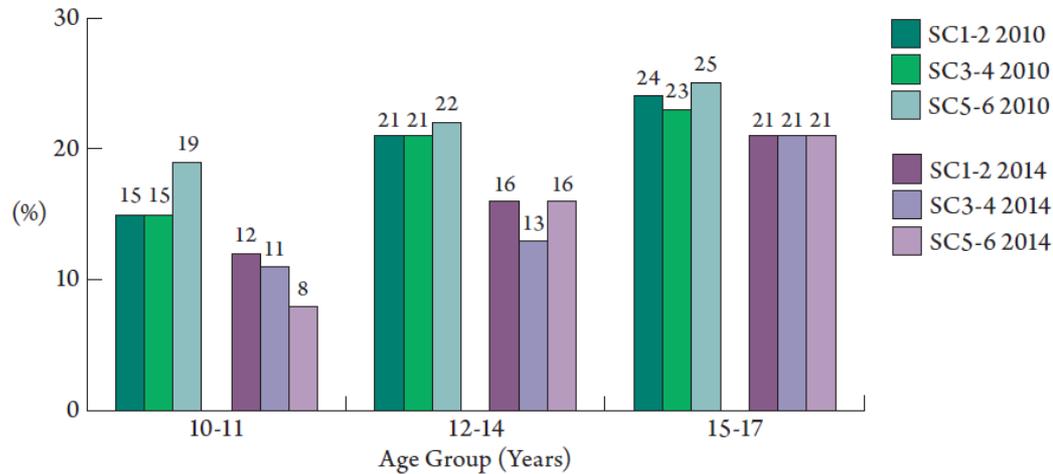


Figure 61: Percentages of girls who report ever bullying others in the past couple of months

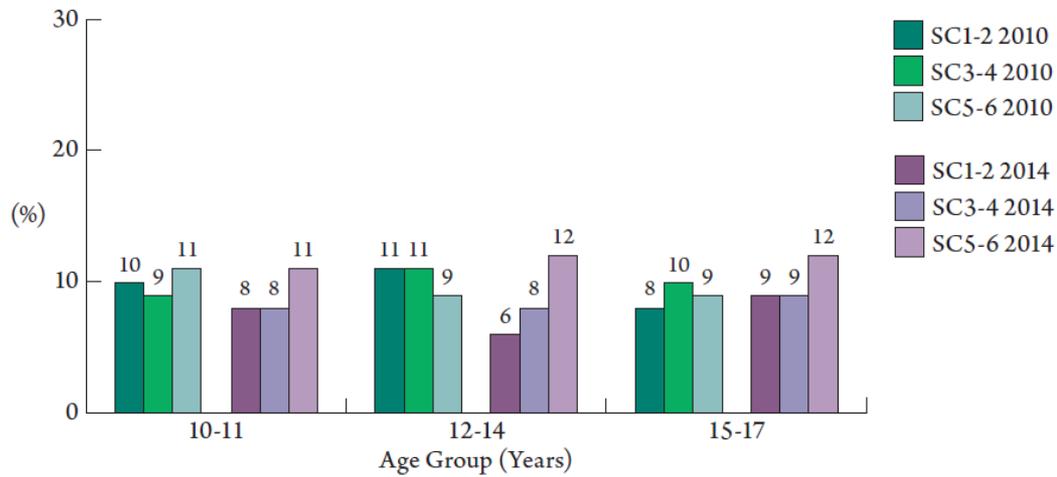


Figure 62: Percentages of boys who report ever being bullied in school in the past couple of months

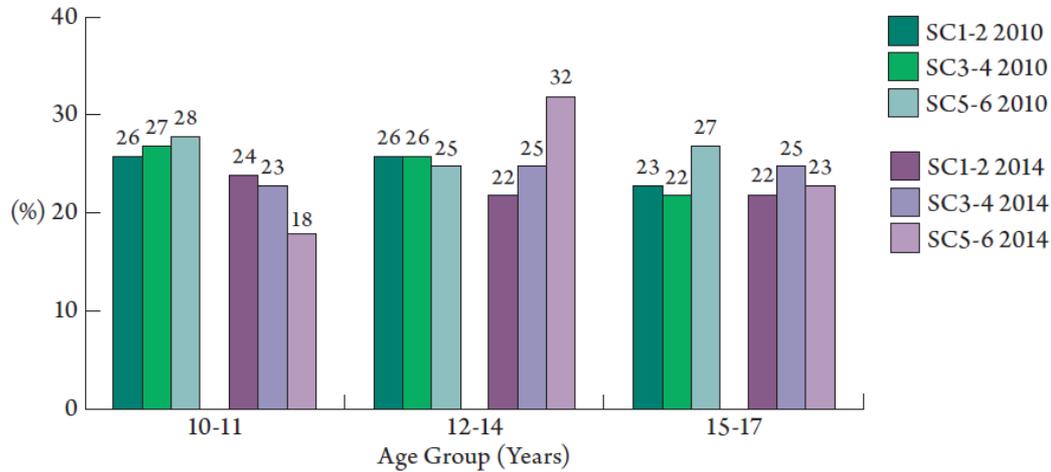


Figure 63: Percentages of girls who report ever being bullied in school in the past couple of months

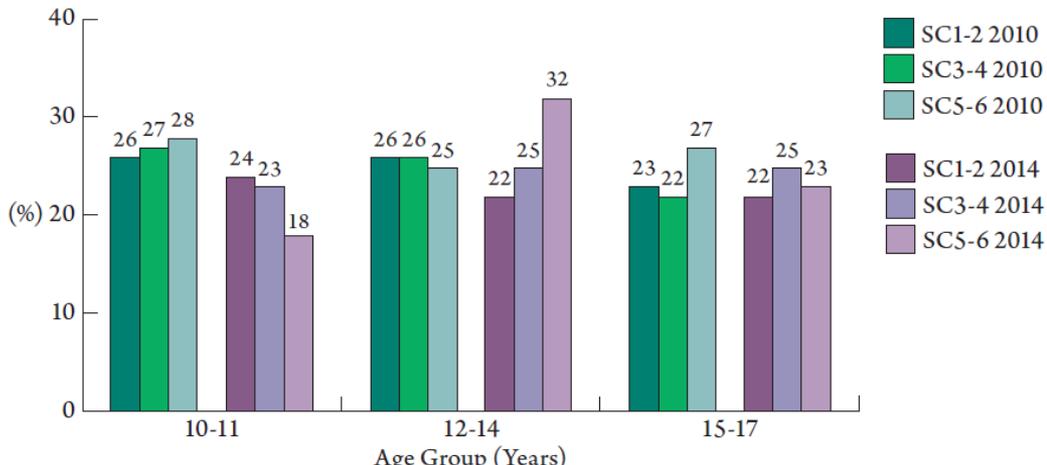


Figure 64: Percentages of boys and girls who report ever being bullied in the past couple of months by being sent mean messages

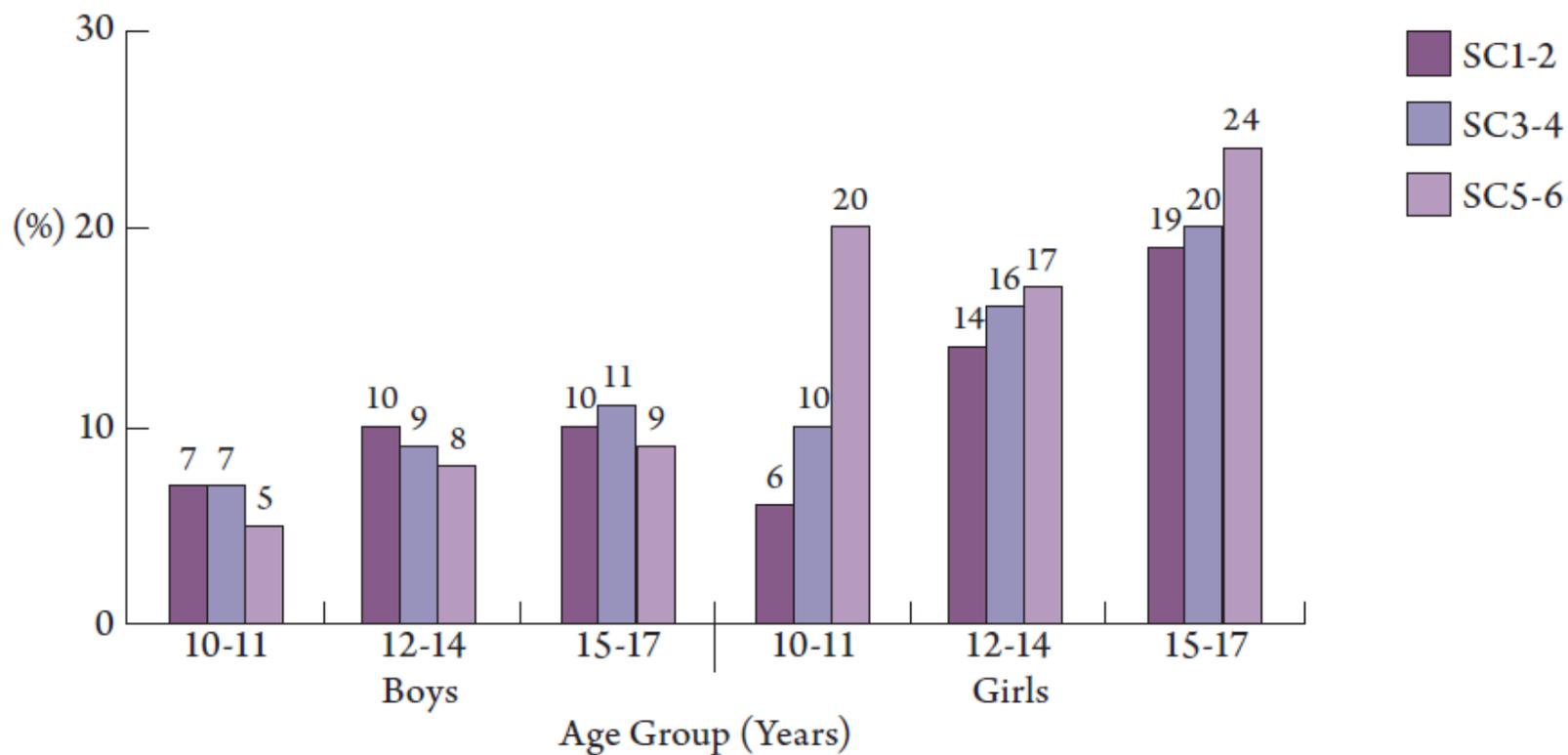


Figure 65: Percentages of boys and girls who report ever being bullied in the past couple of months by someone posting unflattering or inappropriate pictures of them online without permission

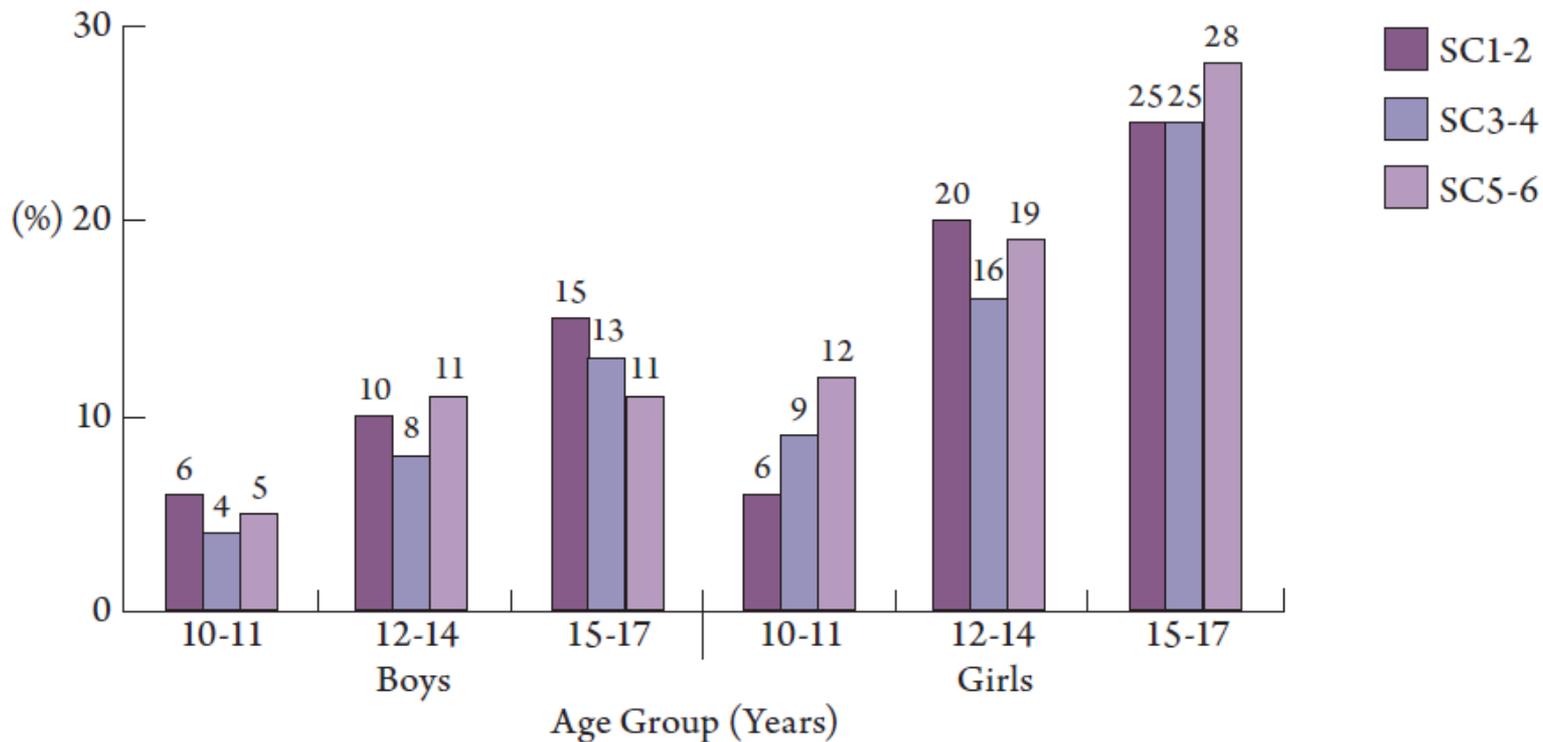


Figure 66: Percentages of 15-17 year olds who report having ever had sex, by gender

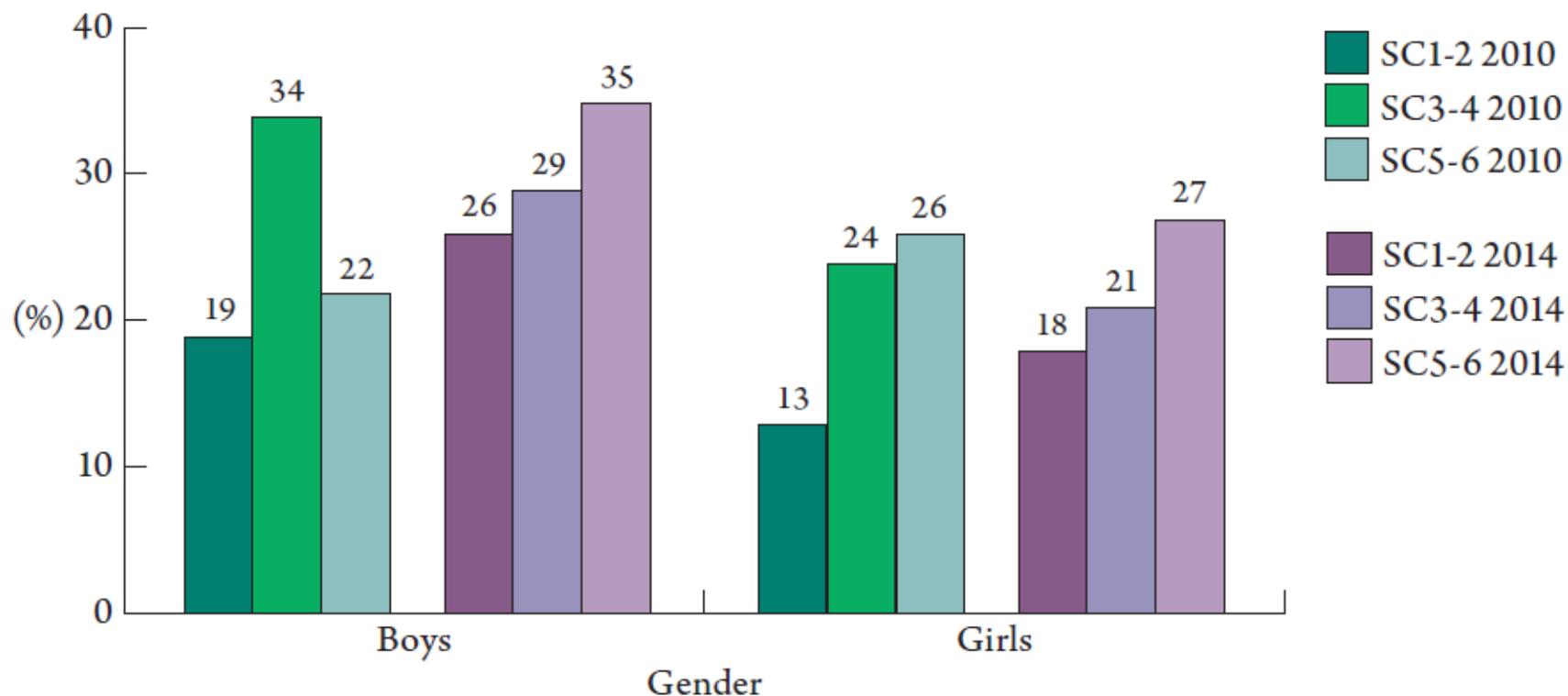
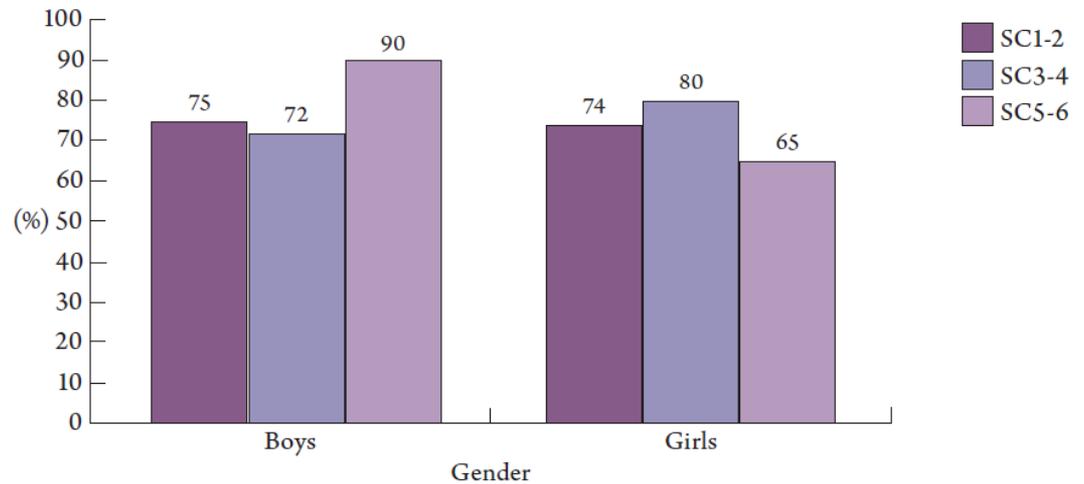


Figure 67: Percentages of 15-17 year olds who report using the birth control pill, by gender (of those who have ever had sex)



Figure 68: Percentages of 15-17 year olds who report using condoms, by gender (of those who have ever had sex)



Middle Childhood Study

The results of the findings from Middle Childhood Study presented in this section are stratified by gender, age group and social class. The findings presented in this section include children from 3rd and 4th class.

Figure 69: Percentages of 3rd and 4th class boys and girls who report their health is excellent

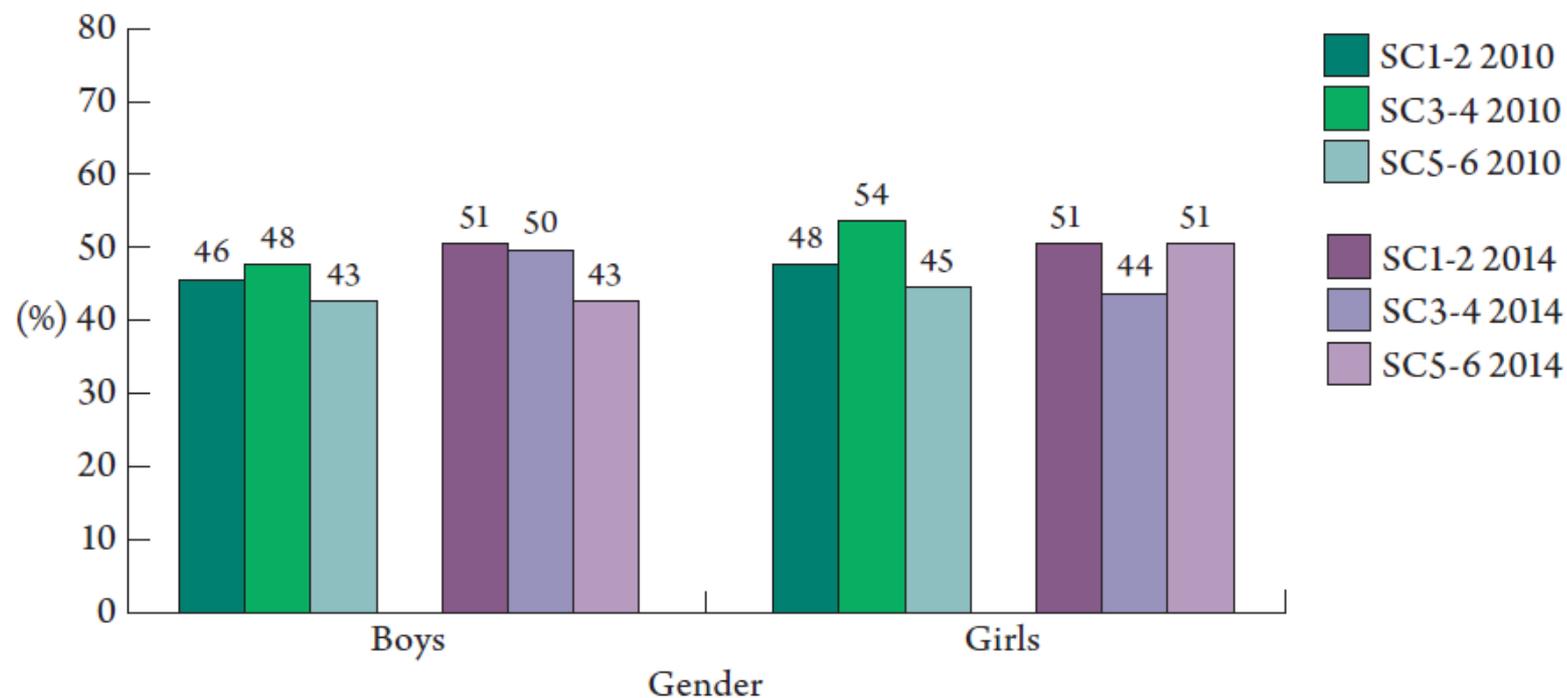


Figure 70: Percentages of 3rd and 4th class boys and girls who report feeling very happy about their lives at present

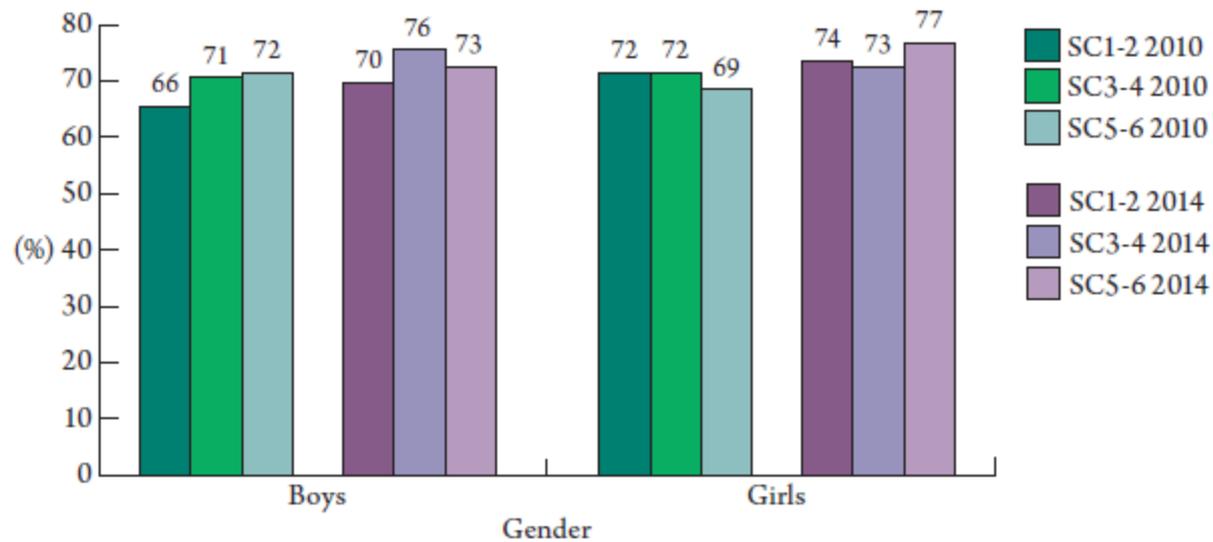


Figure 71: Percentages of 3rd and 4th class boys and girls who report they always love their family

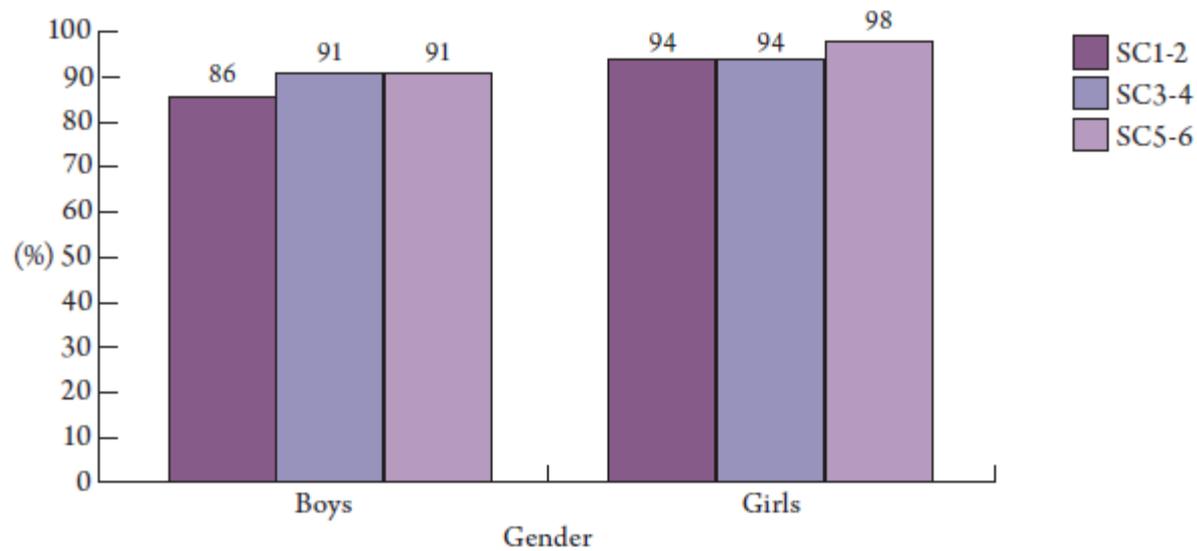


Figure 72: Percentages of 3rd and 4th class boys and girls who report they engage in their hobbies weekly or more frequently

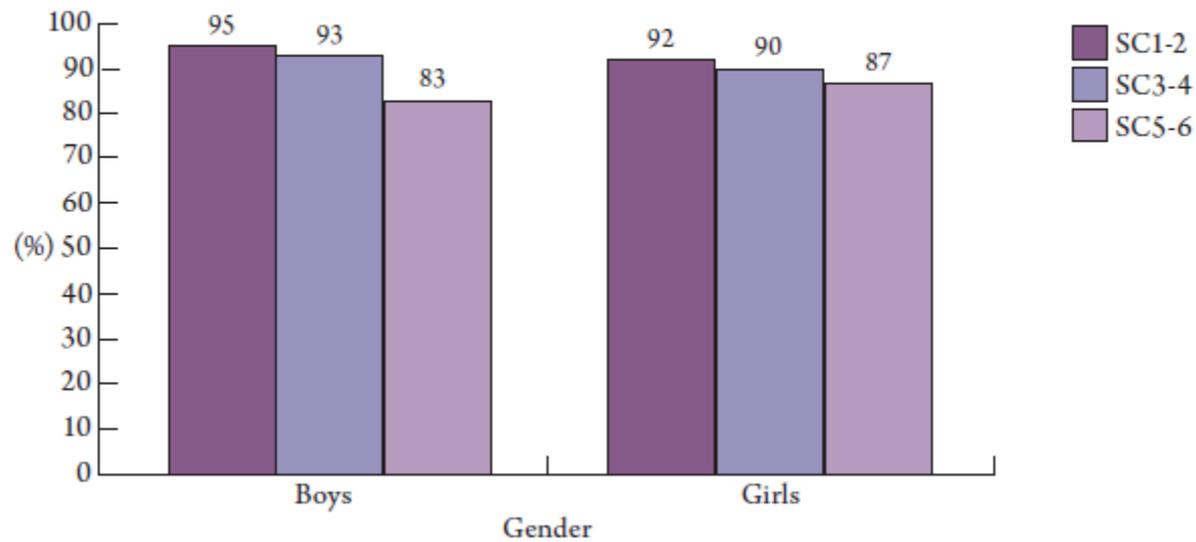


Figure 73: Percentages of 3rd and 4th class boys and girls who report ever smoking tobacco

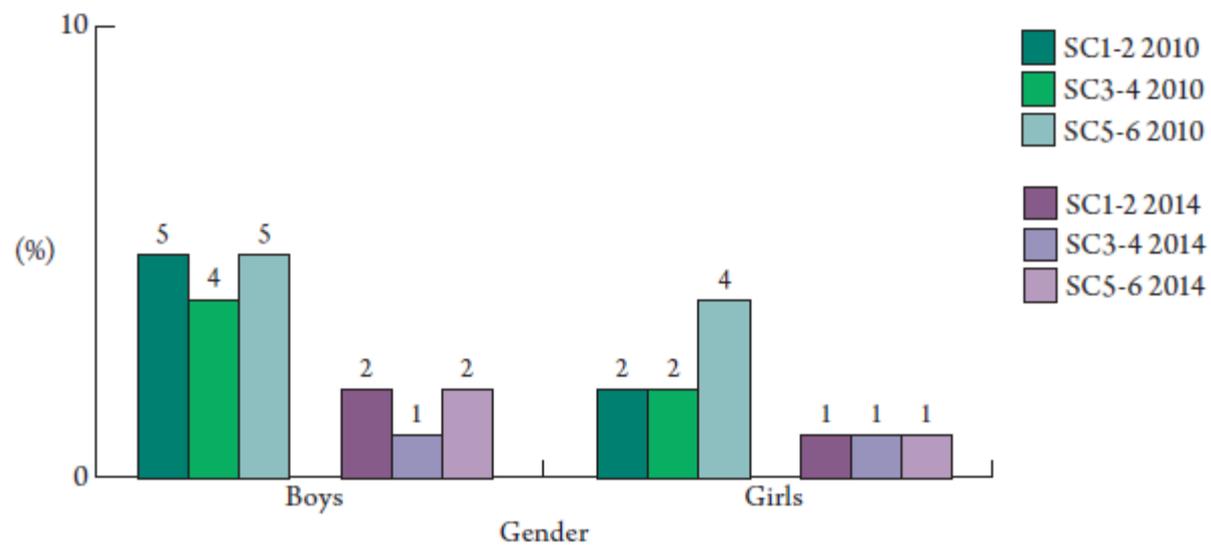


Figure 74: Percentages of 3rd and 4th class boys and girls who report they are current smokers

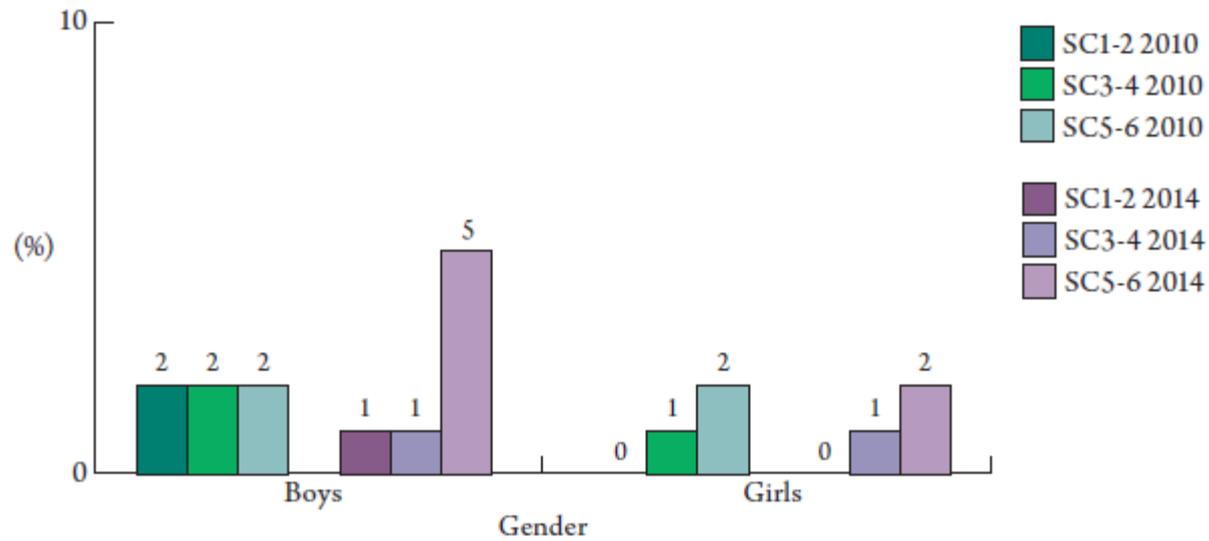


Figure 75: Percentages of 3rd and 4th class boys and girls who report eating fruit more than once a day

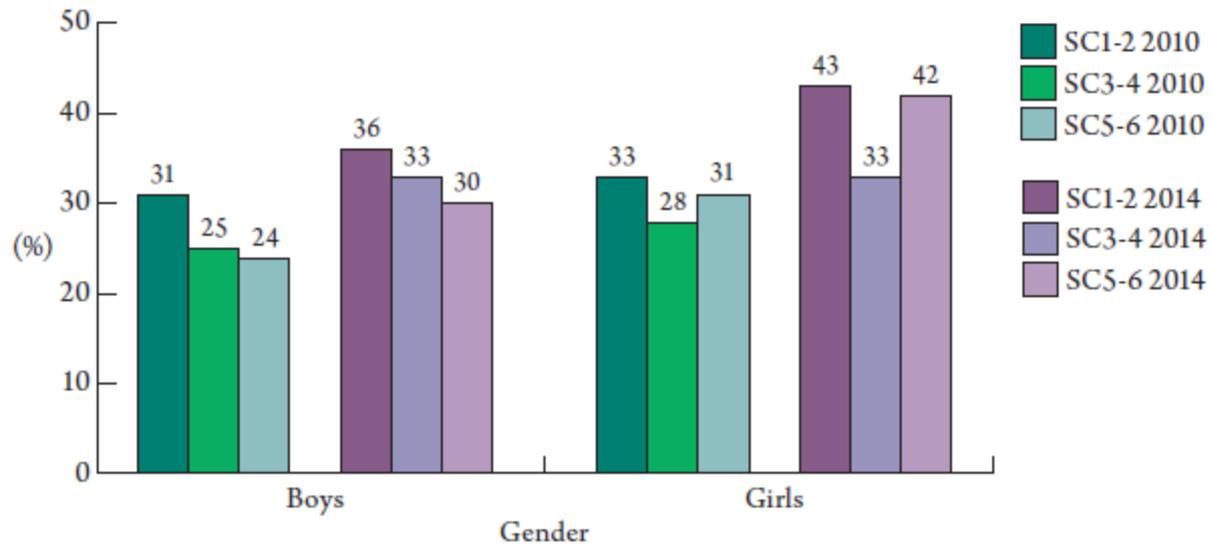


Figure 76: Percentages of 3rd and 4th class boys and girls who report eating vegetables more than once a day

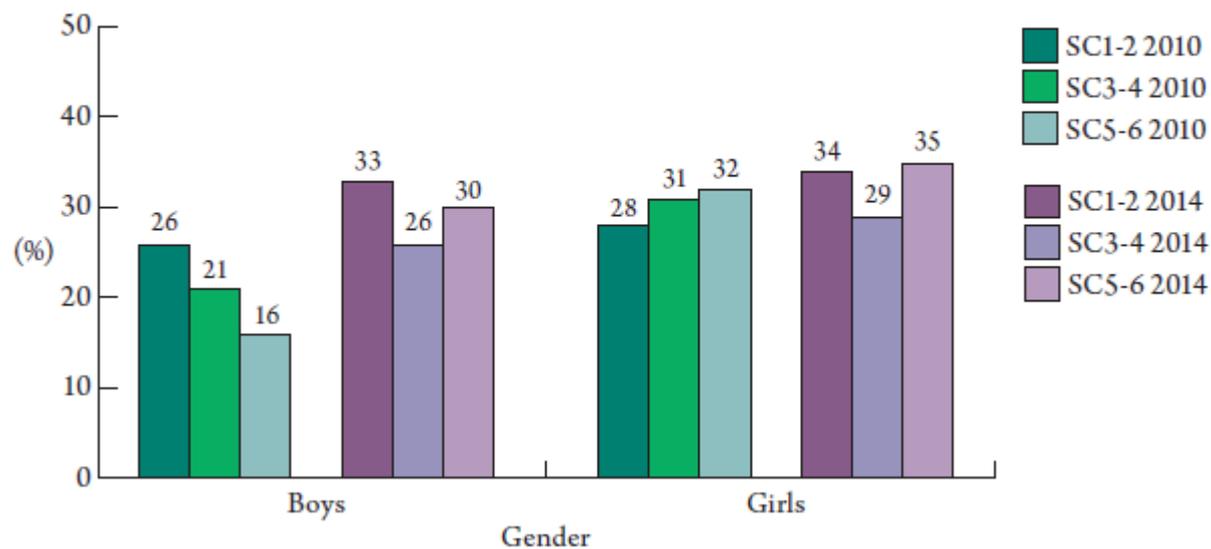


Figure 77: Percentages of 3rd and 4th class boys and girls who report eating sweets daily or more

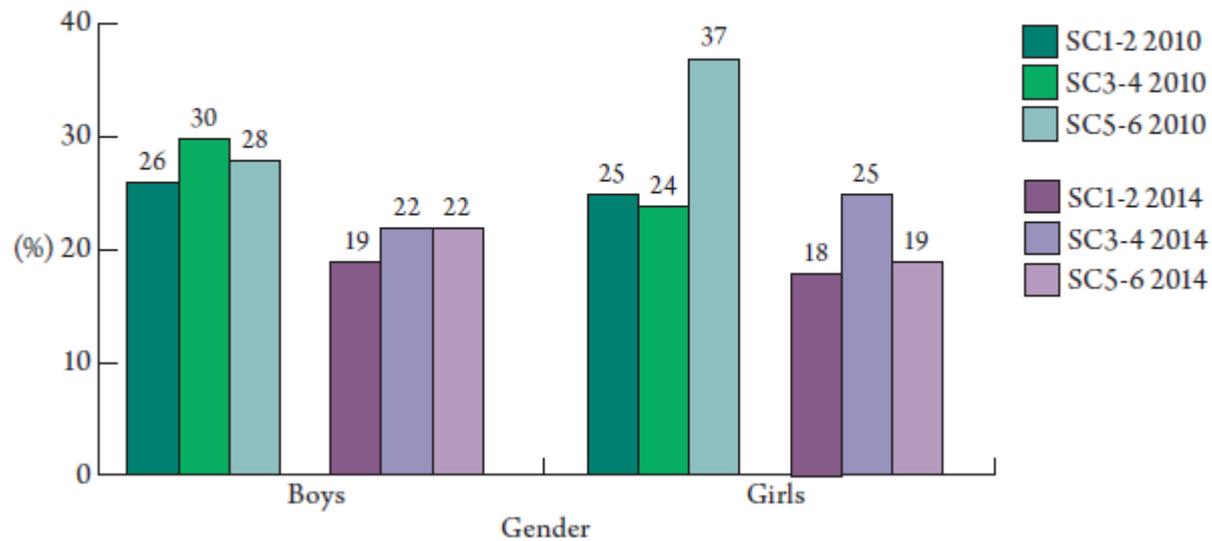


Figure 78: Percentages of 3rd and 4th class boys and girls who report drinking soft drinks daily or more

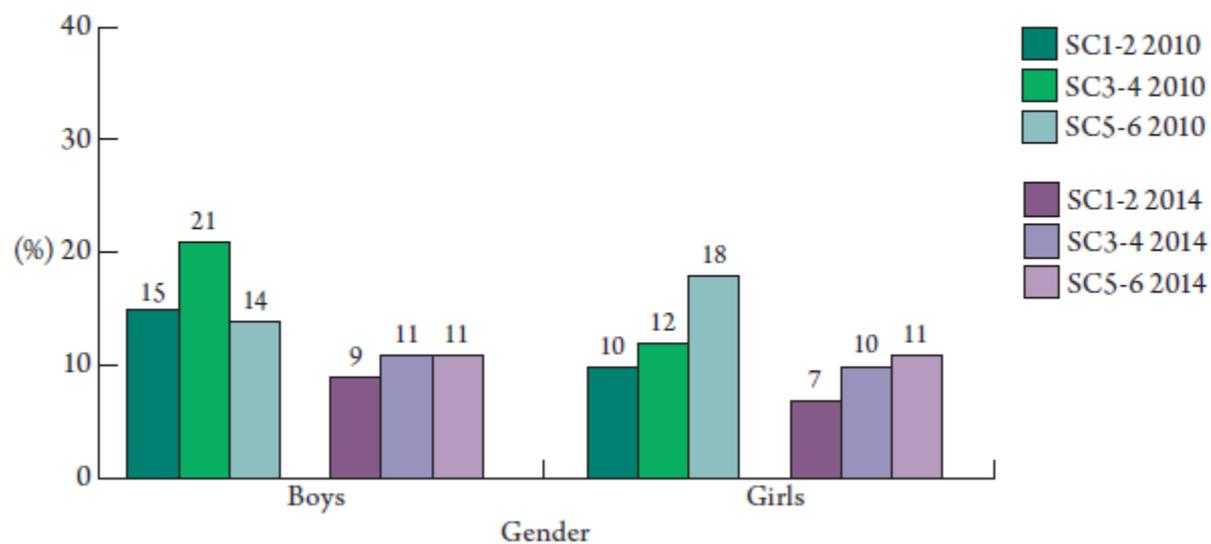


Figure 79: Percentages of 3rd and 4th class boys and girls who report not having breakfast during the week or the weekend

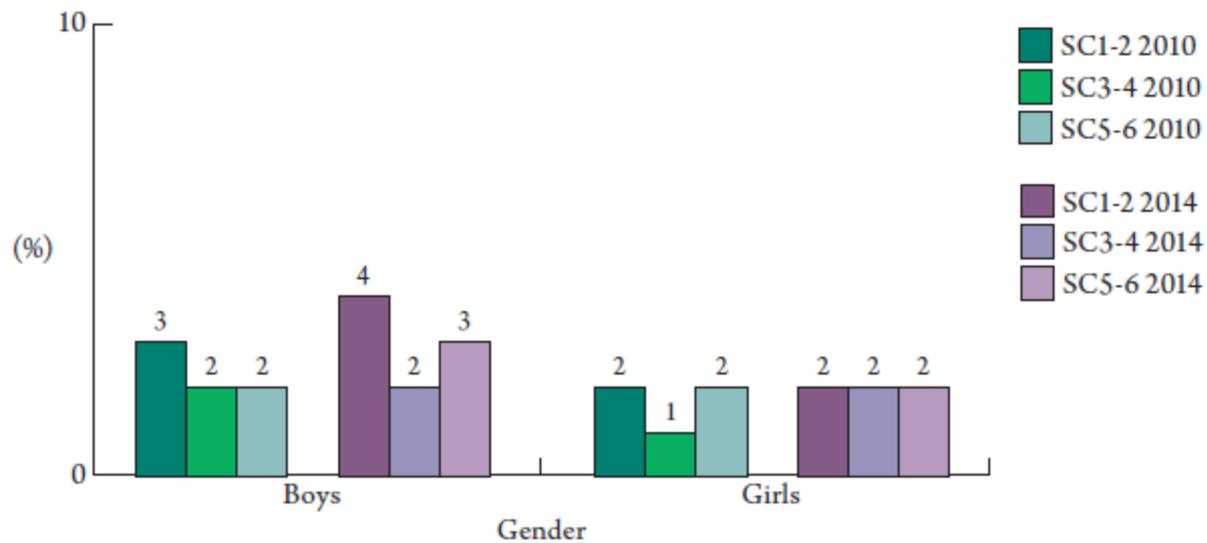


Figure 82: Percentages of 3rd and 4th class boys and girls who report playing with a club

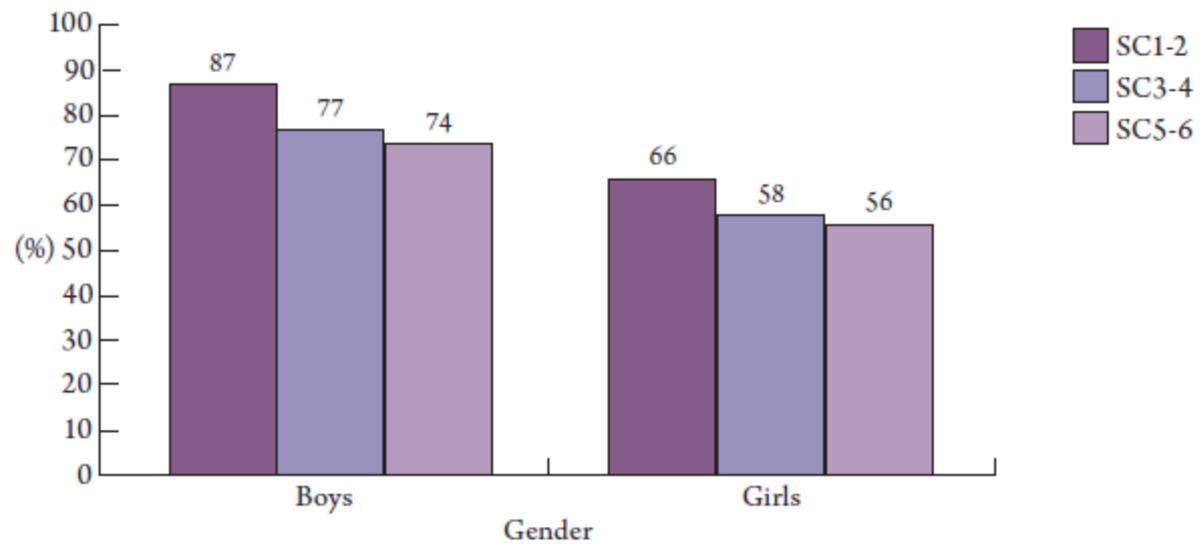


Figure 80: Percentages of 3rd and 4th class boys and girls who report participating in vigorous exercise four or more times per week

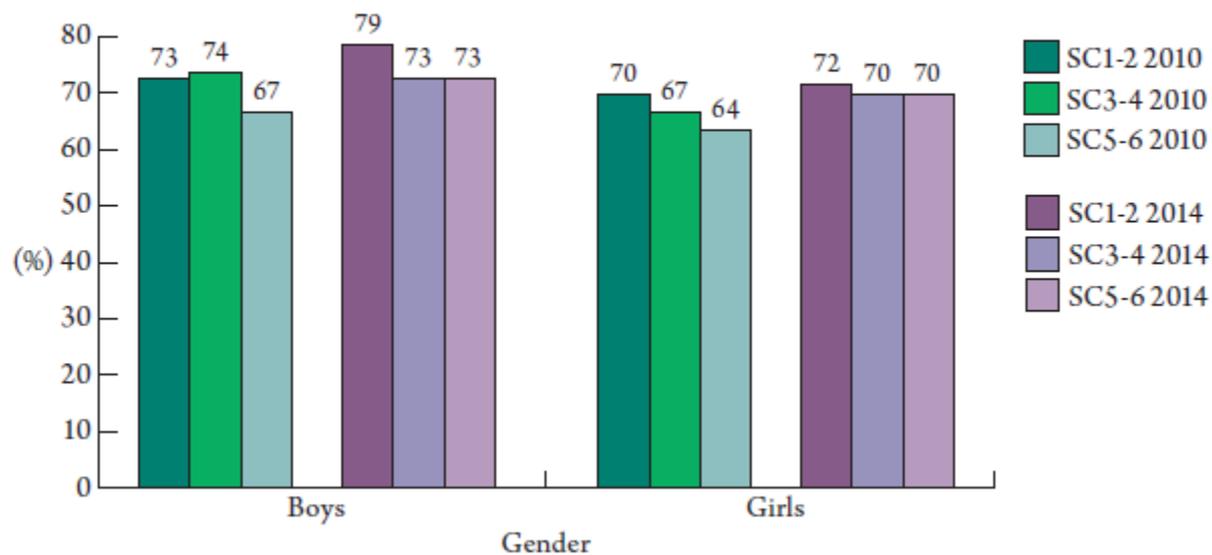


Figure 81: Percentages of 3rd and 4th class boys and girls who report participating in vigorous exercise less than weekly

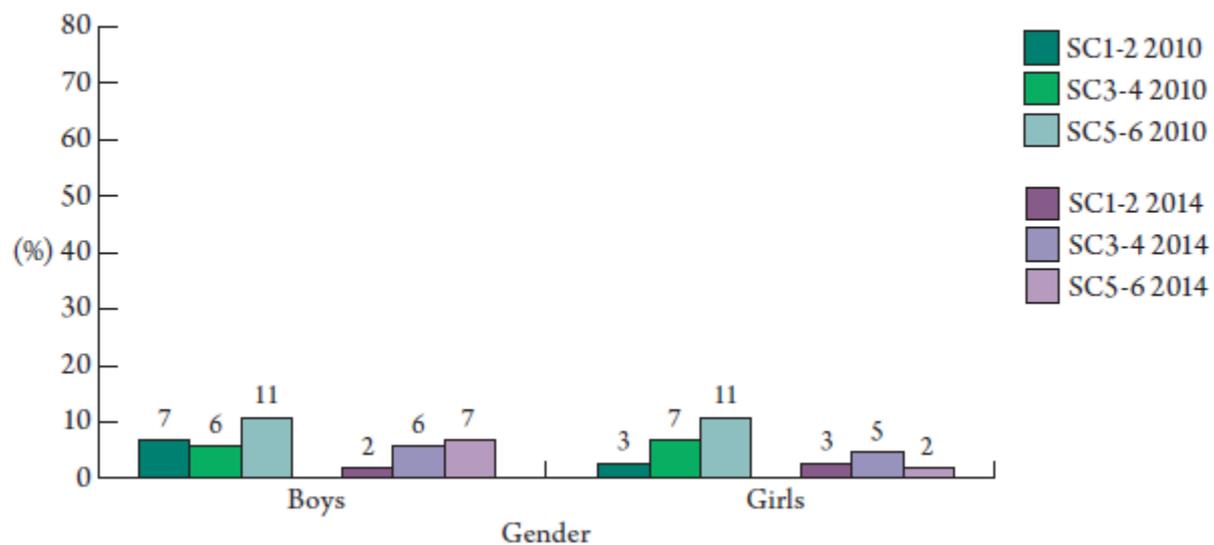


Figure 83: Percentages of 3rd and 4th class boys and girls who report brushing their teeth more than once a day

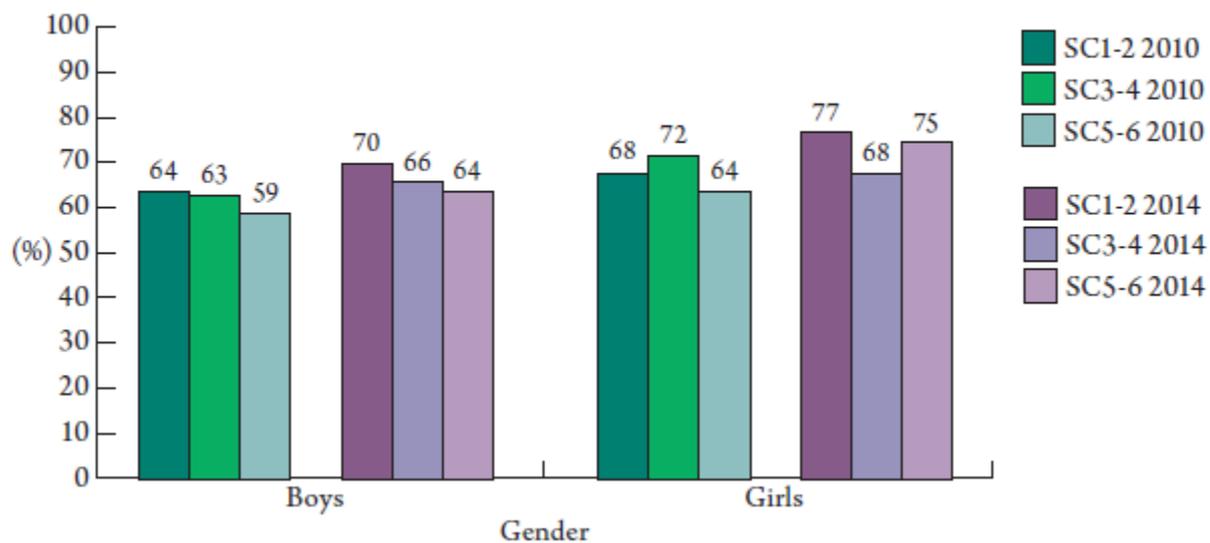


Figure 84: Percentages of 3rd and 4th class boys and girls who report always wearing a seatbelt

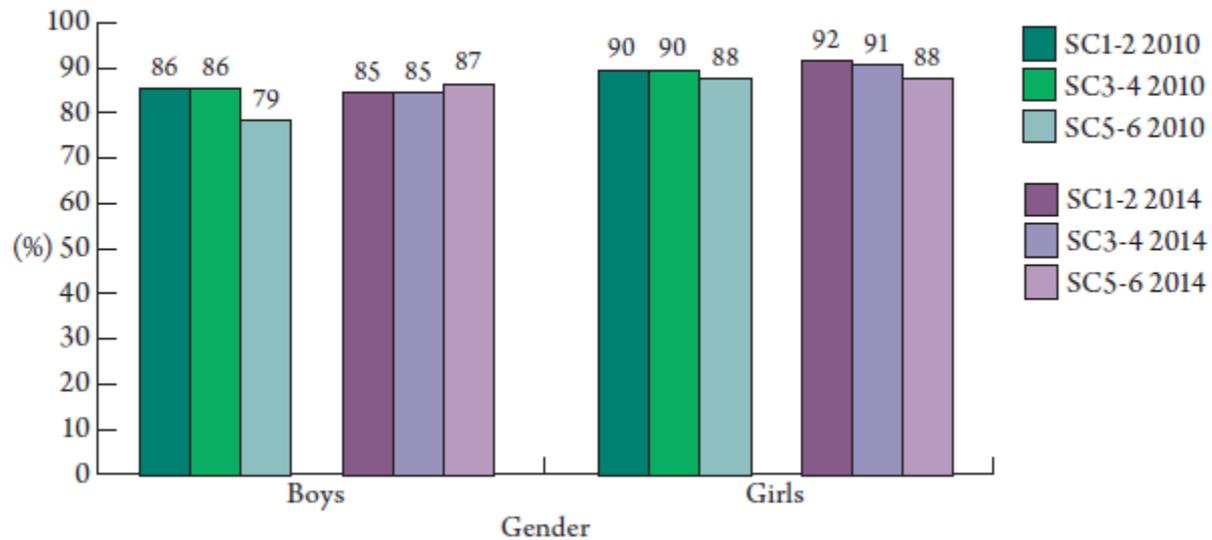


Figure 85: Percentages of 3rd and 4th class boys and girls who report ever being bullied in school in the past couple of months

